

REGIONE  
ABRUZZO



**2016  
HEALTH  
SERVICES  
CHARTER**



*This document can be downloaded  
from the website of the Abruzzo Region  
[www.regione.abruzzo.it](http://www.regione.abruzzo.it)  
and from the regional ASLs websites*

*The information contained  
in the **Regional Health Services Charter**  
are updated to November 2015.  
During the year there might be  
possible changes.*

*The Abruzzo Region presents to all its citizens the new Regional Health Services Charter. The underlying principle of this publication is that health represents an invaluable resource that should be safeguarded in the interests of the community as a whole, meaning that the first duty of the National Health Service is to provide everyone with a system of prevention, diagnosis, care and rehabilitation that proves effective and reliable.*

*In this practical guide, which is being made available at all the single booking centres (CUP), as well as the URP, or public relations offices, of the ASL (local health units) of Abruzzo, you can find all the important information on the services provided by the regional ASL, as well as on how to make the best possible use of those services, making the guide a very useful tool for finding the answers to your healthcare needs, as it helps you to obtain the services you require and to arrive at the facilities where they are offered.*

*The guide's index lists the individual services that can be of use both to everyone (reservations, fees and exemptions, local services, hospitals, prevention, mental health, pathological addictions and the donation of organs/tissues) and to specific groups of users (women, children, the elderly, foreigners, businesses). Topics can also be consulted by searching the subject/alphabetical index.*

*A portion of the Charter is devoted to the rights of citizens and the standards of quality that the Health Service of the Abruzzo Region offers its users, so that each of them is aware of, and can draw on, whatever means of redress they may require. Each ASL operates URP, or public relations offices, where citizens will find helpful, professionally prepared staff ready to provide whatever information is needed, in addition to receiving observations and suggestions.*

*We extend our sincerest thanks to all the personnel who work on a day-to-day basis, with the utmost skill and devotion, in our healthcare facilities.*

**The President  
of the Abruzzo Region  
Luciano D'Alfonso**

**The Councilman  
in Charge of Healthcare  
Silvio Paolucci**

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*This document can be downloaded from the website of the Abruzzo Region [www.regione.abruzzo.it](http://www.regione.abruzzo.it) and from the regional Asl's websites*

## Our task

Our task is to promote, maintain and develop the health system of all citizens in the region. In order to meet this objective, the regional ASL provides all the services and benefits established by the Italian law with the Essential Assistance Levels (LEA), which can be directly provided by the local health authorities or by accredited agents, according to qualitative and quantitative characteristics specified in the supply agreements and aligning the activities to criteria of effectiveness, efficiency, pertinence of the use of resources and cost.

## Our objectives

Our strategic vision aims to consolidate an organizational system based on the adequacy and quality of the services offered, considering the citizens needs and expectations. It aims to meet the satisfaction of the health demand of the users and of the improvement of professional resources. In order to pursue this strategy, our action is aimed at researching and realizing synergies with every regional ASL.

## Founding principles

The reference point of the realization of our mission is public interest and to this end we express value judgements on what we consider right, preferable, appropriate, compatible, and what can be improved. The **centrality of the citizen** is the primary object of Abruzzo health system; the essential element of this path consists of focusing the attention on the satisfaction of the user, developing relationships of trust and mutual understanding of different points of view and of the existing constraints, together with the commitment to a constant improvement of the services quality.

**Reliability**, in order to adapt promptly and continuatively every action, behaviour and service, considering the priorities and objectives determined by regional, local and business planning.

**Effectiveness**, intended as results achieved through actions based on proofs of evidence and on principles of pertinence of cures, pursued through clinical and welfare managing.

**Equity**, intended as the guarantee that, all conditions being equal, everyone has the same right to access health services.

**Flexibility**, as the ability to adapt the choices and the use of resources to internal and external changes in each Company.

**Transparency**, as information on the procedures, on the resources, on the results and visibility of the decision process.

## The Department of Health and Welfare

The activity of the Department of Health and Welfare is realized through the technical assistance it provides for the Regional Committee in order to exercise the functions of health planning, through the definition of targets and schedules to effectuate, through control, monitoring and verification of the schedules and through the activity of coordination and direction

to the sectors, which are articulations of them, in compliance with the indications of the government body.

**Department of Health and Welfare**  
**Via Conte di Ruvo, 74 - Pescara**  
**telephone 085 7671**  
**Certified e-mail (PEC) [dpf@pec.regione.abruzzo.it](mailto:dpf@pec.regione.abruzzo.it)**  
**[www.regione.abruzzo.it](http://www.regione.abruzzo.it)**

## Regional Health Agency (AsR)

The Agency is identified as the technical structure of the regional health system which contributes, on a central level, to the definition of health policies, to the strategic health planning, and on a peripheral level, to the achievement of the regional strategic objectives, guaranteeing the technical, methodological and formative support to the health Agencies and to the other com-

ponents of the *Health System* (institutions, private and public bodies, etc.)

**Regional Health Agency (AsR)**  
**Via Attilio Monti, 9 - Pescara**  
**telephone 085 4508 7300**  
**fax 085 4508 720**  
**e-mail [agenzia.sanita@asrabruzzo.it](mailto:agenzia.sanita@asrabruzzo.it)**  
**[www.asrabruzzo.it](http://www.asrabruzzo.it)**

## Local Regional Health Units (AsL)

The Local Health Unit (AsL) supplies the essential levels of assistance within each province.

According to the provisions of the Regional Committee Resolution no. 796 of 28.12.2009 enforcing the Regional Law no. 5/2008 we have created from the 1<sup>st</sup> January 2010 four regional ASL, and precisely ASL 1 (201) Avezzano-Sulmona-L'Aquila, ASL





2 (202) Lanciano-Vasto-Chieti, ASL 3 (203) of Pescara and ASL 4 (204) of Teramo.




Every ASL is equipped with public legal status and entrepreneurial autonomy under the national and regional legislative dispositions in force.

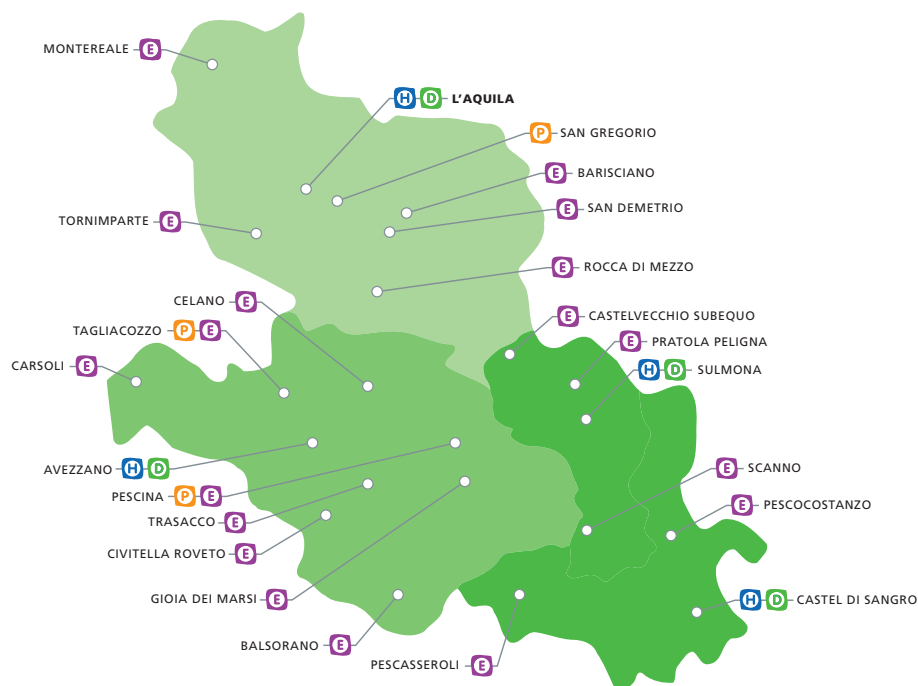
Each business act determines the principles and the criteria for the organization, the functioning and the district articulation.

## ASL 1 • AVEZZANO SULMONA L'AQUILA

		Telephone	Fax
<b>Registered office</b>	Via Giuseppe Saragat Località Campo di Pile - 67100 L'Aquila direzionegenerale@asl1abruzzo.it	0862 368 931 / 924	0862 26246
<b>Certified e-mail (Pec)</b>	protocollogenerale@pec.asl1abruzzo.it		
<b>Tax code and VAT number</b>	01792410662		
<b>Website</b>	www.asl1abruzzo.it		
<b>General Director</b>		0862 368 931 / 924	0862 26246
<b>Chief Medical Officer</b>		0862 368 931 / 924	0862 26246
<b>Executive Director</b>		0862 368 931 / 924	0862 26246





-  Hospital
-  Health District/NoD
-  Territorial Assistance Hospital (Pta)
-  Supplies department

-  Area Aquilana District
-  Area Marsicana District
-  Area Peligna-Sangrina District

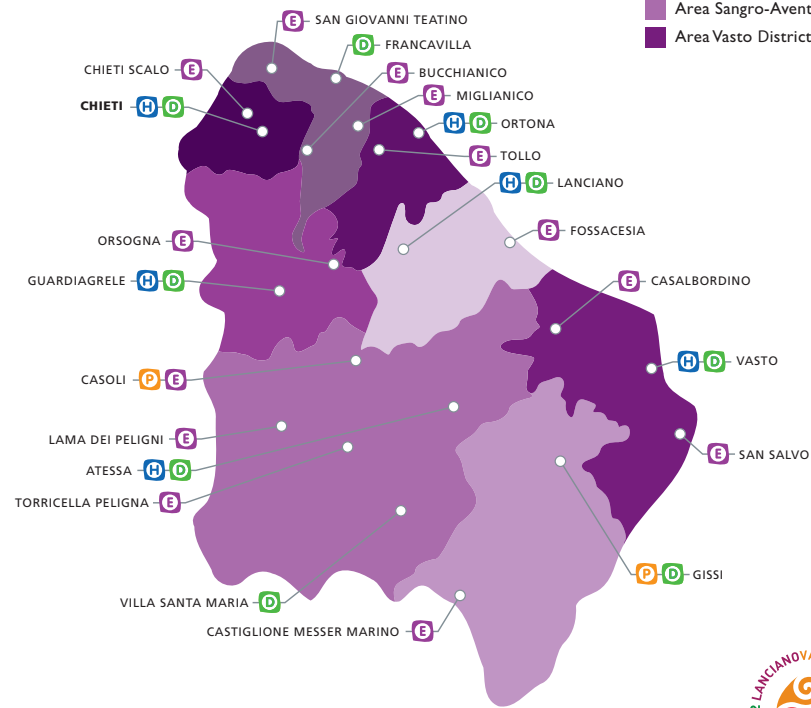


## ASL 2 • LANCIANO VASTO CHIETI

		Telephone	Fax
<b>Registered office</b>	Via Martiri Lancianesi, 17/19 - 66100 Chieti		
<b>Operative office</b>	General Direction SS. Annunziata Hospital Via dei Vestini, 13 - 66013 Chieti Scalo	0871 3571 / 3581	0871 358 409
<b>Certified e-mail (Pec)</b>	info@pec.asl2abruzzo.it		
<b>Tax code and VAT number</b>	02307130696		
<b>Website</b>	www.asl2abruzzo.it		
<b>General Director</b>		0871 358 715	
<b>Chief Medical Officer</b>		0871 358 233	
<b>Executive Director</b>		0871 358 613	

-  Hospital
-  Health District/NoD
-  Territorial Assistance Hospital (Pta)
-  Supplies department

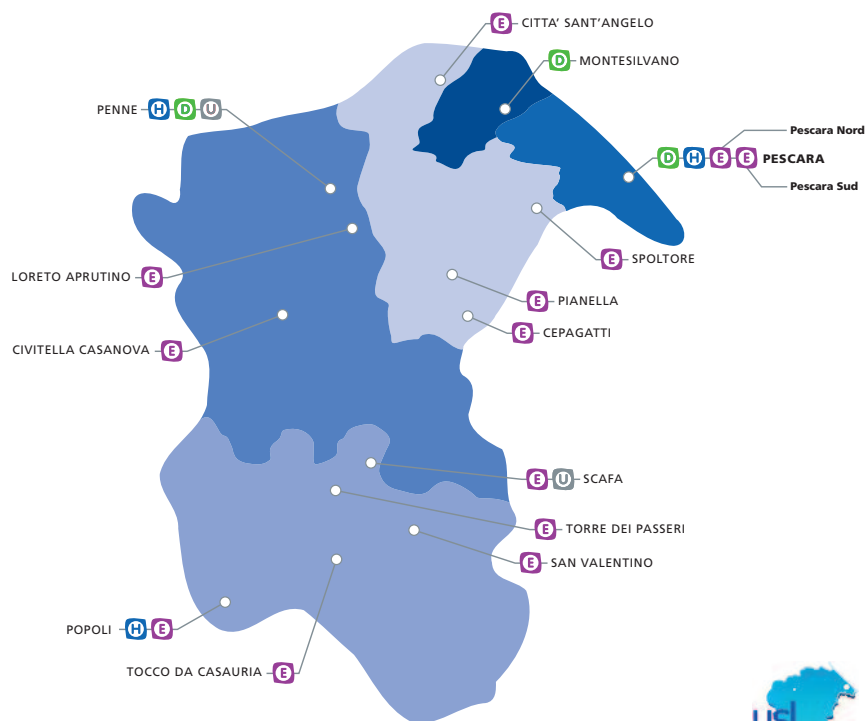
-  Area Alto Vastese District
-  Area Chieti District
-  Area Francavilla al Mare District
-  Area Guardiagrele District
-  Area Lanciano District
-  Area Ortona District
-  Area Sangro-Aventino District
-  Area Vasto District



## ASL 3 • PESCARA

		Telephone	Fax
Registered office	Via Renato Paolini, 45 - 65124 Pescara	085 4251	085 4253 041
Certified e-mail (Pec)	aslpescara@postecert.it		
Tax code and VAT number	01397530682		
Website	www.ausl.pe.it		
General Director		085 4253 004 / 001	
Chief Medical Officer		085 4254 006	
Executive Director		085 4253 002	

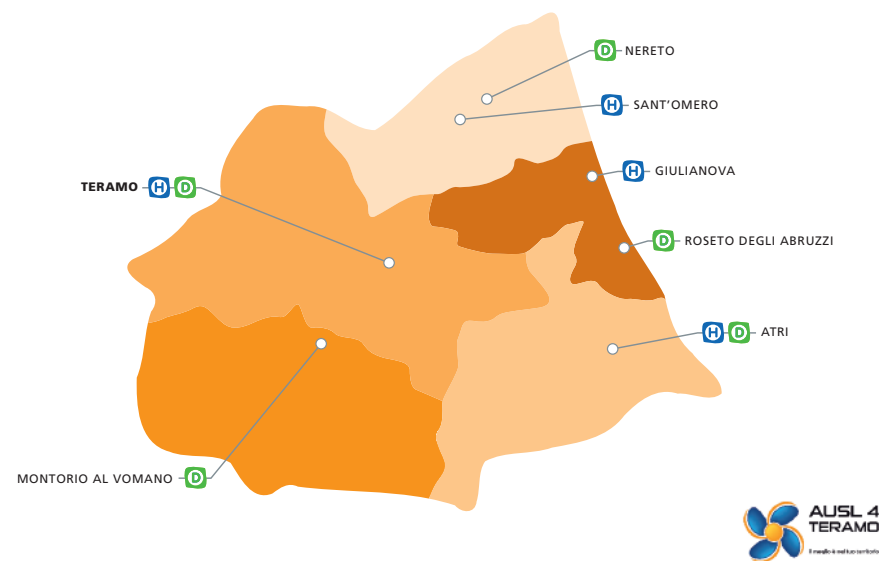
- H Hospital
- D Health District
- E Supplies department
- U Primary Assistance Territorial Unit (Uccp)
- Area Maiella-Morrone District
- Area Metropolitana District
- Area Montesilvano District
- Pescara District
- Area Vestina District



## ASL 4 • TERAMO

		Telephone
Registered office	Circonvallazione Ragusa, 1 - 64100 Teramo	0861 4291
Tax code and VAT number	00115590671	
Website	www.aslteramo.it	
General Director		0861 420 203 / 204
Chief Medical Officer		0861 420 212
Executive Director		0861 420 208

- H Hospital
- D Health District/Noo
- Area Atri District
- Area Montorio al Vomano District
- Area Roseto degli Abruzzi District
- Area Teramo District
- Area Val Vibrata District







# HEALTH SERVICES FOR ALL

## Reservations

To order visits and diagnostic tests to be performed in hospital or at the Health District you have to refer to one of the CUP counters (single booking centre) in your ASL (you can find the list of the CUP counters also on the websites of the Abruzzo ASL). In order to make your reservation you need the request of your (MMG) doctor/ paediatrician (PLS), of your specialist or

hospital doctor (red appointment request letter of the SSN or white appointment request letter). You can book visits and exams also by phone, contacting the reservation centre at the following numbers. Always remember to cancel a reservation in case you decide to give up the appointment.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

CUP

Numero Verde  
**800 862 862**

active Mondays to Fridays 8.00-18.00  
on Saturdays 8.00-13.00

Base	Structure	Address	Consulting hours
Avezzano	Health District	Via Monte Velino, 18	Mondays to Saturdays 7.45-12.45 e 14.30-18.00
	Hospital	Via G. Di Vittorio	Mondays to Fridays 7.45-12.45 e 15.00-18.00
Balsorano		Via Nazionale, 51	on Tuesdays 10.00-12.45
Barisciano	Consulting Room	Via Dietro la Chiesa	on Mondays 8.00-12.30, on Tuesdays 10.00-12.30, on Thursdays 15.00-17.00 and Fridays 10.30-12.30
Capestrano	Consulting Room	Piazza Capponi	on Thursdays 15.00-17.00
Capistrello	Town Hall	Via Mazzarino	on Wednesdays and Saturdays 8.00-10.00
Carsoli	Health District	Via Mazzini	Mondays to Fridays 7.45-12.30 on Tuesdays and Thursdays also 14.30-16.45
Castel di Sangro	Health District	Via Porta Napoli	Mondays to Saturdays 8.10-12.30
Castelvecchio Subequo	Health District	Via Roma	on Tuesdays and Thursdays 8.30-13.00
Celano	Health District	Via della Sanità	Mondays to Fridays 8.15-12.30 on Tuesdays and Thursdays also 15.00-17.00
Civitella Roveto	Health District	Piazza della Stazione	Mondays to Saturdays 7.40-12.30
Gioia dei Marsi	Health District	Via dell'Ospedale	on Wednesdays 8.00-12.00
L'Aquila	Hospital	Via L. Natali - Località Coppito	Mondays to Fridays 7.30-19.00 on Saturdays 7.30-13.00
Monteale	Consulting Room	Via della Molinella - Frazione Piedicolle	Mondays to Saturdays 8.00-12.30
Paganica	Consulting Room	Via degli Alpini	Mondays to Saturdays 8.00-12.30
Pescasseroli	Health District	Via Valle Rovereto	Mondays to Fridays 8.00-13.00
Pescina	PTA	Via Serafino Rinaldi	Mondays to Saturdays 8.15-12.30
Pizzoli	Consulting Room	Via Collemusino	on Tuesdays and Wednesdays 8.00-12.30
Pratola Peligna	Health District	Via Valle Madonna, 15	Mondays to Fridays 8.30-12.30
Rocca di Mezzo	Consulting Room	Strada Provinciale, 38	Mondays to Fridays 15.00-17.00 on Wednesdays also 10.00-12.30
San Demetrio	Consulting Room	Via XXIV Maggio	Mondays to Fridays 8.00-12.30
Scanno	Health District	Via Tantarri	on Wednesdays and Fridays 8.30-13.00
Sulmona	De Chellis building	Piazza B. Micarelli	Mondays to Fridays 8.30-12.30 on Tuesdays and Thursdays also 15.30-17.30 on Saturdays 8.00-12.00
	ex Comboniani building	Via Gorizia, 4	Mondays to Fridays 8.30-12.30
Tagliacozzo	Health District	Via Variante Tiburtina	Mondays to Saturdays 8.00-12.00 on Tuesdays and Thursdays also 15.15-17.45
Tornimparte	Consulting Room	Frazione Pie la Villa	Mondays to Saturdays 8.00-13.00 on Wednesdays also 14.30-17.00
Trasacco	Health District	Via Cifilanico	Mondays to Thursdays 7.50-12.30 on Fridays 7.50-10.30

**ASL 2 • LANCIANO VASTO CHIETI**
**CUP**


*from any landline phone  
0872 226 from any mobile phone  
active Mondays to Fridays 8.00-18.00, on Saturdays 8.00-13.00*

Base	Structure	Address	Consulting hours
Atessa	Hospital	Via Antonio Gramsci	Mondays to Fridays 7.00-12.30, on Saturdays 7.00-12.00 on Tuesdays and Thursdays also 15.00-17.00
Casalbordino	District supplies department	Via Portanuova	Mondays to Fridays 8.15-12.00 on Tuesdays and Thursdays also 15.00-17.00
Casoli	PTA	Via Aventino	Mondays to Saturdays 7.15-13.00 on Tuesdays and Thursdays also 15.00-17.00
Castiglione Messer Marino	District supplies department	Via Alcide De Gasperi, 1	Mondays to Fridays 8.00-12.00
Chieti	Hospital	Via dei Vestini	Mondays to Fridays 7.30-19.00, on Saturdays 8.00-13.00
Chieti Centro	Health District	Via Tiro a Segno	Mondays to Fridays 8.00-13.30 on Tuesdays and Thursdays also 15.00-17.00
Chieti Scalo	District supplies department	Via De Litio, 24	Mondays to Fridays 8.00-13.30 on Tuesdays and Thursdays also 15.00-17.00
Fossacesia	District supplies department	Via Polidori	on Mondays, Wednesdays and Fridays 8.00-11.00
Francavilla al Mare	Health District	Contrada Alento	Mondays to Fridays 8.00-13.00 on Tuesdays and Thursdays also 14.30-17.00
Gissi	PTA	Viale Italia, 81	Mondays to Saturdays 8.00-12.00
Guardiagrele	Hospital	Via Anello, 10	Mondays to Saturdays 8.00-12.00 on Tuesdays and Thursdays also 15.00-17.00
Lama dei Peligni	District supplies department	Via Calata Frentana, 37	Mondays to Fridays 8.00-12.00 on Tuesdays and Thursdays also 15.00-17.00
Lanciano	Health District	Via Don Minzoni	Mondays to Fridays 8.00-13.30 on Tuesdays and Thursdays also 15.00-17.00
	Medical laboratory - Hospital	Via del Mare, 1	Mondays to Saturdays 7.30-12.30
	Hospital	Via del Mare, 1	Mondays to Saturdays 8.00-13.00 Mondays to Fridays also 15.00-17.00
Miglianico	District supplies department	Via Costa della Forma, 22	on Mondays, Wednesdays and Fridays 8.00-12.00
Ortona	Health District	Piazza San Francesco, 4	Mondays to Fridays 8.00-13.30, on Saturdays 8.00-12.00 on Tuesdays and Thursdays also 15.00-17.00
	Hospital	Contrada Santa Liberata	Mondays to Saturdays 7.30-13.30 on Mondays and Fridays also 15.00-17.00
San Giovanni Teatino	District supplies department	Via Cavour, 4/2	Mondays to Fridays 8.15-12.30 on Tuesdays and Thursdays also 15.00-17.00
San Salvo	District supplies department	Via Alcide De Gasperi	Mondays to Saturdays 8.00-12.00 on Tuesdays and Thursdays also 15.00-17.00
Tollo	District supplies department	Via Principessa di Piemonte	Mondays to Saturdays 8.00-12.00
Torricella Peligna	District supplies department	Via Brigata Maiella	Mondays to Fridays 8.00-12.00 on Mondays and Tuesdays also 15.00-17.30
Vasto	Health District	Via Michetti, 86	Mondays to Fridays 8.00-13.00, on Saturdays 8.30-11.00 on Tuesdays and Thursdays also 15.00-17.00
	Hospital	Via San Camillo de Lellis	Mondays to Saturdays 7.30-13.30 on Mondays and Fridays also 15.00-17.00
Villa Santa Maria	Health District	Via Roma	Mondays to Fridays 7.30-13.30, on Saturdays 8.00-13.30 on Wednesdays and Thursdays also 14.30-17.00

**ASL 3 • PESCARA**
**CUP**


*from any landline phone  
0872 226 from any mobile phone  
active Mondays to Fridays 8.00-18.00, on Saturdays 8.00-13.00*

Base	Structure	Address	Consulting hours
Cepagatti	District supplies department	SS 602	Mondays to Fridays 8.00-13.00 on Tuesdays also 14.30-17.00
Città Sant'Angelo	District supplies department	Largo Baiocchi, 1	Mondays to Fridays 8.30-13.00 on Tuesdays also 14.30-17.00
Loreto Aprutino	District supplies department	Via Chiarelli, 2	Mondays to Fridays 8.00-12.30
Montesilvano	Health District	Corso Umberto, 447	Mondays to Saturdays 8.00-12.30 Mondays to Thursdays also 14.30-17.30
Penne	Hospital*	Via Battaglione degli Alpini, 1	Mondays to Fridays 7.30-13.30 Tuesdays to Thursdays also 14.30-17.00 on Saturdays 7.30-12.45
Pescara	Hospital - CUP Admission / Ps - CUP of the Asl*  - CUP of the Asl for Freelance activity  - Medical laboratory	Via Fonte Romana, 8	Mondays to Fridays 7.00-15.00 Mondays to Fridays 8.00-18.00; on Saturdays 8.00-13.00  Mondays to Fridays 8.00-20.00; on Saturdays 8.00-13.00 Mondays to Fridays 7.30-18.30; on Saturdays 7.30-13.30
Pescara Nord	District supplies department	Via Nazionale Adriatica Nord, 140	Mondays to Fridays 8.00-12.30 and 15.00-18.00 on Saturdays 8.00-12.30
Pescara Sud	District supplies department	Via Rieti, 47	Mondays to Saturdays 8.00-12.30 Mondays to Fridays also 15.00-17.30
Pianella	District supplies department	Via Santa Lucia	Mondays to Fridays 8.00-12.00 on Thursdays also 14.30-17.00
Popoli	Hospital	Via Enrico Berlinguer	Mondays to Fridays 8.00-13.30 on Mondays and Thursdays also 15.00-17.30 on Saturdays 8.00-12.00
San Valentino	District supplies department	Via Giovanni Falcone	Mondays to Fridays 8.00-13.30 on Saturdays 8.00-12.00
Scafa	District supplies department	Via della Stazione	Mondays to Fridays 8.00-13.30 on Tuesdays and Thursdays also 14.30-16.30 on Saturdays 8.00-12.30
Spoltore	District supplies department	Via del Convento, 12	Mondays to Fridays 8.30-13.00 on Mondays also 14.30-17.00
Tocco da Casauria	Health District	Via XX Settembre, 144	Mondays to Fridays 8.00-13.30 on Wednesdays also 14.30-17.00 on Saturdays 8.00-12.00

\* It is also available automatic cash



**ASL 4 • TERAMO**

**CUP** Telephone **085 8707 467 / 469** *active Mondays to Saturdays 7.40-13.15*  
**0861 429 222 / 223** *active Mondays to Saturdays 8.00-14.00*  
**0861 888 353 / 540 / 603** *Mondays to Fridays 8.00-13.00*

Base	Structure	Address	Consulting hours
Atri	Hospital	Viale Risorgimento	Mondays to Saturdays 7.30-13.15 Mondays to Fridays also 13.40-19.15 LPI Mondays to Fridays 7.30-13.15 on Saturdays 8.00-13.15
Giulianova	Hospital	Via Gramsci	Mondays to Fridays 7.40-19.00 on Saturdays 7.40-13.00
Martinsicuro	UCCP	Via Amendola, 30 Villa Rosa	Mondays to Fridays 8.00-20.00 on Saturdays 8.00-14.00
Montorio al Vomano	Health District	Contrada Piane	Mondays to Fridays 8.00-13.00 on Saturdays 8.30-12.30 on Mondays, Tuesdays and Thursdays also 14.30-18.00
Nereto	Health District	Via Marco Iachini, 21	Mondays to Saturdays 8.00-14.00 on Tuesdays and Fridays also 14.30-18.00
Roseto	Health District	Via Adriatica, 40	Mondays to Fridays 7.30-13.30 on Tuesdays and Thursdays also 14.30-17.30
Sant'Egidio alla Vibrata	UCCP		Mondays to Saturdays 8.00-13.00 Mondays to Fridays also 14.00-19.00
Sant'Omero	Hospital	Via alla Salara, 69	Mondays to Fridays 7.30-19.30 on Saturdays 7.30-13.00
Teramo	Health District	Circonvallazione Ragusa, 1	Mondays to Fridays 8.00-19.30 on Saturdays 8.00-13.00
	Hospital	Piazza Italia	CUP Mondays to Saturdays 7.30-13.30 Prescription charges: Mondays to Fridays 7.30-19.00 on Saturdays 7.30-13.30 Blood sampling: Mondays to Saturdays 7.30-12.30 LPI Mondays to Saturdays 8.00-20.00 telephone 0861 429 642

## Freelance activity

If you wish, you can choose to undergo a visit with one of the doctors who exercise freelance intramoenia activity.

You can book at one of the CUP counters in your ASL and pay the fee in the very

moment you will receive the invoice. You can consult the list of the doctors who exercise freelance intramoenia activity at the CUP/intramoenia counters and on the ASL websites.

**ASL 1 • AVEZZANO SULMONA L'AQUILA**
**CUP**

*active Mondays to Fridays 8.00-18.00*  
*on Saturdays 8.00-13.00*
**ASL 2 • LANCIANO VASTO CHIETI**
**Go to website** [www.asl2abruzzo.it](http://www.asl2abruzzo.it)
**Intramoenia office** 0871 357 088 - 0871 358 099

**ASL 3 • PESCARA**
**CUP Intramoenia counter**
**Via Fonte Romana, 8 - Pescara**  
*Mondays to Fridays 8.00-20.00, on Saturdays 8.00-13.00*  
*see also consulting hours CUP on page 13*
**Telephone reservations**

*from any landline phone*  
*0872 226 from any mobile phone*  
*active Mondays to Fridays 8.00-18.00,*  
*on Saturdays 8.00-13.00*
**ASL 4 • TERAMO**
**CUP** 0861 429 222 / 223 - 085 8707 467 / 469 [www.aslteramo.it/prestazioni\\_lpi.asp](http://www.aslteramo.it/prestazioni_lpi.asp)
**Telephone reservations**  
**for chargeable services**
**0861 429 642** *active Mondays to Saturdays 8.00-20.00,*  
**085 8707 468** *active Mondays to Fridays 7.40-13.15*  
*on Saturdays 8.00-13.15*

## Accredited/Temporarily accredited private structures

In these structures you can make use of specialist visits booking directly at the supplies structure.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

#### Accredited/Temporarily Accredited Private Health Structures

Base	Services	Structure	Address	Telephone
Anversa degli Abruzzi	Psychological rehab structure	Il Castello	Via Duca degli Abruzzi, 1	0864 49502
Avezzano	Nursing home	Di Lorenzo	Via V. Veneto, 29	0863 4241
	Physiokinesis therapy	Gloria	Via A. Infante, 50	0863 20931
	Rehabilitation (ex art. 26)	Anesis	Piazza Torlonia, 83	0863 414 112
	Rehabilitation (ex art. 26)	Fondazione Padre A. Mileno	Via Macerine	0863 411 845
Canistro	Nursing home Baths	Ini - Canistro	Via del Cotardo, 1	0863 977 660
Capistrello	Physiokinesis therapy Rehabilitation (ex art. 26)	Medical Marsicano	Via Roma, 7	0863 531 073
Carsoli	Physiokinesis therapy	De Luca	Via dei Marsi, 206	0863 997 430
Castel di Sangro	Medical laboratory	Biocontrol	Via Porta Napoli, 1	0864 845 69821
	Rehabilitation (ex art. 26)	San.Stef.Ar.	Via XX Settembre, 189	0864 845 595
Celano	Nursing home	L'Immacolata	Via Collutri, 1	0863 790 051
L'Aquila	Medical laboratory	Biometron	Via dell'Arcivescovado, 22	0862 318 831
	Medical laboratory	Fleming	Via delle Aquile, 8	0862 413 002
	Physiokinesis therapy	Cen.Fis.	Via Strinella, 14b	0862 412 957
	Physiokinesis therapy	Salus	Via Pescara, 2/4	0862 410 567
	Physiokinesis therapy	Vivio	Via dei Piccolomini, 30	329 2175 678
	Rehabilitation (ex art. 26)	San.Stef.Ar.	Via P.A. Scriva, 1	0862 319 495
Lecce dei Marsi	Rehabilitation (ex art. 26)	Medisalus	Strada Provinciale Maragonese	0863 88189
Oricola	Psychological rehab structure	Passaggi	Via Tiburtina Valeria km 68,200	0863 995 299
Ortucchio	Physiokinesis therapy	Santa Lucia	Via Madonna del Pozzo, 54	0863 839 329
Preturo	Nursing home	Villa Letizia	SS 80, 25b	0862 460 6529
Raiano	Rehabilitation (ex art. 26)	Fondazione Papa Paolo VI - San Venanzio	Via Medaglia d'Oro Di Bartolo, 12	0864 72225
Scoppito	Rehabilitation (ex art. 26)	Villa Dorotea	Località Macere	0862 71441
Sulmona	Nursing home	San Raffaele	Via Alcide De Gasperi, 6	0864 25071
	Rehabilitation (ex art. 26)			
	Physiokinesis therapy	Sciuba	Via V. Tirone, 6	0864 341 45
	Radiology			
	Medical laboratory	Igea	Circonvallazione Occidentale, 91	0864 32586
	Medical laboratory	Carrese	Via Cornacchiola, 10	0864 55636

## Accredited/Temporarily Accredited Private Health Structures

Base	Services	Structure	Address	Telephone
Sulmona	Rehabilitation (ex art. 26)	Fondazione Padre A. Mileno	Via Mazzini, 73	0873 803 208
Trasacco	Nursing home Rehabilitation (ex art. 26)	Nova Salus	Via Roma, 75	0863 93131

For the RSA (Residenze Sanitarie Assistenziali) - Nursing Homes and RA - Private Provisionally Accredited Assisted Residences go to pages 118-120

### ASL 2 • LANCIANO VASTO CHIETI

#### Accredited/Temporarily Accredited Private Health Structures

Base	Services	Structure	Address	Telephone
Atessa	Medical laboratory	CMAV	Contrada Piazzano, 4/9	0872 895 265
	Rehabilitation (ex art. 26)	San Rocco	Via Fonte Cicala, 11	0872 866 765
Casalbordino	Medical laboratory	RIA	Via della Libertà, 7	0873 907 350
	Rehabilitation (ex art. 26)	San.Stef.Ar.	Via Leopardi, 15	0873 907 226 0873 498 002
Casoli	Rehabilitation (ex art. 26)	San Rocco	Corso Umberto, 173	0872 981 595
Chieti	Nursing home	Spatocco	Viale Amendola, 93	0871 3521
	Nursing home	Santa Camilla Villa Pini	Via dei Frentani, 228	0871 3430
	Rehabilitation (ex art. 26)			
	Psychological rehab structures		Via dei Frentani, 228 Località Crocifisso ex Farese Via Madonna del Freddo Via Ferri San Domenico Via Giuliani, 1	
	Medical laboratory	Belluzzi	Via N. Nicolini, 1/3	0871 41801
	Medical laboratory	Centro Medico Belfatto	Via Spezioli, 33	0871 410 924
	Medical laboratory	Di Perna	Largo G.B. Vico, 15	0871 330 191
	Medical laboratory	Mater Domini	Corso Marruccino, 167	0871 636 79
	Medical laboratory	Mendel	Via Bellini, 32	0871 561 409
	Rehabilitation (ex art. 26)	Fondazione Paolo VI	Via dei Crociferi, 57	0871 331 577
	Rehabilitation (ex art. 26)	Fondazione Piccola Opera Caritas	Via della Porta Monacesca, 3	0871 344 752
	Rehabilitation (ex art. 26)	San.Stef.Ar.	Via Gran Sasso, 1 Viale Abruzzo, 251	0871 478 001 0871 563 390 0871 478 002
	Rehabilitation (ex art. 26)	ex Maristella - Cise	Via dei Frentani, 228	0871 361 700
Cupello	Medical laboratory	Di Rocco	Via A. Manzoni, 2	0873 317 908
Fara Filiorum Petri	Medical laboratory	Biologiche	Via Sant'Eufemia, 101	0871 70293
Francavilla al Mare	Medical laboratory	Dace	Via Adriatica Nord, 14	085 817 487
	Medical laboratory	Petragnani	Viale Nettuno, 41	085 491 0919
	Rehabilitation (ex art. 26)	Fondazione Santa Caterina	Via F.P. Tosti, 116	085 817 143 085 491 4284

### Accredited/Temporarily Accredited Private Health Structures

Base	Services	Structure	Address	Telephone
Gissi	Rehabilitation (ex art. 26)	Fondazione Padre A. Mileno	Località Rosario, 10	0873 937 553
Guardiagrele	Dentistry branch	Di Prinzio	Via Tripio, 61	347 4015 883
Lanciano	Medical laboratory	Fanci	Via del Mare, 9/11	0872 713 779
	Medical laboratory	Frentano	Via S. Spirito, 85b	0872 713 482
	Medical laboratory	Mantoux	Viale Marconi, 57	0872 498 877
	Radiology room	Madonna del Ponte	Viale dei Cappuccini, 49/51	0872 43833
	Rehabilitation (ex art. 26)	Fondazione Il Cireneo	Viale dei Cappuccini, 443	0872 714 028
	Rehabilitation (ex art. 26)	Fondazione Padre Mileno	Zona Industriale, 65a	0872 712 354
	Rehabilitation (ex art. 26)	Istituto Villa Giulia	Via del Mare, 94	0872 717 817
	Rehabilitation (ex art. 26)	San.Stef.Ar.	Via Parma, 1	0872 714 433 0872 478 002
	Psychological rehab structure	Fondazione Padre Alberto Mileno - Il Gabbiano 1 e 2	Via del Mare, 222	0872 42670
Miglianico	Medical laboratory	Bios	Via Colle, 13	0871 950 370
Ortona	Medical laboratory	Galeno	Via Costantinopoli, 198	085 906 3689
Paglieta	Physiokinesis therapy	Villa Romina	Via Colle Martino, 15	0872 808 493
Palena	Rehabilitation (ex art. 26)	Medical Center Maria Ausiliatrice C.I.S.E. (ex Maristella)	Via Colleveduta	0872 918 326
Rosello	Psychological rehab structure	Il Quadrifoglio 1, 2 e 3	Via della Pineta	0872 948 555
San Giovanni Teatino	Medical laboratory	Fleming	Via Ciancetta, 19	085 446 5464
San Salvo	Medical laboratory	Gram	Via San Giuseppe, 11	0873 547 743
	Rehabilitation (ex art. 26)	San.Stef.Ar.	Via delle Ginestre, 1	0873 549 644 0873 498 003
Tollo	Medical laboratory	Salus	Piazza della Liberazione, 31	0871 961 596
Vasto	Nursing home	San Francesco	Via Dalmazia, 116	0873 800 229
	Rehabilitation (ex art. 26)			
	Medical laboratory	Bioanalisi	Via A. Moro, 9/16	0873 364 508
	Medical laboratory	Histonium	Corso Mazzini, 20	0873 371 960
	Medical laboratory	Precilab	Via Madonna dell'Asilo, 111	0873 364 630
	Physiokinesis therapy	San Giuseppe	Via Madonna dell'Asilo, 111	0873 592 19
	Radiology room			
	Ophthalmology branch	Centro Santa Lucia	Via Dante, 35	0873 368 115
	Skin branch	D'Ascenzo	Piazza L.V. Prudente	0873 362 703 / 547 525
	Physiokinesis therapy	Fondazione Padre Alberto Mileno	Via Platone, 77	0873 365 966
	Rehabilitation (ex art. 26)	Fondazione Il Cireneo	Via San Rocco	0873 314 009
	Rehabilitation (ex art. 26)	Fondazione Padre Alberto Mileno	Via Platone, 52	0873 363 100
	Rehabilitation (ex art. 26)	Fondazione Padre Alberto Mileno Villa del Sole	Contrada Lebba	0873 310 495
	Rehabilitation (ex art. 26)	Fondazione Padre Alberto Mileno Azzurra	Contrada San Tommaso SS 16 Sud - Vasto Marina	0873 800 348 0873 800 349

### Accredited/Temporarily Accredited Private Health Structures

Base	Services	Structure	Address	Telephone
Vasto	Rehabilitation (ex art. 26)	San.Stef.Ar.	Via Pompeo Suriani, 3a	0873 364 914 0873 498 004
Villa Santa Maria	Medical laboratory	Alto Sangro	Via Roma, 32	0872 940 025
	Rehabilitation (ex art. 26)	San.Stef.Ar.	Via Scesa Valli, 15	0872 944 235 0872 478 003

For the RSA (Residenze Sanitarie Assistenziali) - Nursing Homes and RA - Private Provisionally Accredited Assisted Residences go to pages 118-120

### ASL 3 • PESCARA

### Accredited/Temporarily Accredited Private Health Structures

Base	Services	Structure	Address	Telephone
Bolognano	Rehabilitation (ex art. 26)	Fondazione Papa Paolo VI - Madonna del Monte	Via S. Maria del Monte	085 888 0130
Castiglione a Casauria	Rehabilitation (ex art. 26)	Fondazione Papa Paolo VI - Centro San Clemente	Contrada San Clemente, 23	085 888 4262
Caramanico	Baths	Terme di Caramanico	Via Torre Alta, 16	085 923 0661
Cepagatti	Medical laboratory	Ars Medica	Via Duca degli Abruzzi, 146	085 974 125
Città Sant'Angelo	Nursing home	Villa Serena	Viale L. Petrucci, 19	085 95901
	Psychological rehab structures	Arcobaleno	Contrada Moscarola	085 959 0425
		Armonia	Contrada Moscarola	085 959 0313
		Campagna 1 e 2	Contrada Moscarola	085 959 0403
		Gardenia	Contrada Moscarola	085 959 0426
		Il Ciliegio	Contrada Moscarola	085 959 0438
		Incontro	Contrada Moscarola	085 959 0394
		Madonna della Pace 1 e 2	Contrada Madonna della Pace	085 950 245
Civitaquana	Rehabilitation (ex art. 26)	Fondazione Papa Paolo VI - Beato Nunzio	Via Roma, 8	085 848 663
Montesilvano	Medical laboratory	Dovim	Corso Umberto, 219c	085 445 4496
	Medical laboratory	Igea	Via Ugo Foscolo, 6	085 445 1542
	Medical laboratory	Santa Lucia	Corso Umberto, 474	085 448 3072
	Medical laboratory	So.Pre.Ma.	Via San Francesco, 44	085 555 3389
	Physiokinesis therapy	Copan	Corso Umberto, 271/273	085 835 851
	Physiokinesis therapy	Fisioter	Via Giolitti, 2/4	085 445 1155
	Radiology room	Medica 4R	Corso Umberto, 191	085 835 808
	Rehabilitation (ex art. 26)	San.Stef.Ar.	Via Verrotti, 17	085 835 866
	Psychological rehab structure	Villa Serena (La Tartaruga)	Via Leopardi, 8	085 835 124
Penne	Rehabilitation (ex art. 26)	Fondazione Papa Paolo VI - San Massimo	Piazza Duomo, 7	085 827 9621

## Accredited/Temporarily Accredited Private Health Structures

Base	Services	Structure	Address	Telephone
Pescara	Nursing home	Pierangeli	Piazza Pierangeli, 1	085 542 411
	Medical laboratory	Alfa	Via Savonarola, 24	085 65408
	Medical laboratory	Alhena	Piazza Duca degli Abruzzi, 20	085 74595
	Medical laboratory	Biotest	Via Mazzarino, 53/2	085 62244
	Medical laboratory	Clini Test	Via del Santuario, 166/6	085 415 3218
	Medical laboratory	Carboni	Via Regina Elena, 120	085 374 108
	Medical laboratory	Di Iorio	Via Mazzini, 128	085 445 4496
	Medical laboratory	Igea	Via Firenze, 155	085 28172
	Medical laboratory	Marchegiani	Via N. Fabrizi, 127	085 421 1933
	Medical laboratory	Rutolo	Via Napoli, 23	085 421 1603
	Medical laboratory	Salus	Via G. D'Annunzio, 23	085 690 422
	Medical laboratory	San Damiano	Via di Sotto, 49	085 415 1928
	Medical laboratory	Sant'Antonio	Piazza Garibaldi, 41	085 693 896
	Physiokinesis therapy	Bleu	Via Ancona, 125	085 36166
	Radiology room			
	Physiokinesis therapy	Colarossi	Via Raffaello, 53	085 422 521
	Physiokinesis therapy	Istituto Don Orione	Via Aterno, 174	085 431 0570
	Rehabilitation (ex art. 26)			
	Physiokinesis therapy	Masci	Viale Bovio (Galleria Muzii)	085 389 101
	Physiokinesis therapy	Static	Via R. Paolucci, 3	085 28297
Physiokinesis therapy	Vuza	Via Regina Margherita, 91	085 28880	
Radiology room	Regina Margherita	Viale Regina Margherita, 37	085 421 7482	
Ophthalmology branch	Minicucci	Corso V. Emanuele II, 406	085 421 1934	
Dentistry branch	Orlandi	Corso V. Emanuele, 310	085 421 3054	
Rehabilitation (ex art. 26)	Ceis - Piccolo Principe	Via Rigopiano, 84/3	085 441 4622	
Rehabilitation (ex art. 26)	Fondazione Papa Paolo VI	Via Pesaro, 9	085 421 2694	
	Centro Adriatico	Viale Papa Giovanni XXII, 55	085 603 65	
	Centro Tabor	Via Tavo, 86	085 431 0107	
Rehabilitation (ex art. 26)	San.Stef.Ar.	Via Benedetto Croce, 122	085 623 69	
Psychological rehab structure	Villa Serena (Villa Teresa)	Via Acquacorrente, 84	085 471 5008	
Popoli	Baths	Terme di Popoli	Via Deontra	085 987 1046
Spoltore	Medical laboratory	San Camillo	Via Torino, 5	085 414 010

For the RSA (Residenze Sanitarie Assistenziali) - Nursing Homes and RA - Private Provisionally Accredited Assisted Residences go to pages 118-120

## Accredited/Temporarily Accredited Private Health Structures

Base	Services	Structure	Address	Telephone
Alba Adriatica	Rehabilitation (ex art. 26)	San.Stef.Ar.	Via Bafile, 25	0861 712 304
Atri	Rehabilitation (ex art. 26)	San.Stef.Ar.	Via Pietro Baiocchi, 29	085 879 8194
Campi	Rehabilitation (ex art. 26)	Sanex	Via Statale, 81	0861 56261
				0861 569 229
Giulianova	Medical laboratory	Italia	Via Filippo Turati, 84	085 8008 710
	Rehabilitation (ex art. 26)	Fondazione Piccola Opera Caritas	Via Ruetta Scarafoni, 3	085 80232 085 8023 2235
Martinsicuro	Medical laboratory	Fleming	Via Ticino, 165	0861 760 347
Montorio al Vomano	Rehabilitation (ex art. 26)	Welness	Via Piane, snc	0861 592 951
Pineto	Rehabilitation (ex art. 26)	Centro Riabilitativo Polivalente Primavera	Piazza Unicef - Frazione Scerne	085 946 2495
	Rehabilitation (ex art. 26)	Sant'Agnese (Gruppo Villa Serena)	Via Nazionale Adriatica SS16 km 424 - Fraz. Scerne	085 94650
Roseto degli Abruzzi	Medical laboratory	Clini Lab	Via Adriatica, 50	085 8990 282 085 8930 415
	Physiokinesis therapy	Radiosanit	Via Scozia, 13	085 8944 246
	Radiology room		Località Voltarrostro	
	Rehabilitation (ex art. 26)	San.Stef.Ar.	Via Basilicata, 12	085 894 4181
Sant'Egidio alla Vibrata	Medical laboratory	Val Vibrata	Via Marconi 39/39b	0861 841 387
	Rehabilitation (ex art. 26)	San.Stef.Ar.	Via Po, snc	0861 841 555
Teramo	Medical laboratory	Igea	Via Luigi Tripoti, 31c	0861 246 335
	Rehabilitation (ex art. 26)	Fondazione Anffas	Frazione Sant'Atto	0861 58119
	Rehabilitation (ex art. 26)	San.Stef.Ar.	Via Alberto Pepe, 31	0861 410 335
Tortoreto Lido	Medical laboratory	Iulius	Via Giovanni XXIII, snc	0861 786 495

For the RSA (Residenze Sanitarie Assistenziali) - Nursing Homes and RA - Private Provisionally Accredited Assisted Residences go to pages 118-120

## Prescription charges and exemptions

You can pay your prescription charges at CUP counters, at the automatic devices (where present) or at branches of the Italian Postal Service with a "Sportello Amico", or "Friendly Service Window". Exemptions from payment of prescription

charges are provided for: income, age and illnesses (as in Attachment 12 of DM 17.3.2008).

For more information ask your District, go to the ASL websites or to the Department of Health website [www.salute.gov.it](http://www.salute.gov.it).

## Exemptions for chronic conditions

The chronic and disabling conditions that entitle patients to exemptions from fees are listed in Ministerial Decree of 28 May 1999, no. 329, as modified by Ministerial Decree no. 296 of 21 May 2001, and by the Regulations on Rare Diseases found in Ministerial Decree no. 279 of 18 May 2001. For more information, consult the site [www.salute.gov.it](http://www.salute.gov.it) or consult your family doctor and/or independently selected paediatrician. The exemption must be requested from your ASL through presentation of a medical certificate issued by a healthcare facility and/or public hospital and confirming the presence of one or more chronic illnesses.

Other forms of valid proof include:

- a copy of the clinical record issued by the private hospital or by an accredited private structure following an evaluation by the physician of the Healthcare District;
- a copy of the disability report;
- certificates from the medical commissions of military hospitals;
- certificates issued by public healthcare institutions of member countries of the European Union.

The ASL issues certification indicating the illness and the related exemption code, together with the services provided under the exemption.

### ASL 4 • TERAMO

#### Health Districts

Base	Address	Telephone
Atri	Via Finocchi - Atri	Secretariat of the District 085 870 7813 Adi 085 870 7436 PUA 085 870 7730
Montorio al Vomano	Contrada Piane - Montorio al Vomano	Secretariat of the District 0861 429 901 Adi 0861 429 912 PUA 0861 429 911
Roseto degli Abruzzi	Via Adriatica - Roseto degli Abruzzi	Secretariat of the District 085 802 0869 Adi 085 802 0870 PUA 085 802 0866
Teramo	Circonvallazione Ragusa, 1 - Teramo	Secretariat of the District 0861 420 300 Adi 0861 420 388 PUA 0861 420 489
Val Vibrata	Via Lenin - Nereto	Secretariat of the District 0861 888 217 Adi 0861 888 233 PUA 0861 888 287

For other Asl see pages 27, 28 and 29

## National codes for conditions that qualify for fee exemptions – as per Annex 12 to the Decree of the Ministry of Economics and Finance of 17 March 2008

no.	Type of exemption	Code
1	Subjects with chronic diseases and disabling conditions are exempt under the DM 28.05.1999 no. 329 and subs. Changes and additions (last DM 21.05.2001 no. 296)	O Chronic Diseases
2	Individuals with rare diseases are exempt under the DM 18.05.2001 no. 279	R Rare
3	Services required under a diagnostic suspect of a rare disease (ex art. 5 paragraph 2 of DM 18.05.2001 no. 279)	R Rare
4	War invalids belonging to the categories from 1 <sup>st</sup> to 5 <sup>th</sup> receiving a life annuity and deported to extermination camps (ex art. 6 paragraph 1 letter A to the DM 01.02.1991)	G War
5	War invalids belonging to the categories from 6 <sup>th</sup> to 8 <sup>th</sup> (ex art. 6 paragraph 2 letter A of DM 01.02.1991)	G War
6	Industrially disabled workers 80% to 100% disability (ex art. 6 paragraph 1 letter B of DM 01.02.1991)	L Work
7	Industrially disabled workers with reduced working capacity >2/3 from 67% to 79% of disability (ex art. 6 paragraph 1 letter B DM 01.02.1991)	L Work
8	Industrially disabled workers with reduced capacity to work < 2/3 – 1% to 66% of disability (ex art. 6 paragraph 2 letter B DM 01.02.1991)	L Work
9	Injured at work or suffering from occupational diseases (ex art. 6 paragraph 2 letter C of DM 01.02.1991)	L Work
10	Disabled for service belonging to category 1 – holders of specific pension (ex art. 6 paragraph 1 letter C of DM 01.02.1991)	S Service
11	Disabled for service categories from 2 <sup>nd</sup> to 5 <sup>th</sup> (ex art. 6 paragraph 1 letter C of DM 01.02.1991)	S Service
12	Disabled for service categories from 6 <sup>th</sup> to 8 <sup>th</sup> (ex art. 6 paragraph 2 letter D of DM 01.02.1991)	S Service
13	Conscientious objectors in the civil service (ex art. 6 paragraph 1, L. 08.07.1998 no. 230 not applicable to the Civil Service Volunteers)	S Service
14	Registered disabled civilian with 100% disability without accompaniment indemnity (ex art. 6 paragraph 1 letter D of DM 01.02.1991)	C Civil
15	Registered disabled civilian with 100% disability with accompaniment indemnity (ex art. 6 paragraph 1 letter D of DM 01.02.1991)	C Civil
16	Registered disabled civilians with reduced working capacity >2/3 – 67% to 99% of disability (ex art. 6 paragraph 1 letter D of DM 01.02.1991)	C Civil
17	Registered disabled civilians under 18 years with accompaniment indemnity under art. 1 L. no. 289/90 (ex art. 5 paragraph 6 of the D.L. 124/1998)	C Civil
18	Absolute blind or with vision not exceeding one tenth in both eyes - with possible correction - recognized by the special Blind Invalids Civil Commission-pursuant to art. 6 paragraph 1 letter f) of the DM 01.02.1991 (ex art. 6 Law no. 482/68 as amended by Law no. 68/99)	C Civil
19	Deaf-mute (meaning those who are affected by deafness from birth or before learning a spoken language) pursuant to art. 6 paragraph 1 letter f) of the DM 01.02.1991 (ex art. 7 Law no. 482/68 as amended by Law no. 68/99)	C Civil
19bis	Performance required in verification of the civil disability former DM 20.07.1989 no. 293 et seq. mod. 07	C Civil
20	Patient in possession of exemption according to Low no. 210 of 25.02.1992- Damaged by irreversible complications due to mandatory vaccinations, blood transfusions and administration of blood products (ex art. 1 paragraph 5 letter d) of DM 124/98)	N Law no. 210
21	Victims of terrorism and organized crime (ex art. 15 L. no. 302/90; art. 5 paragraph 6 of DL 124/98); victims of terrorism and massacres with disabilities <80% and their families (ex art. 9 of Law 206/2004); victims of duty and family members who survived (ex DPR 07.07.2006 no. 243)	V Victims
21bis	Victims of terrorism and massacres with a disability >80% (art. 4 Law 03.08.2004 no. 206)	V Victims
22	Exemption for pregnancy (ex DM of 10.09.1998) during the preconceptional period	M Maternity
23	Exemption for pregnancy (ex DM of 10.09.1998) in normal pregnancy, or	M Maternity
24	Exemption for pregnancy (ex DM of 10.09.1998) in normal pregnancy	M Maternity



table continued

no.	Type of exemption	Code
25	Exemption for pregnancy (ex DM of 10.09.1998) in high-risk pregnancy	M Maternity
25bis	Other pregnancy services provided to sea-going staff	M Maternity
26	Diagnostic services within screening campaigns authorized by the Region (ex art. 1 paragraph 4 letter a) to the DL 124/1998)	D Early diagnosis
27	Diagnostic services for early detection of tumor (ex art. 85 paragraph 4 of Law 388/2000) cytological	D Early diagnosis
28	Diagnostic services for early detection of tumor (ex art. 85 paragraph 4 of Law 388/2000) mammography	D Early diagnosis
29	Diagnostic services for early detection of tumor (ex art. 85 paragraph 4 of Law 388/2000) colon and rectal	D Early diagnosis
30	Diagnostic examination services related to early detection of breast cancer (ex art. 85 paragraph 4 of Law 388/2000)	D Early diagnosis
30bis	Services included in the protocol of the monitoring campaign on the health of people operating in the territories of Bosnia-Herzegovina and Kosovo (ex DM 22.10.2002)	D Early diagnosis
31	Specialistic services related to donation (ex art. 1 paragraph 5 letter c) of the DL 124/1998)	T Donation
32	Diagnostic services to individuals at risk of Hiv infection (ex art. 1 paragraph 4 letter b) of the DL 124/1998 - first part)	B Hiv
33	Specialized services aimed at the protection of public health, arranged locally in case of epidemic diseases (ex art. 1 paragraph 4 letter b) DL 24/1998- second part)	P Prevention
34	Specialized services oriented to starting employment deriving from legal obligations and not charged to the employer-currently executable towards major apprentices (ex art. 1 paragraph 4 letter b) of the DL 124/1998-last part)	P Prevention
35	Services related to mandatory or recommended vaccinations (ex art. 1 paragraph 4 letter b) of DL 124/1998-first part) antituberculous prophylaxis DPR 07.11.2001 no. 465	P Prevention
36	Services towards prisoners and internees (ex art. 1 paragraph 6 DL 22.06.1999 no. 230)	F Detainees
37	Services required to issue certificates of fitness to practice sports, for adoption and foster care, for the civil service (ex DPCM 28.11.2003)	I Suitability
38	Medical and legal services to sea-going SASN staff	PML
39	Urgent or essential outpatient services to non EU citizens who do not comply with the rules on entry and residence, without sufficient resources	X Non EU
39	Urgent or essential outpatient services to non EU citizens who do not comply with the rules (art. 35, paragraph 3, DL 25.07.1998 no. 286; art. 43, paragraph 4, DPR 31.08.1999 no. 394)	X Non EU
40	Treatment of severe pain	TDL

## Exemptions for rare diseases

Rare illnesses are grave, disabling pathologies for which there often exists no specific therapy and whose incidence falls below the threshold of 5 cases for every 10,000 inhabitants established within the European Union. Ministerial Decree no. 279/2001 provides exemptions from fees for all services that prove suitable and effective for the treatment and monitoring of a confirmed rare illness, as well as for prevention of a worsening of the condition. The exemption also covers examinations meant to determine the existence of rare diseases, plus genetic research on any family members,

when needed to arrive at a diagnosis of a rare disease of genetic origin. To date, 284 rare diseases and 47 groups of such conditions are identified under the Regulations.

A physician who arrives at a suspected diagnosis of one of the rare diseases found on the list of the Ministry of Health refers the patient to the centre of the Network for Rare Diseases, which is able to provide the diagnosis of the specific pathology. Certification of the diagnosis of the rare disease must be presented when patients apply for exemption at their ASL.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Address	Telephone
L'Aquila	Via Capo Croce, 1	0862 368 937 / 939

### ASL 2 • LANCIANO VASTO CHIETI

Base	Structure	Address	Telephone	Consulting hours
Chieti	Hospital	Via dei Vestini Unit A 13° floor malattierare@asl2abruzzo.it	0871 3586 90	on Tuesdays and Fridays 11.00-13.00

### ASL 3 • PESCARA

Base	Structure	Address	Consulting hours
Pescara	Complex Operative Unit of Paediatrics	Via Fonte Romana, 8 3 <sup>rd</sup> floor - North Wing P.O.	on Mondays, Wednesdays and Fridays 12.00-15.00 on Tuesdays and Thursdays 14.00-17.00

### ASL 4 • TERAMO

See Health Districts on page 41

## Exemptions based on income

A number of personal and social conditions, when combined with certain levels of income, entitle patients to exemptions from fees for healthcare services.

### WHAT ARE THE CATEGORIES OF EXEMPT INDIVIDUALS?

- Citizens less than six years old and more than sixty-five years old, and who are part of a family unit<sup>1</sup> with an overall income<sup>2</sup> of no more than **36,151.98 euros** (Code E01).
- Unemployed individuals<sup>3</sup>, together with their dependent family members<sup>4</sup>, who belong to a family unit with an overall income of less than **8,263.31 euros**, a threshold that increases to 11,362.05 euros when there is a spouse, and that rises by an additional 516.46 euros for each dependent child (Code E02).
- Holders of social welfare pensions and their dependent family members (Code E03).

- Holders of pensions for the minimum amount, received after reaching the age of sixty-five, together with their dependent family members, when the individuals in question belong to a family unit with an overall income of less than **8,263.31 euros**, a threshold that increases to 11,362.05 euros when there is a spouse, and that rises by an additional 516.46 euros for each dependent child (Code E04).

### HOW IS THE RIGHT TO EXEMPTION OBTAINED?

When prescribing the specialised clinical service, the prescribing physician (family doctor or paediatrician), who has the list of exempt individuals provided by the Healthcare ID Card System, confirms that the patient is entitled to the exemption and indicates the exemption code on the prescription form.

### If the patient does not appear on the list of exempt individuals in the possession of his or her attending physician, what should he or she do?

Certain types of users, although they are entitled to fee exemptions, do not appear on the list of their attending physician. These include individuals who are not required to present tax returns (pensioners receiving the minimum amount or social-welfare pensions) and the unemployed (who must present, on an annual basis, self-certification of their unemployed status). If a patient holds that he or she meets the requirements for a fee exemption on the basis of income, only they do not appear on the list in the possession of the physician, then they must contact the ASL with which they are registered and provide self-certification of the condition that entitles them to exemption.

### Where is the self-certification presented?

Patients who must provide self-certification of their exemption from fees due to income must go to their service windows for "Selection or revocation of the family physician" of the Healthcare District for their area.

### What must patients bring with them?

- A copy of a currently valid document of identification.
- A TEAM healthcare card (European Healthcare Assistance Card).

The patient may request certification of exemption under the name of each of the members of his or her family unit entitled to exemption on the basis of income.

### What must patients sign?

- Self-certification of the right to exemption on the basis of income (the income is calculated as indicated in Note 2 above).
- Self-certification of the condition of unemployment, indicating the employment centre where the unemployed individual is registered, together with a pledge on the part of the patient to report forthwith the date on which the state of unemployment concludes, which would result in revocation of the benefit.
- A declaration of awareness of the consequences under criminal law for the issue of false declarations, and of awareness of the fact that the local healthcare unit shall subsequently carry out controls of the truthfulness of the declaration presented.

1. The term "family unit" refers to the members of the family relevant for tax purposes (as opposed to mere registration in municipal records), meaning the interested party, the spouse, when not legally separated, and any other dependent family members.

2. The overall income of a family unit is equal to the sum total of the incomes of the individual members of the unit. The family unit consists of the interested party, the spouse, when not legally separated, and other family members who represent dependents for tax purposes. The fact that any or all of the family members cohabitates has absolutely no relevance whatsoever. **The overall pre-tax income for the previous year must be considered**, meaning all the components of the taxable income declared on the tax return (for example: income from capital, real estate, business activities, freelance employment, salaried employment and other sources of income, as entered on the CUD Return, part B, point 1; the 730 Return, part 3, line 11; the Consolidated Return, line RN1).

Income and the ISEE, or "Indicator of the Equivalent Economic Situation", are not the same thing. The ISEE is an indicator that takes into account the income, wealth (both movable assets and real estate) and characteristics of a family unit (in terms of the number and type of its components). In the Abruzzo Region, this indicator does not count towards recognition of the right to exemption.

3. The term "unemployed" refers solely to citizens who have ceased an activity of salaried employment for any reason whatsoever (layoff, resignation, end of set-term employment) and who have registered with the Employment Office until such time as they are once again employed.

4. "Dependent family members" means family members who are not independent for tax purposes, or those for whom the interested party takes tax deductions (in that they possess incomes of less than 2,840.51 euros).

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Address	Telephone
L'Aquila	Via Capo Croce, 1	0862 368 937

**ASL 2 • LANCIANO VASTO CHIETI**

Base	Structure	Address	Telephone	Fax
Atessa	San Camillo de Lellis Hospital	Via Gramsci	0872 864 200	0872 864 200
Bucchianico		Piazza Roma	0871 381 056	0871 382 860
Casalbordino		Via Portanuova, 6	0873 900 598 / 700	
Casoli	Territorial Assistance Hospital	Via Aventino	0872 989 260 0872 989 302 / 303	
Castiglione Messer Marino		Via de Gasperi, 1	0873 978 440	
Chieti Centro	ex SS. Annunziata Hospital	Via Tiro a Segno	0871 358 743 / 718 0871 358 790 / 784	
Chieti Scalo		Via De Litio, 24	0871 358 461	
FrancaVilla al Mare		Contrada Alento	085 9174 226 / 211	085 4911 372
Gissi	Territorial Assistance Hospital	Via Italia	0873 947 411 / 311	
Guardiagrele	SS. Immacolata Hospital	Via Anello, 15	0871 899 214	0871 899 314
Lama dei Peligni		Via Calata Frentana, 1	0872 91 438 / 420 / 397 0872 91 587 / 0872 916 148	
Lanciano		Via Don Minzoni	0872 706 906 0872 700 451	0872 706 951
Miglianico		Via Costa della Forma, 22	0871 958 040	0871 958 014
Ortona		Piazza San Francesco, 4	085 9173 307 / 305	085 9173 301
San Salvo		Via Alcide De Gasperi	0873 544 91	0873 343 633
Torricella Peligna		Via Brigata Maiella	0872 969 459	
Vasto		Via Michetti, 86	0873 308 782 / 729	
Villa Santa Maria		Via Roma, 37	0872 944 308 / 460	0872 706 365

**ASL 3 • PESCARA**

Competence area	Address	Telephone	Fax
<b>Area Pescara District</b>			
Pescara Nord	Via Nazionale Adriatica Nord, 140 - Pescara	085 4253 457	085 4253 453 / 422
Pescara Sud	Via Rieti, 47 - Pescara	085 4254 041	085 4254 047
<b>Area Metropolitana District</b>			
Cappelle sul Tavo - Cepagatti	SS 602 - Cepagatti	085 974 535	085 9769 001
Città Sant'Angelo - Moscufo - Nocciano -	Largo Baiocchi - Città Sant'Angelo	085 4253 330	085 4253 300
Pianella	Via Santa Lucia, 13 - Pianella	085 971 376	
Spoltore	Via del Convento - Spoltore	085 4253 601	085 4253 600
<b>Area Montesilvano District</b>			
Montesilvano	Corso Umberto, 447 - Montesilvano	085 4253 371	085 4253 370
<b>Area Maiella Morrone District</b>			
Abbateggio - Alanno - Bolognana - Bussi sul Tirino - Caramanico - Castiglione a Casauria - Corvara - Cugnoli - Lettomanoppello - Manoppello - Pescosansonesco - Pietranico - Popoli - Roccamorice - Salle	Via Aldo Moro, snc - Popoli	085 9898 389	085 9898 238
San Valentino in Abruzzo Citeriore - Tocco da Casauria	Via XX Settembre, 144 - Tocco da Casauria	085 9898 746	085 9898 710
Sant'Eufemia a Maiella - Scafa - Serramonacesca	Via della Stazione - Scafa	085 9898 815	085 9898 800
<b>Area Vestina District</b>			
Brittoli - Carpineto della Nora - Catignano - Civitaquana - Penne - Picciano - Vicoli - Villa Celiara	Via del Carmine, 107 - Penne	085 971 376	085 8276 500

**ASL 4 • TERAMO**

Health District	Involved Municipalities
Teramo	Basciano, Campli, Canzano, Castellalto, Cortino, Rocca Santa Maria, Teramo, Torricella Sicura, Valle Castellana, Penna Sant'Andrea
Atri	Arsita, Atri, Bisenti, Castiglione Messer Marino, Castilenti, Cellino Attanasio, Cermignano, Montefino, Pineto, Silvi
Montorio al Vomano	Castel Castagna, Castelli, Colledara, Crognaleto, Fano Adriano, Isola del Gran Sasso, Montorio al Vomano, Pietracamela, Tossicia
Val Vibrata	Alba Adriatica, Ancarano, Civitella del Tronto, Colonnella, Controguerra, Corropoli, Martinsicuro, Nereto, Sant'Egidio alla Vibrata, Sant'Omero, Torano Nuovo, Tortoreto
Roseto	Bellante, Giulianova, Morro d'Oro, Mosciano, Notaresco, Roseto

For the addresses see Health Districts offices on page 41

## Exemptions for disability

The categories of disabled individuals entitled to this benefit are stipulated under a Ministerial Decree issued on 1 February 1991. Their condition and level of disability must be confirmed by the Medical Commission of their local ASLs.

List of the categories of disability:

- Individuals disabled in war or during military service (Categories I to IV) and (VI/VIII).

- Individuals disabled during civilian activities and work (working capacity reduced by more than 2/3).
- Individuals with civilian disabilities and support for accompaniment.
- Deaf and dumb individuals.
- Former deportees to Nazi death camps.
- Victims of acts of terrorism or organised crime.
- Individuals who suffer on-the-job accidents or work-related illnesses.

## Exemptions for early diagnosis of tumours

In addition to the diagnostic services offered by the ASLs during their screening campaigns, the Healthcare Service provides free controls for the early diagnosis of certain types of tumours:

- mammography examinations every two years for women ages 45 to 69;
- cytological cervical-vaginal examinations (Pap test) every three years for women ages 25 to 65);

- a colonoscopy examination every five years for anyone older than 45.

The examinations are prescribed on the forms of the National Healthcare Service, on which the pertinent exemption code must be indicated. The interval of time indicated must be respected, even if the first examination was carried out at a private facility (also see the entry *Screening* on page 83).

## Exemptions involving pregnancy

Couples seeking to have children and women who are pregnant are entitled to receive certain specialised and diagnostic services useful to safeguarding their health and that of the unborn child free of charge, without having to pay the minimum fee. These services are listed in a Ministerial Decree issued on 10 September 1998. The Decree stipulates that the following be provided free of charge:

- periodic examinations by an obstetrician-gynaecologist;
- the analyses listed in Annex A to the Decree and carried out prior to conception, in order to exclude the presence of factors that can have a negative effect on the pregnancy. If the clinical and family history of the couple points to possible conditions of risk for the foetus, then all services that prove necessary or appro-

priate for determining genetic defects, and that are prescribed by the attending specialist, can be provided under an exemption from the minimum fee;

- the diagnostic analyses for controlling each phase of a normal pregnancy, as listed in Annex B to the Decree. Should there be a risk of abortion, then the exemption also covers all the specialised services needed to monitor the ongoing development of the pregnancy;
- all services that prove necessary or suitable for the prenatal diagnosis, while the pregnancy is underway, of specific conditions that pose a risk to the foetus, as indicated in Annex C to the Decree, when these services are prescribed by a specialist;
- all services that prove necessary or suitable for the treatment of illnesses (both pre-existing conditions and those that arise during the pregnancy) which constitute a risk for the woman or the foetus, meaning services normally prescribed by a specialist.

## Free HIV testing

At public healthcare facilities, the anti-HIV test for identifying the presence of the specific antibodies produced by the organism when it comes into contact with the virus is provided both anonymously (as called for under Law 135 of 1990) and free of charge (as specified under a Ministerial Decree issued on 1 February 1991 and reiterated under art. 2 of an agreement reached by the State, regional and autonomous provincial governments on 27 July 2011). The test is not obligatory, but if there has been conduct placing the individual at risk,

then it would be best to take one. At most healthcare facilities, a doctor's prescription is not needed to carry out the test.

Foreigners are entitled to take the test under the same conditions as Italian citizens, even if they do not have a residence permit.

Under a Ministerial Decree of 31 March 2008, the Ministry of Health, acting in concert with the regional and autonomous provincial governments, has established a national system for the surveillance of diagnoses of new HIV infections (also see *Aids - HIV Test* on pages 81-82).

## Emergency

### Emergency medical service (118)

For the mobile accident unit service you can dial the national number 118, without dialing code, from every public, private or mobile phone. The call is free, you don't need money nor telephone cards. The service is active 24/7 and it is coordinated by an intensivist doctor.

### First aid/OBI

You can go to the Emergency Room for urgent-critical health requests which cannot be handled by MMG/PLS or by your continuity of care doctor (emergency medical service).

At the Emergency Room you will be received by a nurse who will give you a colour code based on the different priorities of access. The color codes *Triage* are the following:

- **red code**, given to serious cases, in life-threatening situations, with immediate access;
- **yellow code**, given to patients who may have their vital functions altered, with priority access depending on other emergencies;
- **green code**, given to patients who don't need an immediate service, their access comes after red and yellow codes and they have to pay a prescription charge;
- **white code**, given to patients who don't need urgent care and can be handled by MMG/PLS. Their access comes after the

other codes and they have to pay a prescription charge.

The OBI, or Brief Intensive Observation unit, is a structure established as part of emergency medical services, in order to meet the needs of patients who require constant monitoring to evaluate the ongoing development of their clinical outlook and to complete the necessary findings. A further objective of the OBI is to reduce the number of mistaken assignments to other hospital wards and to avoid hasty releases from the emergency room, so as to ensure greater patient safety and proper execution of confirmed and regularised diagnostic-therapeutic protocols.

### Continuity of Care (CA/emergency medical service)

You can make use of this service if you need outpatient or in-home assistance at night and during or before a holiday, when your doctor/pediatrician doesn't visit.

The consulting time is:

- Saturdays at 10.00 a.m. until Mondays at 8.00 a.m.;
- from 10.00 a.m. on a pre-festive day until 8.00 a.m. on the day after a holiday;
- from 8.00 p.m. until 8.00 a.m. every weekday.

For those who live in Abruzzo the service is free, while for those who don't the cost for each service is € 25 for an in-home visit and € 15 for an outpatient visit.

### Continuity of care locations (CA/emergency medical service) - Unique phone number 0862 348 5790

Competence Area	Address	Telephone
<b>Area L'Aquila</b>		
Barisciano	Via Provinciale - <b>Barisciano</b>	0862 89348
L'Aquila	Via Capo Croce, 1 - <b>L'Aquila</b>	0862 366 025 340 48 75 195
<b>Monteareale</b>		
Navelli	Via della Molinella - Frazione Piedicolle - <b>Monteareale</b>	0862 902 362
Navelli	Town Hall - Via dei Pereti, 1 - <b>Navelli</b>	0862 959 285
Pizzoli	Colle Musino - Frazione Marruci - <b>Pizzoli</b>	0862 72725
Rocca di Mezzo	Strada Provinciale per L'Aquila - <b>Rocca di Mezzo</b>	0862 917 142
San Demetrio	Health District - Via 24 Maggio - <b>San Demetrio</b>	0862 810 141
Tornimparte	Frazione Pie la Villa - <b>Tornimparte</b>	0862 72725
<b>Area Marsica</b>		
Aielli - Celano - Cerchio - Ovindoli	Health District - Via della Sanità - <b>Celano</b>	0863 711 976
Avezzano	Health District - Via Monte Velino 18 - <b>Avezzano</b>	0863 499 800
Balsorano - San Vincenzo Valle Roveto	Via Nazionale, 51 - <b>Balsorano</b>	0863 95525
Canistro - Capistrello - Castellafiume - Civita d'Antino - Civitella Roveto - Morino	Health District - Piazza della Stazione - <b>Civitella Roveto</b>	0863 979 050
Cappadocia - Magliano - Massa d'Albe - Tagliacozzo - Sante Marie - Scurcola	Health District - Via Variante - <b>Tagliacozzo</b>	0863 699 231 0863 699 278
Carsoli - Oricola - Pereto - Rocca di Botte	Health District - Via Mazzini - <b>Carsoli</b>	0863 909 072
Collelongo - Luco dei Marsi - Trasacco - Villavallelonga	Health District - Via Cifilánico - <b>Trasacco</b>	0863 931 082
Collarmele - Ortona dei Marsi - Pescina - Bisegna - Gioia dei Marsi - Lecce - Ortucchio - San Benedetto dei Marsi	Health District - Via S. Rinaldi - <b>Pescina</b>	0863 889 233
<b>Area Peligna</b>		
Anversa degli Abruzzi - Bugnare - Cocullo - Scanno - Villalago	Via Tanturri - <b>Scanno</b>	0864 47290
Campo di Giove - Cansano	Piazza Regina Margherita - <b>Campo di Giove</b>	0864 40309
Castel di Ieri - Castelvecchio Subequo - Gagliano Aterno - Goriano Sicolí - Molina Aterno - Secinaro	Via Roma - <b>Castelvecchio Subequo</b>	0864 79393
Corfinio - Pratola Peligna - Prezza - Raiano - Roccasale - Vittorito	Via Valle Madonna, 15 - <b>Pratola Peligna</b>	0864 274 010
Introdacqua - Pacentro - Pettorano sul Gizio - Rocca Pia - Sulmona	Hospital - Viale Mazzini - <b>Sulmona</b>	0864 499 1 / 499 262
<b>Area Sangrigna</b>		
Alfedena - Ateleta - Castel di Sangro - Scontrone	Hospital - <b>Castel di Sangro</b>	086 8991
Barrea - Civitella Alfedena - Opi - Pescasseroli - Villetta Barrea	Health Structure - Via Valle Rovereto - <b>Pescasseroli</b>	0863 910 675
Pescocostanzo - Rivisondoli - Roccaraso	Health Structure - Piazzale delle Corriere - <b>Pescocostanzo</b>	0864 64008



## Continuity of care locations (CA/emergency medical service) - Unique phone number 0871 327 620

Base	Address	Telephone
Atessa	Hospital - Via Ianico, 1 - <b>Atessa</b>	0872 865 971
Carunchio	Via Roma - <b>Carunchio</b>	0873 953 243
Casalbordino	Via Portanuova, 8 - <b>Casalbordino</b>	0873 902 285
Casoli	Via Aventino - <b>Casoli</b>	0872 9891 - 0872 982 457
Castiglione Messer Marino	Via Alcide De Gasperi, 1 - <b>Castiglione Messer Marino</b>	0873 978 440
Celenza sul Trigno	Via Rinascita, 8 - <b>Celenza sul Trigno</b>	0873 958 295
Chieti	Old Hospital Via Padre Alessandro Valignani - <b>Chieti</b>	0871 358 817 / 816
Cupello	Piazza Benicarlò - <b>Cupello</b>	0873 317 904
Fossacesia	Via Polidori - <b>Fossacesia</b>	0872 607 708
Francavilla al Mare	Health District Contrada Alento - <b>Francavilla al Mare</b>	085 817 183
Gissi	Via Italia, 97 - <b>Gissi</b>	0873 947 312 - 0873 93297
Guardiagrele	Hospital - Via Anello, 10 - <b>Guardiagrele</b>	0871 899 251
Lama dei Peligni	Via Calata Frentana, 1 - <b>Lama dei Peligni</b>	0872 91587
Lanciano	Via Don Minzoni - <b>Lanciano</b>	0872 724 389
Miglianico	Via Costa della Forma, 22 - <b>Miglianico</b>	0871 951 933
Orsogna	Via G. Magno - <b>Orsogna</b>	0871 86129
Ortona	Hospital - Contrada Santa Liberata - <b>Ortona</b>	085 917 2282 / 2275
Palena	Via Circonvallazione Frentana - <b>Palena</b>	0872 918 369
Palmoli	Via Papa Giovanni XXIII, 2 - <b>Palmoli</b>	0873 955 385
Pizzoferrato	Via Roma - <b>Pizzoferrato</b>	0872 946 131
Quadri	Via Marconi, 8 - <b>Quadri</b>	0872 945 422
San Salvo	Via San Giuseppe, 40 - <b>San Salvo</b>	0873 547 703
San Vito Chietino	Via Raffaello Sanzio - <b>San Vito Chietino</b>	0872 61452
Scerni	Via IV Novembre, 20 - <b>Scerni</b>	0873 919 285
Tollo	Via Principessa di Piemonte - <b>Tollo</b>	0871 961 647
Torricella Peligna	Via Brigata Maiella, 38 - <b>Torricella Peligna</b>	0872 969 459
Vasto	Via Marco Polo, 51 - <b>Vasto</b>	0873 368 831 - 0873 308 283
Villa Santa Maria	Via Roma, 32 - <b>Villa Santa Maria</b>	0872 944 308

## Continuity of care locations (CA/emergency medical service) - Unique phone number 085 4289 790

Competence Area	Structure	Address	Telephone
Bussi sul Tirino (Popoli - Tocco da Casauria)		Via Caduti del Lavoro, 45 - (zona Peep) - <b>Bussi</b>	085 980 308
Caramanico Terme (Sant'Eufemia - Salle)	Nursing Home Olivieri	Corso Umberto I - <b>Caramanico</b>	085 929 0135
Catignano (Brittoli - Civitaquana - Vicoli (except Frazioni De Contra and Le Pietre)		Piazza San Francesco, 6 - <b>Catignano</b>	085 841 615
Cepagatti (Nocciano - Rosicano)		Via Unesco, 2 - <b>Cepagatti</b>	085 425 3650
Città Sant'Angelo (Elice)	ex Hospital	Largo Baiocchi, 2 - <b>Città Sant'Angelo</b>	085 425 3304
Civitella Casanova (Carpineto - Vicoli for Frazioni De Contra and Le Pietre - Villa Celiera)	Health District	Via Fratelli Granchelli, 8 - <b>Civitella Casanova</b>	085 845 268
Loreto Aprutino (Collecervino)		Via Donato Chiarelli, 2 - <b>Loreto Aprutino</b>	085 827 6702
Manoppello (Lettomanoppello - Serramonacesca)		Corso Santarelli, 70 - <b>Manoppello</b>	085 859 700
Montesilvano (Collecervino - for Frazioni of Congiunti and Santa Lucia)		Via Inghilterra, 20 - <b>Montesilvano</b>	085 425 3357
Penne (Farindola - Montebello di Bertona - Picciano)	Uccp	Via Caselli, 54 - <b>Penne</b>	085 827 6633
Pescara	Old Hospital	Via R. Paolini, 47 - <b>Pescara</b>	085 425 3191 / 28868
Pianella (Moscufo)	Middle schools	Via Santa Lucia, 60 - <b>Pianella</b>	085 971 376
San Valentino (Abbateggio - Roccamorice - Strada per Caramanico)	Rehabilitation Centre	Via San Rocco, 125 - <b>San Valentino</b>	085 989 8935
Scafa (Alanno - Cugnoli - Turrialignani)	Uccp	Via Castellani, 23 - <b>Scafa</b>	085 989 0877
Spoltore (Cappelle sul Tavo)		Via del Convento, 12 - <b>Spoltore</b>	085 425 3610
Torre de' Passeri (Bolognano - Castiglione a Casauria - Family Planning Clinic Corvara - Pescosansonesco - Pietranico)		Corso Garibaldi, 20 - <b>Torre de' Passeri</b>	085 888 5318

At Pescara District Area, erogative offices Pescara Nord (Via Nazionale Adriatica Nord, 140) and Pescara Sud (Via Rieti, 47), Saturdays, except if holiday, from 8.30 to 13.30 there is a general practitioner that guarantees the continuity of primary care

## Continuity of care locations (CA/emergency medical service) - Unique phone number 0861 440 620

Competence Area	Structure	Address	Telephone
<b>Area Teramo</b>			
Campli		Viale della Misericordia - <b>Campli</b>	0861 440 620
Canzano - Castellalto	Town Hall	Piazza Indipendenza - <b>Castellalto</b>	0861 440 620
Castel Castagna - Castelli - Colledara		Piane Mavone - <b>Colledara</b>	0861 440 620
Cortino - Rocca Santa Maria - Torricella Sicura	Town Hall	Piazza M. Capuani - <b>Torricella Sicura</b>	0861 440 620
Crognaleto - Fano Adriano - Pietracamela	Town Hall	Corso V. Emanuele - <b>Fano Adriano</b>	0861 440 620
Isola del Gran Sasso	Consulting Room	Contrada Santone <b>Isola del Gran Sasso</b>	0861 440 620
Montorio al Vomano - Tossicia	Health District	Contrada Piane - <b>Montorio al Vomano</b>	0861 440 620
Teramo	Civil hospital	Piazza Italia - <b>Teramo</b>	0861 440 620
Valle Castellana	Town Hall	Via Provinciale, 1 - <b>Valle Castellana</b>	0861 440 620
<b>Area Sant'Omero</b>			
Alba Adriatica - Tortoreto	Health District	Via Isonzo - <b>Tortoreto</b>	0861 440 620
Ancarano - Civitella del Tronto - Sant'Egidio alla Vibrata		Via Murri - <b>Sant'Egidio alla Vibrata</b>	0861 440 620
Colonnella - Controguerra - Martinsicuro	Health District	Via Amendola - <b>Villarosa di Martinsicuro</b>	0861 440 620
Corropoli - Nereto - Sant'Omero - Torano Nuovo		Via M. Iachini, 33 - <b>Nereto</b>	0861 440 620
<b>Area Giulianova</b>			
Bellante - Mosciano Sant'Angelo	ex Family Planning Clinic	Via Terracina - <b>Mosciano Sant'Angelo</b>	0861 440 620
Cellino Attanasio - Notaresco	ex Family Planning Clinic	Via Colleventano - <b>Notaresco</b>	0861 440 620
Giulianova	Hospital	Via Gramsci - <b>Giulianova</b>	0861 440 620
Morro d'Oro - Roseto degli Abruzzi		Via Nazionale, 514 - <b>Roseto degli Abruzzi</b>	0861 440 620
<b>Area Atri</b>			
Atri - Castilenti - Frazione Villa Bozza	Health District	Via Finocchi, 2 - <b>Atri</b>	0861 440 620
Basciano - Cermignano - Penna Sant'Andrea	ex Family Planning Clinic	Via Nazionale - <b>Cermignano</b>	0861 440 620
Bisenti - Castiglione Messer Raimondo - Arsitia - Montefino	ex Family Planning Clinic	Via Roma - <b>Bisenti</b>	0861 440 620
Pineto - Silvi		SS Adriatica Sud, 1 - <b>Silvi</b>	0861 440 620

## Occasional medical visits

If you are occasionally out of your place of residence you can benefit from the assistance of a MMG/PLS through occasional paid medical visits.

You can find the list of doctors in the Health Districts.

## Territory

The territorial health assistance is the first and most important contact of the citizen with the National Health Service (SSN). It represents the first element of a continuous and integrated process of health inter-

ventions oriented to the promotion and the safeguard of health realized through prevention, care and rehabilitation activities, fundamental in order to face the health problems of the whole community.

## Healthcare District (Ds) / District Operational Unit (Nod)

The Ds/NOD provides primary and intermediary healthcare and socio-medical services directly in the areas where people live, ensuring that citizens' medical needs are met.

It carries out administrative activities (single booking centres, windows for selecting/changing family doctor, fee exemptions due to income, pathology, disability etc.), manages the basic medical care provided by general practitioners and freely selected paediatricians and, in some cases, houses the service of ongoing care (formerly the physician on-call); it handles treatment with prostheses and supplementary treatment (as in the case of dietetic prod-

ucts, materials for the treatment of diabetes etc.); it houses the UVM, or Unit of Multidimensional Evaluation, for admission to residential treatment (RSA and RA), as well as psychiatric rehabilitation, integrated home care (ADI), rehabilitation as provided for under art. 26 of Law 833/78 and hospice care.

The Ds/NOD contains a poly-specialised clinic, a home-care service and a nursing unit. It also works in collaboration with the Departments of Mental Health, of Maternal and Infant Care and of Addiction Treatment, assisting in the related sectors of prevention, diagnosis and rehabilitation, so as to facilitate hospital-territorial procedures.

**Health Districts**

Competence Area	Address	Telephone
<b>Area L'Aquila</b>		
Barisciano	Via Dietro la Chiesa - <b>Barisciano</b>	0862 89552
L'Aquila	Via Capo Croce, 1 - <b>L'Aquila</b>	0862 680 621 0862 368 939
Monte reale	Via della Molinella - Frazione Piedicolle - <b>Monte reale</b>	0862 901 022
Rocca di Mezzo	Strada Provinciale per L'Aquila - <b>Rocca di Mezzo</b>	0862 917 338
San Demetrio	Health District Via 24 Maggio - <b>San Demetrio</b>	0862 810 141
Tornimparte	Frazione Rocca Santo Stefano - <b>Tornimparte</b>	0862 729 138
<b>Area Marsica</b>		
Avezzano	Via Monte Velino, 18 - <b>Avezzano</b>	0863 499 800
Carsoli	Via Giuseppe Mazzini - <b>Carsoli</b>	0863 909 072 fax 0863 992 097
Celano	Via della Sanità - <b>Celano</b>	0863 711 976 fax 0863 711 976
Civitella Roveto	Piazza della Stazione - <b>Civitella Roveto</b>	0863 979 050 fax 0863 979 860
Pescina	Via Serafino Rinaldi - <b>Pescina</b>	0863 899 233 fax 0863 899 285
Tagliacozzo	Via Variante Tiburtina Valeria - <b>Tagliacozzo</b>	0863 699 278 fax 0863 699 278
Trasacco	Via Cifilanico - <b>Trasacco</b>	0863 931 082 fax 0863 931 867
<b>Area Peligna</b>		
Anversa degli Abruzzi - Bugnare - Cocullo - Scanno - Villalago	Via Tanturri - <b>Scanno</b>	0864 747 819
Castelvecchio Subequo	Via Roma - <b>Castelvecchio Subequo</b>	0864 790 722
Corfinio - Pratola Peligna - Prezza - Raiano - Roccasale - Vittorito	Via Valle Madonna, 15 - <b>Pratola Peligna</b>	0864 274 535
Introdacqua - Pacentro - Pettorano sul Gizio - Rocca Pia - Sulmona	Hospital - Viale Mazzini - <b>Sulmona</b>	0864 499 251
<b>Area Sangrina</b>		
Alfedena - Ateleta - Castel di Sangro - Scontrone	Via Porta Napoli - <b>Castel di Sangro</b>	0864 899 306
Barrea - Civitella Alfedena - Opi	Via Valle Rovereto - <b>Pescasseroli</b>	0863 911 031
Pescasseroli - Villetta Barrea	Piazzale delle Corriere - <b>Pescocostanzo</b>	0864 640 008

**Health Districts**

District Area	Structure	Address	Telephone
Alto Vastese	District department	PTA - Via Italia - <b>Gissi</b>	0873 947 319 0873 975 055
	District supplies department	Via Alcide De Gasperi, 1 - <b>Castiglione Messer Marino</b>	0873 947 319 0873 975 055
Chieti	District department	Via Tiro a Segno - <b>Chieti</b>	0871 357 875
	District supplies department	Via De Lizio, 24 - <b>Chieti Scalo</b>	0871 358 450
Guardiagrele	District department	Hospital - Via Anello, 10 - <b>Guardiagrele</b>	0871 899 214 / 301
	District supplies department	Via G. Magno - <b>Orsogna</b>	0871 867 063
Francavilla al Mare	District department	Contrada Alento - <b>Francavilla al Mare</b>	085 9174 201 / 205 085 9174 227 085 491 7895
	District supplies departments	Piazza Roma - <b>Bucchianico</b>	0871 382 056
		Piazza San Franco (Padovano building) - <b>Francavilla al Mare</b>	085 9174 300
		Via Costa della Forma, 22 - <b>Miglianico</b>	0871 958 040
		Via Cavour - <b>San Giovanni Teatino</b>	085 4461 324 085 4409 066
Lanciano	District department	Via Don Minzoni - <b>Lanciano</b>	0872 706 953
	District supplies department	Via Polidori - <b>Fossacesia</b>	0872 60610 0872 607 708
Ortona	District department	Piazza San Francesco, 4 - <b>Ortona</b>	085 9173 236
	District supplies department	Via Principessa di Piemonte - <b>Tollo</b>	0871 969 099
Sangro - Aventino	District department	Via Roma, 32 - <b>Villa Santa Maria</b>	0872 944 308
	District supplies departments	Hospital - Via Ianico - <b>Atessa</b>	0872 864 264
		PTA - Via Aventino - <b>Casoli</b>	0872 989 302 / 303
		Via Brigata Maiella - <b>Torricella Peligna</b>	0872 969 382
		Via Calata Frentana, 37 - <b>Lama dei Peligni</b>	0872 916 148
Vasto - Costa Sud	District department	Via Michetti, 86 - <b>Vasto</b>	0873 308 730
	District supplies departments	Via Alcide De Gasperi - <b>San Salvo</b>	0873 544 91
		Via Portanuova, 6 - <b>Casalbordino</b>	0873 900 598

## Health Districts

Competence Area	Address	Telephone	Fax
<b>Area Pescara District</b>			
Pescara Nord	Via Nazionale Adriatica Nord, 140 - Pescara	085 4253 457	085 4253 453 / 422
Pescara Sud	Via Rieti, 47 - Pescara	085 4254 041	085 4254 047
	<i>Branch</i> Via Pesaro, 50 - Pescara	085 4254 036	085 4254 050
<b>Area Metropolitana</b>			
Cappelle sul Tavo - Cepagatti	SS 602 - Cepagatti	085 974 535	085 9769 001
Città Sant'Angelo - Moscufo - Nocciano -	Largo Baiocchi - Città Sant'Angelo	085 4253 330	085 4253 300
Pianella	Via Santa Lucia, 13 - Pianella	085 971 376	
Spoltore	Via del Convento - Spoltore	085 4253 601	085 4253 600
<b>Area Montesilvano District</b>			
Montesilvano	Corso Umberto, 447 - Montesilvano	085 4253 371	085 4253 370
<b>Area Maiella Morrone District</b>			
Abbateggio - Alanno - Bolognano - Bussi sul Tirino - Caramanico - Castiglione a Casauria - Corvara - Cugnoli - Lettomanoppello - Manoppello - Pescosansonesco - Pietranico - Popoli - Roccamorice - Salle	Via Aldo Moro, snc - Popoli	085 9898 389	085 9898 405
San Valentino in Abruzzo Citeriore - Tocco da Casauria	Via Giovanni Falcone - San Valentino	085 9898 915	
Sant'Eufemia a Maiella - Scafa - Serramonacesca	Via della Stazione - Scafa	085 9898 815	085 9898 800
Torre de' Passeri - Turrialignani	Via Garibaldi, 20 - Torre de' Passeri	085 888 5318	085 888 3020
<b>Area Vestina District</b>			
Brittoli - Carpineto della Nora - Catignano - Civitaquana - Penne - Picciano - Vicoli - Villa Celiara	Via del Carmine, 107 - Penne	085 971 376	085 8276 500
Civitella Casanova - Collecervino - Elice - Farindola	Via F. Granchelli - Civitella Casanova	085 845 268	085 845 268
Loreto Aprutino - Montebello di Bertona	Via Chiarelli, 2 - Loreto Aprutino	085 8276 711	085 8276 700

## Health Districts

Base	Address	Telephone
Atri	Via Finocchi - Atri	Secretariat of the District 085 870 7813 Adi 085 870 7436 PUA 085 870 7730
Montorio al Vomano	Contrada Piane - Montorio al Vomano	Secretariat of the District 0861 429 901 Adi 0861 429 912 PUA 0861 429 911
Roseto degli Abruzzi	Via Adriatica - Roseto degli Abruzzi	Secretariat of the District 085 802 0869 Adi 085 802 0870 PUA 085 802 0866
Teramo	Circonvallazione Ragusa, 1 - Teramo	Secretariat of the District 0861 420 300 Adi 0861 420 388 PUA 0861 420 489
Val Vibrata	Via Lenin - Nereto	Secretariat of the District 0861 888 217 Adi 0861 888 233 PUA 0861 888 287

## Territorial Assistance Hospital (PTA)

The Territorial Assistance Hospital represents a new additional ASL structure which aims to offer health services of diagnosis and care to the citizens. At the PTA you can find: specialist and rehabilitation outpatient services, a medical laboratory, first aid points with an ambulance station, a CUP counter. Thanks to the number of services offered, the PTA is the meeting point between dis-

trict and hospital assistance, becoming an important reference point for the citizens, since it covers a bigger territorial area compared to the Health District area. In order to access the services provided by the PTA you can apply at one of the CUP counters of your ASL with an appointment request letter of your MMG/PLS (see section CUP).

## PTA - Territorial Assistance Hospital

Base	Address	Telephone
L'Aquila	Via Cesare Pavese, 1 - Frazione San Gregorio	0862 369 201
Pescina	Via Serafino Rinaldi	0863 8991
Tagliacozzo	Via Variante Tiburtina Valeria	0863 6991

## ASL 2 • LANCIANO VASTO CHIETI

### PTA - Territorial Assistance Hospital - Via Aventino, 25 - Casoli - Telephone 0872 9891

Services	Telephone	Services	Telephone
Dialysis Service	0872 989 241	Pharmacy	0872 989 239
First intervention	0872 989 223	Physical and Rehabilitation	
General Medicine Outpatients' Clinic	0872 989 253	Outpatients' Clinic	0872 989 206
Geriatric Outpatients' Clinic	0872 989 297	Radiology Service	0872 989 235
Medical laboratory	0872 989 238		

### PTA - Territorial Assistance Hospital - Viale Italia, 81 - Gissi - Telephone 0873 9471

Services	Telephone	Services	Telephone
Cardiology Outpatients' Clinic	0873 947 264	Medical laboratory	0873 947 219
Diabetes Service	0873 947 212	Outpatients' Ophthalmologic Clinic	0873 947 232
Ecodoppler Outpatients' Clinic		Pharmacy	0873 947 286
and Hypertension Holter ABPM	0873 947 264	Physical and Rehabilitation	
First intervention	0873 947 244	Outpatients' Clinic	0873 947 297
General Medicine Outpatients' Clinic	0873 947 264	Radiology Service	0873 947 227
Geriatric Outpatients' Clinic	0873 947 262		

## Community Hospitals

The Community Hospital is a structure for the care of patients who do not require standard hospitalisation for acute cases, though, at the same time, their health problems cannot be resolved at

home. The procedures implemented are part of the integrated system of diversified local healthcare, and it is the UVM that makes decisions on admitting and releasing patients.

## ASL 2 • LANCIANO VASTO CHIETI

Base	Structure	Address	Telephone
Casoli	Community Hospital - PTA	Via Aventino, 25	0872 9891

## Hospice

In these Centres a multi-professional team, with active involvement and participation of the patient and of his/her family, defines an individual care plan, characterized by a great flexibility, respecting the pace of life, habits and desires of the patient and his/her carers.

Here people affected by neoplasia and chronic disabling diseases undergo pain management.

You can access this structure at the request of an hospital doctor or of your MMG, then an UVM will contemplate the possibility of hospitalization.

## ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Structure	Address	Telephone
L'Aquila	Hospice Casa Margherita	Via Capo Croce, 1	0862 4096 201 / 214
Pescina	Hospice - Hospital	Via Serafino Rinaldi	0863 8991

## ASL 2 • LANCIANO VASTO CHIETI

Base	Structure	Address	Telephone	Fax
Lanciano	Hospice Alba Chiara	Via Belvedere, 65	0872 715 827	0872 728 809
Torrevicchia Teatina	Hospice Torrevicchia Teatina	Via Castelferrato	0871 357 019	0871 357 010

## ASL 3 • PESCARA

Base	Structure	Address	Telephone
Pescara	Hospice Bouganville	Via Renato Paolini, 47	085 4252 463

## ASL 4 • TERAMO

Base	Structure	Address	Telephone
Teramo	Hospice - ex Sanatorium	Hospital	0861 429 464



## The Territorial Healthcare System

The organisational structure of territorial healthcare services providing primary care includes units based on single professions (general practitioners and paediatricians, who may also work as part of networks and groups), as well as multi-professional entities that supply healthcare services by coordinating and integrating the activities of physicians, nurses, technicians, clinical specialists etc. Specifically, there are territorial polyclin-

ic networks (NCP, UTAP, Case della Salute, or "Houses of Health", UCCP, PTA, Studi Aperti, or "Open Offices") that are equipped with basic instrumentation and open to the public 12 hours a day, being operated in coordination with hospital structures.

These various organisations are active on the district level, addressing the healthcare needs of the local territory (see the list of names and acronyms on page 144).

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Service	Structure	Address	Telephone
L'Aquila	Open Office	Gruppo - PTA San Gregorio	Via Pavese	0862 369 201
	Open Office	Gruppo Collemaggio 1	Via Avezzano	0862 655 68
	Open Office	Gruppo Medici Uniti	Via Alcide De Gasperi	0862 265 26
	Open Office	Gruppo Movimento Medicina	Via Aldo Moro	0862 405 147
	Open Office	Gruppo San Salvatore	Via SS 80 C.C. Agorà	0862 351 001

### ASL 3 • PESCARA

Base	Structure	Address	Telephone
Penne	UCCP	Via Caselli	085 8276 633
Scafa	UCCP	Via Castellari, 23	085 9898 877

### ASL 4 • TERAMO

Base	Structure	Address	Telephone	Consulting hours
Montorio al Vomano	UCCP	Contrada Piane, 1	0861 4299 13	Mondays to Fridays 8.00-20.00; on Saturdays 8.00-13.00
Mosciano Sant'Angelo	Integrated NCP	Via Terracini	085 8020 894	Mondays to Fridays 8.00-20.00; on Saturdays 8.00-13.00
Sant'Egidio alla Vibrata	UCCP	Via Murri	0861 888 278	Mondays to Fridays 8.00-20.00; on Saturdays 8.00-13.00
Teramo	UCCP	Circonvallazione Ragusa,1	0861 420 417	opening soon
Villa Rosa	UCCP	Via Amendola	0861 888 910 0861 710 116	Mondays to Fridays 8.00-20.00; on Saturdays 8.00-13.00

## Primary care, registration at the National Health Service (SSN), European Card (TEAM) and the National Services Card (CNS)

You can register at the SSN going, in the reference District, at the Choice and Revocation Office where you can choose or change your general practitioner (MMG) and/or paediatrician (PLS).

In order to submit your registration you need your tax code, a self-certification of residence and a proof of identity.

With the registration at the SSN you will have the right to access the health primary assistance service which allows you to benefit from outpatient visits, prescription of medicines, specialist visits requests, several certificates.

To register a minor or a newborn see the section *Child or adolescent*; if you are a foreign citizen see the section *Foreigner or Italian abroad*. The doctors can choose to operate on their own or to join in Groups, Networks, or Associations, in order to guarantee a wider assistance usability for the citizens.

The **European Card of Disease Assistance (TEAM)** is released by the Financial Ministry and allows you to obtain health services in every UE country, in Norway, Iceland, Liechtenstein (SEE Countries) and in Switzerland, substituting the old paper module E111. The Card is sent to every citizen registered in the National Health Service at the last fiscal residence resulting at the tax record.

In case you don't receive it, or you lose or damage it, you can ask for a copy at the Internal Revenue Service or online at the website [www.agenziaentrate.gov.it](http://www.agenziaentrate.gov.it).

### THE HEALTHCARE CARD / NATIONAL SERVICES CARD (CNS)

The Healthcare Card in the form of the National Services Card (TS-CNS) represents a further technological advance in the Healthcare Card (TS), seeing that, in addition to the healthcare services normally available with the Healthcare Card, it provides access to the on-line services supplied by the public administration.

What sets it apart from the normal Healthcare Card is a gold-coloured microchip that permits secure recognition, safeguarding the privacy of users of the card when they make on-line contact with the government bodies. The TS-CNS is provided free of charge, being sent to all citizens covered by the National Healthcare System to replace their current Healthcare Card when it expires. The new card is normally valid for six years.

The Healthcare Card/National Services Card is a personal document that is valid immediately – without the need to request any form of activation – as:

- the National Healthcare Card (TS);
- the European Healthcare Card (TEAM), replacing Form E-111 and guaranteeing healthcare assistance in the European Union, as well as in Norway, Iceland, Liechtenstein and Switzerland, based on the pertinent regulations and statutes of the individual countries;
- the Healthcare Registration Booklet;
- the Tax Code Card.

To use the card as the National Services Card and access on-line public services, on the other hand, it must be activated at the district office windows for selecting or changing family physicians.

## Health Care for Italian citizens on temporary residence (domicile) for work-study-health

You can use this service if you are an Italian citizen and you temporarily live in a different municipality which is not your place of residence. You can choose a MMG/PLS at the ASL in which you live provided that you're

staying for more than 3 months and one year at the most, that your permit is renewable and duly documented exclusively for work-study-health reasons. You can refer to the Health District at the choice/revocation Office.

### ASL 2 • LANCIANO VASTO CHIETI

Base	Structure	Address	Telephone	Fax
Atessa	San Camillo de Lellis Hospital	Via Gramsci	0872 864 200	0872 864 200
Bucchianico		Piazza Roma	0871 381 056	0871 382 860
Casalbordino		Via Portanuova, 6	0873 900 598 / 700	
Casoli	Territorial Assistance Hospital	Via Aventino	0872 989 260 0872 989 302 / 303	
Castiglione Messer Marino		Via de Gasperi, 1	0873 978 440	
Chieti Centro	ex SS. Annunziata Hospital	Via Tiro a Segno	0871 358 743 / 718 0871 358 790 / 784	
Chieti Scalo		Via De Litio, 24	0871 358 461	
Francoforte al Mare		Contrada Alento	085 9174 226 / 211	085 4911 372
Gissi	Territorial Assistance Hospital	Via Italia	0873 947 411 / 311	
Guardiagrele	SS. Immacolata Hospital	Via Anello, 15	0871 899 214	0871 899 314
Lama dei Peligni		Via Calata Frentana, 1	0872 91 438 / 420 / 397 0872 91 587 / 0872 916 148	
Lanciano		Via Don Minzoni	0872 706 906 0872 700 451	0872 706 951
Miglianico		Via Costa della Forma, 22	0871 958 040	0871 958 014
Ortona		Piazza San Francesco, 4	085 9173 307 / 305	085 9173 301
San Salvo		Via Alcide De Gasperi	0873 544 91	0873 343 633
Torricella Peligna		Via Brigata Maiella	0872 969 459	
Vasto		Via Michetti, 86	0873 308 782 / 729	
Villa Santa Maria		Via Roma, 37	0872 944 308 / 460	0872 706 365

### ASL 3 • PESCARA

District Area	Supplies department	Address	Consulting hours
Pescara	Pescara Nord	Via Nazionale Adriatica Nord, 140	Mondays to Fridays 8.15-12.15 on Tuesdays 15.00-17.00
	Pescara Sud	Via Rieti, 47	Mondays to Fridays 8.15-12.00
Metropolitana	Cepagatti	SS 602	on Mondays, Wednesdays and Thursdays 9.00-12.00
	Città Sant'Angelo	Largo Baiocchi, 1	on Tuesdays 15.00-17.00
	Spoltore	Via del Convento	on Tuesdays and Wednesdays 8.45-12.00, on Thursdays 15.00-17.00
Maiella Morrone	Popoli	Via Saffi, 116	on Mondays, Wednesdays and Saturdays 8.30-13.00
	Scafa	Via della Stazione	Mondays to Saturdays 8.30-12.30
	Tocco da Casauria	Via XX Settembre, 144	Mondays to Saturdays 11.00-12.00
Vestina	Penne	Contrada Carmine, 107	Mondays to Saturdays 8.30-12.00

## Medicines

The ASL provides, at the request of a doctor, the distribution of the medicines listed in the National Pharmaceutical Handbook through the pharmacies of the territory. The hospital pharmacies distribute directly some categories of medicines, as: medi-

cines for the treatment of patients in discharge, medicines classified as H range (hospital use), medicines for therapeutic continuity, artificial feeding devices, medicines and equipment for patients under Integrated Home Assistance (ADI).

## Home Care

If you are an oncology patient, if you are affected by vascular pathologies, if you have severe fractures etc., you can continuously access integrated medical, nursing, rehabilitative, and socio-assistential servic-

es, according to personalized intervention plans and care profiles alternative to hospitalization. In order to benefit from it refer to your MMG/PLS and/or to the Health District (see *Integrated Home Assistance - ADI*).

## Integrated Home Care (ADI)

Home assistance refers to the sum total of all activities of assistance and medical care provided in support of an individual and his or her family, in the interests of supporting both patients and those who care for them, all so as to establish, through adequate support and assistance, conditions that allow the patient to continue living in his or her own environment, in this way avoiding any form of abandonment or relegation to the margins of society.

Home care is defined as a mode of medical and social care provided at the patient's domicile (meaning his or her habitual living environment, whether it be their home, a supervised community, a rest home) in a continuous, integrated manner, based on the nature and complexity of the needs of the individual being treated. The primary operators in the home care system are:

- district services;
- general practitioners and/or paediatricians;
- the organisations that manage social welfare services;
- the system of family and volunteer networks;
- other healthcare agency services in local areas and hospitals.

Home care services are obtained through the PUA, or unified access point, found in each District. The PUA is normally contacted by the general practitioner or by other healthcare structures (hospitals, RSA etc.). Once a request is received by a PUA then, depending on the type of care involved, a UVM, or Unit of Multidimensional Evaluation is brought into play. Consisting of specialists in a variety of fields, they evaluate the patient and draw up the PAI, or individual care plan.

List of types of home care (Annex E to Regional Council Decree no. 224/2007)					
	Type of home care	Definition	Intensity (CIA = GEA/GDC)*	Professional figures called for, based on the PAI and the average time in minutes of home access	Operating time of service (between 8 am and 8 pm)
1	Service-based home care (Occasional or planned clinical care)	Response consisting of professionally qualified services meeting specific medical, nursing and/or rehabilitative needs that, even if they are repeated over time, do not require a multi-dimensional evaluation or the formulation of a multidisciplinary care plan		Nurse (30') Physiotherapist (30') Physician (30')	5 days a week 8 hours a day
2A	First-level integrated home care (formerly ADI)	Type of care meant for patients who, though they do not present especially critical problems or complex symptoms, have need of continuous care and treatment distributed over a 5-day schedule	Up to 0.30	Nurse (30') Physiotherapist (30') Physician (30') Socio-medical operator (60')	5 days a week 8 hours a day
2B	Second-level integrated home care (formerly ADI)	Type of care meant for patients who, though they do not present especially critical problems or complex symptoms, have need of continuous care and treatment distributed over a 6-day schedule	Up to 0.50	Nurse (45') Physiotherapist (45') Dietician (30') Physician (45') Socio-medical operator (60'-90')	6 days a week 10 hours a day, Monday through Friday 6 hours on Saturday
3A	Third-level integrated home care (formerly OD)	Care consisting of professional treatment for patients who have needs with a high level of complexity in the presence of specific critical problems	Greater than 0.50	Nurse (60') Physiotherapist (60') Dietician (60') Psychologist (60') Physician and/or specialised physician (60') Socio-medical operator (60'-90')	7 days a week 10 hours a day, Monday through Friday 6 hours a day on weekends and holidays Continuous medical care guaranteed
3B	Palliative care for the terminally ill (formerly OD CP)	Care consisting of professional treatment for patients who have needs with a high level of complexity in the presence of specific critical problems	Greater than 0,60	Nurse (60') Physiotherapist (60') Dietician (60') Psychologist (60') Physician and/or specialised physician (60') Socio-medical operator (60'-90')	7 days a week 10 hours a day, from Monday to Friday 6 hours a day on weekends and holidays Continuous medical care guaranteed 24 hours

\* CIA = Care Intensity Coefficient GEA = Day of Effective Assistance GDC = Days of Care (duration of PAI)

## Family Planning Clinics

At the Family Planning Clinics you will find a social health service addressed to men, women, kids (see *Other rights of adolescents*), individuals or couples, that will help you preventing and solving personal and interpersonal problems of families or couples, helped by social workers, psychologists, obstetricians, gynecologists, paediatricians, nurses. The advisory service is free and you can access it without medical prescription. The access is available for Italian and foreign citizens and for temporary residents. Family Planning Clinics main activities are:

- psychological and social consultancy and support, health education and prevention of social distress addressed to individuals, couples or families;

- pre-conceptional, pregnancy and post-pregnancy social health assistance. Check-ups during pregnancy, childbirth preparation courses, obstetrical postpartum assistance (also at home);
- youth consultancy service, sexual education;
- contraceptive education, consultancy on sexually transmitted diseases, on voluntary interruption of pregnancy and emergency contraception;
- health care for women before and during menopause;
- prevention of cervical and breast cancer;
- family mediation for separated people.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

#### Family Planning Clinics

Base	Address	Telephone	Consulting hours
<b>Area L'Aquila</b>			
L'Aquila	P.O. Collemaggio	0862 368 844 / 950	Mondays to Fridays 9.00-13.00 Mondays to Thursdays also 15.30-17.30
Montereale	Via Molinella, 1	0862 901 022	on Mondays, Tuesdays and Thursdays 9.00-13.00
Paganica	Via Fioretta,35	0862 686 82	Mondays to Fridays 9.00-13.00 on Tuesdays and Thursdays also 15.30-17.30
Rocca di Mezzo	SS 5 bis	0862 917 338	on Wednesdays 9.00-13.00
San Demetrio	Via XXIV Maggio	0862 810 141	on Mondays, Tuesdays, Thursdays and Fridays 9.00-13.00 on Mondays and Tuesdays also 15.00-17.00
<b>Area Marsica</b>			
Avezzano	Via Monte Velino, 18	0863 4998 48 / 49 / 46	on Mondays and Thursdays 8.00-19.00 on Tuesdays 8.00-17.00; on Wednesdays 8.00-18.00 on Fridays 8.00-14.00
Carsoli	Via Mazzini, 1	0863 909 435	on Mondays and Fridays 8.00-14.00 on Tuesdays 8.30-14.30
Celano	Via della Sanità	0863 711 173	on Tuesdays 8.00-17.00; on Wednesdays and Thursdays 8.00-14.00
Civitella Roveto	Piazzale della Stazione	0863 979 051	on Mondays, Wednesday, Thursdays and Saturdays 8.00-14.00 on Tuesdays 8.00-17.00; Thursdays also 15.00-18.00
Luco dei Marsi	Via Mascagni	0863 52436	Mondays to Saturdays 8.00-14.00 on Tuesdays and Thursdays also 15.00-19.00

## Family Planning Clinics

Base	Address	Telephone	Consulting hours
<b>Area Marsica</b>			
Pescina	Via Serafino Rinaldi	0863 899 1	Mondays to Saturdays 8.00-14.00 on Thursdays also 15.00-18.00
Tagliacozzo	Via Tiburtina Variante	0863 6992 60 / 64 / 61	on Mondays and Thursdays 8.30-18.00 on Tuesdays 8.30-14.00 on Wednesdays and Fridays 8.30-14.30
<b>Area Pelino-Sangrina</b>			
Castel di Sangro	Via De Pedra	0864 899 287	Mondays to Saturdays 8.30-14.00 on Tuesdays and Thursdays also 14.30-17.30
Castelvecchio Subequo	Via Nazionale <i>Social welfare only</i>	0864 90722 / 714	on Mondays and Wednesdays 8.30-13.30 and 14.30-18.00 on Tuesdays, Thursdays, Fridays and Saturdays 8.30-14.00
Pratola Peligna	Via Valle Madonna	0864 272 910	Mondays to Fridays 8.30-14.00 on Mondays and Thursdays also 15.00-18.00
Sulmona	Via Gorizia, 4	0864 499 63 / 608 / 620	Mondays to Fridays 8.30-14.00 on Mondays also 15.00-19.00; on Wednesdays also 16.00-19.00 on Thursdays also 15.00-18.00

## ASL 2 • LANCIANO VASTO CHIETI

Family Planning Clinics Toll-free number 800 214 57 **active Mondays to Fridays 9.00-12.00,  
on Tuesdays and Thursdays also 15.00-17.00**

Base	Address	Telephone
Atessa	Hospital - Via Ianico	0872 864 309 - 0871 864 205
Casalbordino	Via Porta Nuova, 8	0873 902 285
Casoli	Via Aventino	0872 989 256
Castiglione Messer Marino	Health District - Via Alcide De Gasperi	0873 978 440 - 0873 397 8235
Chieti	Via Nicola Nicolini, 1	0871 358 213 / 860 / 844
Chieti Scalo	Piazzale Marconi	0871 565 102
Fossacesia	Health District - Via Polidori	0872 607 708
Franca Villa al Mare	Health District - Via Valle Anzuca	085 810 626
Gissi	Health District - Via Italia	0873 947 321 - 0873 947 311
Guardiagrele	Hospital - Via Marruccina, 28	0871 899 233
Lama dei Peligni	Health District - Via Calata Frentana, 1	0872 91397
Lanciano	Via Don Minzoni, 28	0872 721 301 / 305 / 309 / 310
Ortona	Piazza San Francesco	085 9173 220 / 221
San Giovanni Teatino	Via Cavour, 2/4	085 446 3505
San Salvo	Via Pascoli	0873 343 262
San Vito Chietino	Via Raffaello Sanzio, 53	0872 61452
Vasto	Health District - Via Michetti	0873 308 762 / 753 / 760 / 764
Villa Santa Maria	Health District - Via Roma, 2	0872 944 460

## ASL 3 • PESCARA

### Family Planning Clinics

[consultori@ausl.pe.it](mailto:consultori@ausl.pe.it)

Base	Address	Telephone	E-mail
Catignano	Town Hall	085 841 615	
Città Sant'Angelo	Largo Baiocchi	085 4253 305 / 322	<a href="mailto:consultorio.csa@ausl.pe.it">consultorio.csa@ausl.pe.it</a>
Montesilvano	Corso Umberto, 447	085 4253 351 / 352 / 365 / 364	<a href="mailto:consultorio.montesilvano@ausl.pe.it">consultorio.montesilvano@ausl.pe.it</a>
Penne	Contrada Carmine, 107	085 8276 522 / 3 / 4 / 5	<a href="mailto:consultorio.penne@ausl.pe.it">consultorio.penne@ausl.pe.it</a>
Pescara	Via Milli, 2	085 4254 980	<a href="mailto:consultorio.viamilli@ausl.pe.it">consultorio.viamilli@ausl.pe.it</a>
Pescara Nord	Via Nazionale Adriatica Nord, 140	085 4253 470 / 1 / 2	<a href="mailto:consultorio.penornd@ausl.pe.it">consultorio.penornd@ausl.pe.it</a>
Pescara Sud	Via Pesaro, 50	085 4253 975 / 903	<a href="mailto:consultorio.pescarasud@ausl.pe.it">consultorio.pescarasud@ausl.pe.it</a>
<b>Pescara - Non EU Outpatients' Clinic</b>			
	Via Pesaro, 50	085 4253 960	
Pianella	Via Santa Lucia	085 971 376	
Popoli	Via Aldo Moro, snc	085 9898 392 / 394 / 406	<a href="mailto:consultorio.popoli@ausl.pe.it">consultorio.popoli@ausl.pe.it</a>
Scafa	Viale della Stazione	085 9898 817	<a href="mailto:consultorio.scafa@ausl.pe.it">consultorio.scafa@ausl.pe.it</a>
Spoltore	Via del Convento	085 4253 611	<a href="mailto:consultorio.spoltore@ausl.pe.it">consultorio.spoltore@ausl.pe.it</a>

## ASL 4 • TERAMO

### Family Planning Clinics

Base	Address	Telephone
Atri	Via Finocchi	085 8707 821 / 827 / 846
Giulianova	Via Ospizio Marino	085 8020 809 / 810 / 811
Montorio al Vomano	Contrada Piane	0861 429 904 / 905 / 910
Nereto	Via Marco Iachini	0861 888 241 / 246 / 247 / 279
Roseto degli Abruzzi	Piazza Marco Polo	085 8020 888 / 889 / 890 / 891
Silvi	Via Taranto	085 9352 796
Teramo	Contrada Casalena	0861 420 528 / 592 / 594 / 598 / 596
Tortoreto	Via Isonzo	0861 787 700

## How to ask for prosthetic and rehabilitation devices

You can ask for prosthesis and aids (beds, wheelchairs, braces, walking frames, ocular prosthesis and hearing aids, medical corsets, etc.) for social and functional recovery

if you are affected by a physical and sensory discomfort. You have to apply at the Rehabilitation Service in your ASL, attaching the documentation of your specialist doctor.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Address	Telephone
Avezzano	ex Polio Centre - Via Don Minzoni, 82	0863 499 025 / 026
Castel di Sangro	Via Vaccaio, 3	0864 843 255
L'Aquila	Via Gaetano Bellisari - Collemaggio	0862 368 844 / 950
Sulmona	Via Gorizia, 4	0864 499 617

### ASL 2 • LANCIANO VASTO CHIETI

Base	Service	Structure	Address	Telephone
Atessa	PUA	District supplies department	Via Ianico	0872 864 264
Casoli	PUA	District supplies department		0872 989 302 / 303
Casalbordino	PUA	District supplies department	Via Porta Nuova, 6	0873 900 598
Castiglione Messer Marino	PUA	District supplies department	Via Alcide De Gasperi	0873 975 055 0873 947 319
Chieti	PUA		Via Tiro a Segno	0871 357 875
Francavilla al Mare	PUA	Health District	Contrada Alento	085 9174 227 / 206 / 218
Gissi	PUA	Health District	Via Italia	0873 975 055 0873 947 319
Guardiagrele	PUA	Health District	Via Anello, 10	0871 899 304
Lama dei Peligni	PUA	District supplies department		0872 916 148
Lanciano	PUA	Health District	Via Don Minzoni	0872 706 953
Ortona	PUA	Health District	Piazza San Francesco, 4	085 917 3305 / 3307
San Salvo	PUA	District supplies department	Via Alcide De Gasperi	0873 544 9239
Torricella Peligna	PUA	District supplies department		0872 969 382
Vasto	PUA	Health District	Via Michetti, 86	0873 308 738
Villa Santa Maria	PUA	Health District	Via Roma, 37	0872 944 460

### ASL 3 • PESCARA

Base	Service	Structure	Address	Telephone / Fax
Penne	Rehabilitation Service	Health District	Contrada Carmine, 107	085 8276 529 / 530
Pescara	Rehabilitation Service	Old Hospital ex Surgery	Via Renato Paolini, 45 ground floor	085 4254 962 / 965 085 4254 968 / 969 fax 085 4254 961
Popoli	Rehabilitation Service	Health District	Via Aldo Moro, 10	085 9898 372

### ASL 4 • TERAMO

Base	Address	Telephone
Atri	Via Finocchi	085 870 7823 / 7829
Giulianova	Hospital - Via Gramsci	085 802 0933
Nereto	Via Lenin	0861 888 203 / 235
Teramo	Via Cesare Battisti, 7	0861 429 980 / 981 / 982

## How to obtain integrative assistance

This service provides disposable medical devices (incontinence pads, catheters, devices for ostomates), devices for diabetics, diet products if you are affected by

celiac diseases or metabolic congenital abnormalities, and diet aprotic products for nephropathic patients and oxygen therapy.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Address	Telephone
Avezzano	ex Polio Centre - Via Don Minzoni, 82	0863 499 025 / 026
Castel di Sangro	Via Vaccaio, 3	0864 843 255
L'Aquila	Via Gaetano Bellisari - Collemaggio	0862 368 844 / 950
Sulmona	Via Gorizia, 4	0864 499 617

### ASL 2 • LANCIANO VASTO CHIETI

*You can address the PUA in the Health Districts and in the Districts Supplies Departments*

### ASL 3 • PESCARA

#### Rehabilitation Service

Base	Structure	Address	Telephone	Fax
Penne	Health District	Contrada Carmine, 107	085 8276 529 / 530	
Pescara	Old Hospital ex Surgery	Via Renato Paolini, 45 ground floor	085 4254 964 / 965 / 963	085 4254 961
Popoli	Health District	Via Aldo Moro, 10	085 9898 372	

### ASL 4 • TERAMO

<b>Disposable medical devices</b>	On specialist prescription, to hand over to the Rehabilitation Service (see addresses and telephone numbers at page 51), the devices are distributed through the Service itself and/or through Hospital Pharmacies
<b>Home oxygen therapy</b>	Can be obtained with a prescription from a respiratory specialist, who sends the request to the pharmaceutical service, which makes arrangements for the delivery
<b>Diet products for celiac people</b>	On certification of the Regional Reference Centre, to hand over to the authorized Health District, you can go to every pharmacy or store operating within the National Health Service
<b>Diet products for nephropathic patients</b>	On prescription of the hospital or university nephrologist, you can go directly to the Hospital Pharmacies



## How to obtain the direct distribution of medicines

You can collect your medicines directly at the Hospital Pharmacy if you are a discharged patient, if you use medicines classified as H range (Hospital), medicines for PTH (Hospital Therapeutic Handbook), apoteic products, artificial feeding and medicines for patients on ADI (Integrated Home Assistance).

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Structure	Address	Telephone
Avezzano	Hospital	Via G. Di Vittorio	0863 499 414
Castel di Sangro	Hospital	Via della Croce	0864 899 216
L'Aquila	Hospital	Via L. Natali - Località Coppito	0862 368 587
Sulmona	Hospital	Viale G. Mazzini	0864 499 269

### ASL 2 • LANCIANO VASTO CHIETI

Base	Structure	Address	Telephone
Atessa	Hospital	Via Antonio Gramsci, 1	0872 864 415
Chieti	Hospital	Via dei Vestini	0871 358 206
Guardiagrele	Hospital	Via Anello, 10	0871 899 271
Lanciano	Hospital	Via per Fossacesia, 1	0872 706 495
Ortona	Hospital	Contrada Santa Liberata	085 917 2243 / 2202
Vasto	Hospital	Via San Camillo de Lellis	0873 308 338

### ASL 3 • PESCARA

Base	Structure	Address	Telephone	Consulting hours
Penne	Hospital Pharmacy Hospital	Via Battaglione Alpini, 1	085 8276 260 / 329 085 8276 389 fax 085 8276 390	on Mondays, Wednesday and Fridays 11.00-13.30 on Tuesdays and Thursdays 9.30-13.30
Pescara	Hospital Pharmacy Hospital	Via Renato Paolini, 45	085 4252 383 fax 085 4252 918	Mondays to Fridays 9.00-14.00; Saturdays and Eves of holidays 9.00-13.00
Popoli	Hospital Pharmacy Hospital	Via Saffi, 118	085 9898 203 fax 085 9898 421	on Tuesdays and Thursdays 10.00-13.00

### ASL 4 • TERAMO

Base	Structure	Address	Telephone
Atri	Hospital	Viale Risorgimento	085 8707 508
Giulianova	Hospital	Via Antonio Gramsci	085 8020 410 / 277
Sant'Omero	Hospital	Via alla Salara, 69	0861 888 320
Teramo	Hospital	Piazza Italia	Medicines distribution 0861 429 715 Distribution of medical devices for diabetics and ostomates 0861 429 782

## How to ask for transport for disabled people

You can ask for ambulance transport if you are not transportable with common means of transport because you're on a stretcher, to go to and from public or accredited health stations for hospitalization, therapeutic/diagnostic Day Hospital, outpatient rehabilitative treatments, radiotherapy or antitlastic treatments, specialist visits.

The certification of non transportability with common means of transport has to be written by the MMG/PLS and authorized by your Health District, by the de-

partment doctor and by the Health Director or by the doctor of the accredited structure and authorized by the territorial Health District. After that you can book the ambulance in the structures operating within your ASL.

### TRANSPORT FOR PERSONS IN DIALYSIS

If you are a person in dialysis, your transport is directly managed by the dialysis department of the Hospital.

## Forensic Medicine

This service provides administrative and certification activities through the application of medical knowledge on law.

Activities:

- A-B and superior driving licences grant and renewal;
- grant and renewal of boating licences;
- grant and renewal of gun licences;
- fiscal visits and medical-legal certifications;

- assessment of psychophysical fitness to work;
- visits for *cessione del quinto* (loan paid back through deduction of one fifth of the paycheck);
- suitability to conduct toxic gases and steam boilers;
- medical waivers for safety belts;
- visits for disabled parking permits.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Address	Telephone
Avezzano	Via Monte Velino, 18	0863 499 827
Castel di Sangro	Corso Vittorio Emanuele, 43	0864 899 276
L'Aquila	Via Gaetano Bellisari - Collemaggio	0862 368 928
Sulmona	Via Gorizia, 4	0864 499 609

**ASL 2 • LANCIANO VASTO CHIETI****Forensic Medicine 0871 358 749**

Base	Address	Telephone
Chieti	Via Martiri Lancianesi, 19	0871 358 744
Lanciano	Via Silvio Spaventa, 37	0872 706 749
Vasto	Via Michetti, 86	0873 308 771 / 792 / 793

**ASL 3 • PESCARA****Licences Renewal Office**

Base	Structure	Address	Telephone
Cepagatti	Health District	Via Duca degli Abruzzi	085 974 535
Città Sant'Angelo	Health District	Largo Baiocchi, 2	085 4253 306
Montesilvano	Health District	Corso Umberto, 447	085 4253 359
Penne	Health District	Contrada Carmine	085 8276 537 / 534
Pescara Sud	Health District	Branch - Via Pesaro, 50	085 4254 058
Popoli	Health District	Via Aldo Moro, 10	085 9898 804
Scafa	Health District	Via della Stazione, 61	085 9898 812
Spoltore	Health District	Via del Convento	085 4253 601 / 607

**ASL 4 • TERAMO****Forensic Medicine 0861 429 943 / 970**

Base	Structure	Address	Telephone / Fax	Consulting hours
Atri	Health District	Via Finocchi, 1	085 8707 804 085 8707 806 085 8707 807 fax 085 8707 818	on Mondays 8.30-12.00 on Tuesdays 10.00-12.30 on Wednesdays 10.00-12.30 and 15.00-17.00 on Thursdays 8.30-12.00 on Fridays 8.30-11.00
Giulianova		Via Ospizio Marino, 8	085 8020 807 / 812	on Tuesdays and Thursdays 9.00-13.00 and also 15.30-18.00
Montorio al Vomano	Health District	Contrada Piane	0861 429 902 / 911 fax 0861 429 908	Mondays to Fridays 8.30-13.00
Nereto	Health District	Via Marco Iachini	0861 888 215 fax 0861 888 219	Mondays to Fridays 8.30-12.30
Roseto degli Abruzzi	Health District	Via Adriatica	085 8020 864 / 867	on Mondays, Wednesdays and Fridays 9.00-13.00
Teramo	Uoc Main Office Forensic Medicine and Social Safety	Via Cesare Battisti, 7	0861 429 943 / 944	Mondays to Fridays 8.30-12.30 on Tuesdays and Thursdays also 15.30-17.00

**How to ask for...****HANDICAP ASSESSMENT LAW 104/92 AND LAW 118/71**

You have to go to your MMG/PLS who will draft the certification online and send it to the INPS, then you will have to go to a Patronage, who will fill the form in and send

it to the INPS online. The INPS will then call you for a visit and after that will send the record to your address.

**COMPENSATION FOR WHO SUFFERED DAMAGES LAW 210/92**

You can ask for it if you have been damaged by complications set in because of mandatory vaccinations and blood or

blood products transfusions. The forensic medicine unit executes the preliminary phase of the practice.

**ISSUE OF SPECIAL LICENCES**

You have to ask for this licence if you are an handicapped person, or you suffer from organic diseases such as heart diseases, diabetes, epilepsy, etc. after a visit made

by the Local Medical Commission for Licences (CML). You have to apply at the CML at the Forensic Medicine Service, providing your health documentation.

**ASL 1 • AVEZZANO SULMONA L'AQUILA**

Base	Structure	Address	Telephone
L'Aquila	Health District	Via Gaetano Bellisari - Collemaggio	0862 22209

**ASL 2 • LANCIANO VASTO CHIETI**

Base	Structure	Address	Telephone
Chieti	Provincial commission	Via Martiri Lancianesi, 19	0871 358 764

**ASL 3 • PESCARA**

Base	Structure	Address	Telephone
Pescara Sud	Health District	Via Pesaro, 50 branch	085 4254 058

**ASL 4 • TERAMO**

Base	Structure	Address	Telephone / Fax	Consulting hours
Teramo	Forensic Medicine	Via Cesare Battisti, 7	0861 429 943 / 944 fax 0861 429 989	12.30-13.30

## DISABLED PARKING PERMITS

You can ask for it if your ability to walk is markedly reduced. You have to apply at the Forensic Medicine Service providing the medical documentation which certifies your state of health. You will be given an appointment for a medical visit through which, if your reduced ability to walk will be certified,

you will be issued a certificate that you will have to show in your Municipality of residence.

The Municipality or the Police Headquarter will issue you a permit that will allow you to park in the reserved areas.

See addresses in *Forensic Medicine*.

## Prison Medicine

Since 2008 the SSN, and consequently the regional Health Service, are providing health assistance to inmates.

DGR no. 544/2008 has defined the way to transfer the health competences to the regional ASL and the organizational model which has provided the institution of Oper-

ative Units of Prison Medicine with tasks of coordination and administration of the activities, in order to guarantee the essential levels of assistance in prison.

Every ASL guarantees prevention and primary and specialist assistance in every penitentiary of the territory.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Address	Telephone	Fax
Sulmona	Via Porta Romana, 3	0864 499 512	0864 499 513

### ASL 2 • LANCIANO VASTO CHIETI

Base	Service	Address	Telephone
Chieti	Prison Medical Clinic	Via Ettore Janni 30	0871 344 801
Lanciano	Prison Medical Clinic	Villa Stanazzo, 212a	0872 716 509
Vasto	Prison Medicine	Via Marco Polo, 55a	0873 308 607 / 618
	Prison Medical Clinic	Via Torre Sinello, 23a	0873 310 901

### ASL 3 • PESCARA

Base	Service	Structure	Telephone
Pescara	Prison Medicine	Health Department	085 4253 591 fax 085 4253 590

The Office of Penitentiary Medicine of the Pescara ASL also provides psychological assistance to minors who enter the penitentiary system as wards of the Juvenile Court in its various forms

### ASL 4 • TERAMO

Base	Service	Structure	Address	Telephone
Teramo	Prison Medicine	General Direction	Circonvallazione Ragusa, 1	0861 420 215
	Intramural Health Service	Prison	Contrada Castrognone	0861 417 486

The Office of Penitentiary Medicine of Teramo also provides psychological assistance to minors who enter the penitentiary system as wards of the Juvenile Court in its various forms. For information: 0861 420 215

## Hospitals

Hospitals (*Presidi Ospedalieri*, PO) contribute to promote, maintain and restore the health conditions of the population, ensuring specialist services for hospitalized, Day Hospital and Day Sur-

gery patients, and also outpatient treatments. They are organized in Departments, made up by Simple Operative Units (UOs), Complex (UOC) or Departmental (UOSD).

### ASL 1 • AVEZZANO SULMONA L'AQUILA

#### Avezzano - SS. Filippo e Nicola Hospital - Via G. Di Vittorio - Telephone 0863 4991

Health Department	telephone	0863 499 386	fax	0863 499 388
Administrative Department	telephone	0863 499 706	fax	0863 499 281

Service - Operative Unit	Telephone	Service - Operative Unit	Telephone
Allergology	0863 499 738	Infectious Diseases	0863 499 298
Anaesthesia	0863 499 377	Intensive Care	0863 499 356
Angiology	0863 499 323	Medical Laboratory	0863 499 742
Blood Transfusion Centre	0863 499 420	Morbid Anatomy	0863 499 472
Brief Intensive Observation (Obi)	0863 499 972	Neurology	0863 499 269
Cardiology - UtiC	0863 499 449	Neurosurgery	0863 499 322
Clinical Pathology	0863 499 742	Oncology	0863 499 249
Diabetes	0863 499 334	Ophthalmology	0863 499 242
Dialysis	0863 499 372	Otolaryngology	0863 499 225
Digestive Endoscopy	0863 499 312	Paediatrics and Neonatology	0863 499 217
First Aid	0863 499 329	Pharmacy	0863 499 414
General Medicine	0863 499 257	Radiology and Interventional Rx	0863 499 391
General Surgery	0863 499 232	Respiratory Physiopathology	0863 499 726
Geriatrics and Geriatric Long-term Care	0863 499 955	Vascular Surgery	0863 499 730
Gynecology and Obstetrics	0863 499 202	Urology	0863 499 225
Haematology	0863 499 498		

### ASL 1 • AVEZZANO SULMONA L'AQUILA

#### Castel di Sangro - San Francesco Caracciolo Hospital- Via della Croce - Telephone 0864 8991

Health Department	telephone	0864 899 203	fax	0864 899 296
Administrative Department	telephone	0864 899 206	fax	0864 899 332

Service - Operative Unit	Telephone	Service - Operative Unit	Telephone
Blood Collection Centre	0864 899 200 / 222	Haemodialysis	0864 899 232
Cardiology	0864 899 247	Internal Pharmacy	0864 899 216
Diabetes	0864 899 253	Medical Laboratory	0864 899 260
First Aid	0864 899 265 / 201	Obstetrics Outpatients' Department	0864 899 225
General Medicine	0864 899 298	Orthopaedics and Traumatology	0864 899 282
General Surgery	0864 899 282	Radiology	0864 899 256

**L'Aquila - San Salvatore Hospital - Via Lorenzo Natali - Località Coppito**

Service - Operative Unit	Telephone	Service - Operative Unit	Telephone
Health Department	0862 368 513 / 514	Pneumology	0862 368 629
Administrative Department	0862 368 504	SR	0862 368 298
Anaesthesia and Intensive Care and Post-intensive Therapy	0862 368 646	Surgical Senology - Outpatients' Clinic	0862 368 730
Breast Unit	0862 368 730	Surgical Senology - Department	0862 368 536
Cardiology	0862 368 641	Territorial Pharmaceuticals	0862 368 277
CRIT	0862 368 568	Territorial Rehabilitation	0862 368 444
Dentistry	0862 368 521	University Anaesthesia and Intensive Care 2	0862 368 646
Dermatology	0862 368 595	University Gastroenterology	0862 368 760
Diabetes	0862 368 675	Hepatology and Nutrition	
Dialysis	0862 368 745	University General Surgery	0862 368 307
Endocrinology	0862 368 678	University Gynecology and Obstetrics	0862 368 291 0862 368 779
First Aid	0862 368 393 / 395	University Infantile Neuropsychiatry	0862 368 510
Geriatrics	0862 368 580	University Internal Medicine 1	0862 368 571
Haematology	0862 368 354 / 359	University Internal Medicine 2	0862 368 585
Haematology - Day Hospital	0862 368 595	University Maxillofacial Surgery	0862 368 521
Health Physics	0862 368 305	University Medical Andrology	0862 368 338
Helicopter	0862 463 011	University Medical Genetics	0862 368 591
Hospital General Surgery	0862 368 312	University Medical Oncology	0862 368 750
Hospital Gynecology and Obstetrics	0862 368 665	University Neurological Clinic	0862 368 324
Hospital Internal Medicine	0862 368 315	University Neurosurgery	0862 368 213
Hospital Pharmacy	0862 368 587	University Oncologic and Molecular Dermatology	0862 368 518
Hospital Radiology 1	0862 368 768	University Ophthalmology Clinic	0862 368 732
Hospital Rehabilitation	0862 368 705	University Organ Transplants	0862 368 256
Infectious Diseases	0862 368 274	University Paediatric Clinic	0862 368 607
Internal Medicine and Néphrologie	0862 368 315	University Radiology 2	0862 368 774
Long-term Care and Rehabilitation	0862 368 577	University Radiotherapy	0862 368 795
Medical laboratory (Laboratory Medicine)	0862 368 689 0862 368 686	University Surgery and Endoscopic Diagnostics	0862 368 560
Morbid Anatomy	0862 368 767	University Vascular and Endovascular Surgery	0862 368 307
Neonatology and Intensive Neonatal Therapy	0862 368 780	Urgency - Medical Emergency - 118 and Neonatal Transport	0862 368 764
Neuro-Physiopathology	0862 368 777	Urology	0862 368 231
Neurology	0862 368 324	Uric	0862 368 598
Nuclear Medicine	0862 368 770		
Orthopaedics	0862 368 269		
Otolaryngology	0862 368 536		

**Sulmona - SS. Annunziata Hospital - Viale Giuseppe Mazzini - Telephone 0864 4991**

Health Department	telephone 0864 499 351	fax 0864 499 368
Administrative Department	telephone 0864 499 374	fax 0864 499 375

Service - Operative Unit	Telephone	Service - Operative Unit	Telephone
Allergology	0864 499 253	Nuclear Medicine	0864 499 267
Anaesthesia and Intensive Care	0864 499 270	Obstetrics and Gynaecology	0864 499 263
Blood Transfusion Centre	0864 499 431	Ophthalmology	0864 499 388
Cardiology - Uric	0864 499 227 / 385	Orthopaedics	0864 499 287
Diabetes	0864 499 308	Otolaryngology	0864 499 452
First Aid	0864 499 232	Paediatrics and Neonatology	0864 499 229
General Surgery	0864 499 410	Pharmacy	0864 499 269
Haematology - Oncology	0864 499 298	Physic Therapy	0864 499 296
Medical Laboratory	0864 499 250	Radiology	0864 499 283
Medicine - Geriatrics	0864 499 398	Surgical Endoscopy	0864 499 211
Morbid Anatomy	0864 499 200	Surgical Laparoscopy	0864 499 202
Nephrology and Dialysis	0864 499 360	Urology	0864 499 234
Neurology	0864 499 447	Vascular Diagnostic - Angiology	0864 499 399

**Atessa - San Camillo de Lellis Hospital - Via Antonio Gramsci, 1 - Switchboard 0872 8641**

Service - Operative Unit	Telephone	Service - Operative Unit	Telephone
Blood Collection Centre	0872 864 310	Medicine and Long-term Care	0872 864 320
Clinical Pathology (Medical Laboratory)	0872 864 294	Pharmacy	0872 864 236
Diabetes Service	0872 864 348	Radiology	0872 864 229
Dialysis Service	0872 864 417	Rehabilitation	0872 864 336
Endoscopy Service	0872 864 214	Surgery Aro (Orthopaedics/Surgery)	0872 864 225
First Aid	0872 864 250		

**ASL 2 • LANCIANO VASTO CHIETI**
**Chieti - SS. Annunziata Hospital - Via dei Vestini - Switchboard 0871 3571 / 3581**

Service - Operative Unit	Telephone	Service - Operative Unit	Telephone
Allergology	0871 358 578	Internal Scan	0871 358 576
Anaesthesia and Intensive Heart Surgery Therapy (Tic)	0871 358 638	Medical Clinic	0871 358 056
Anaesthesia Institute	0871 358 404	Morbid Anatomy	0871 358 210
Arrhythmology	0871 357 342 / 344	Neonatology and Intensive Neonatal Therapy	0871 358 221 / 339
Artificial Feeding	0871 358 447	Nephrology Clinic and Dialysis	0871 358 634 / 658 0871 357 383
Cardiology (Service)	Secretariat 0871 358 622 Admission 0871 357 295 Head nurse 0871 357 486	Neurological Clinic	0871 358 525
Cardiology UTIC	Secretariat 0871 358 240 UTIC 0871 358 270	Nuclear Medicine	0871 357 474
Clinical Pathology (Medical Laboratory)	0871 358 242	Obstetric-gynaecologic Clinic	0871 358 647 0871 357 337
Clinical Pathology with Molecular Medicine and Predictive Diagnostics	0871 358 430 / 437	Oncologic Clinic	0871 358 006
Dentistry Clinic	0871 358 280 / 418	Ophthalmologic Clinic	0871 358 322 / 410
Dermatologic Clinic	0871 358 032	Orthopaedic and Traumatology Clinic	0871 358 263 / 359
Diagnostic and Interventional Hemodynamic	0871 357 359 0871 358 978	Ostomates Centre	0871 357 601
Diagnostic Radiology	0871 358 237 / 287	Paediatric Clinic	0871 358 015 / 021
Digestive Endoscopy	0871 358 579 / 580	Pain Therapy - Palliative Care	0871 358 478
Endocrinal Surgery	0871 358 202	Pneumology	0871 358 640 / 641
ENT Clinic	0871 358 260 / 375	Program of Medical Activities for Intensive Geriatric Care	0871 358 094 / 096
First Aid	0871 358 208 / 224	Radiotherapy	0871 358 244
Health Physics	0871 358 311 / 400	Short Observation and Urgency Medicine	0871 358 254 / 406
Heart Surgery Clinic	0871 358 666	Surgical Clinic - Thoracic Surgery	0871 358 284
Hemodepurative Therapy	0871 357 383	Surgical Pathology	0871 358 062 / 326
Hospital Pharmacy	0871 358 206 0871 357 568	Territorial Emergency	118
Immunohaematology and Transfusion Medicine Service (SIMIT) - Hematologic Day Hospital	0871 358 249	Urinary Stones Centre	0871 358 699 / 342 0871 357 600
Infectious Diseases Clinic	0871 358 686	Urology and Andrology Clinic	0871 358 253 / 415
		Vascular Surgery	0871 357 537 0871 358 209

**ASL 2 • LANCIANO VASTO CHIETI**
**Guardiagrele - Maria SS. Immacolata Hospital - Via Anello, 16 - Switchboard 0871 8991**

Service - Operative Unit	Telephone	Service - Operative Unit	Telephone
Blood Transfusion Centre	0871 899 215 / 231	Medical Laboratory	0871 899 206 / 226 0871 899 280
First Aid	0871 899 200	Pharmacy	0871 899 244
Geriatrics	0871 899 228 / 234	Radiology	0871 899 212 / 235
Internal Medicine and Long-term Care	0871 899 230 / 289		

**ASL 2 • LANCIANO VASTO CHIETI**
**Lanciano - Floraspe Renzetti Hospital - Via per Fossacesia, 1 - Switchboard 0872 7061**

Service - Operative Unit	Telephone	Service - Operative Unit	Telephone
Anaesthesia	0872 706 454 / 579	Nephrology and Dialysis	0872 706 203 / 214
Cardiology - UTIC	0872 706 225 / 354 0872 706 363	Neurology	0872 706 380 / 381
Cytodiagnosis	0872 706 308	Neurotraumatology	0872 706 343 / 344
Clinical Pathology (Medical Laboratory)	0872 706 373 / 456	Nuclear Medicine	0872 706 226 / 424
Consulting Room	0872 706 452	Obstetrics and Gynaecology	0872 706 312 / 313
Dentistry	0872 706 371 / 372	Oncology	0872 706 220 / 443
Dermatology	0872 706 263	Ophthalmology	0872 706 345
Diabetes	0872 706 411 / 620	Orthopaedics and Traumatology	0872 706 325 / 329
First Aid	0872 706 305 / 230	Otolaryngology	0872 706 403 / 572
Gastroenterology	0872 706 340 / 449	Paediatrics - Hospital Nursery	0872 706 317 / 471
Geriatrics	0872 706 386 / 388	Psychiatry - Mental Health Centre	0872 706 496 / 626
Intensive Care	0872 706 377 / 427 0872 706 532	Radiology	0872 706 246 / 320
Internal Medicine	0872 706 393 / 394	Rehabilitation	0872 706 441 / 497
Internal/Territorial Pharmacy	0872 706 243 / 281	Surgery	0872 706 311 / 335
Morbid Anatomy	0872 706 210 / 307	Transfusion Medicine	0872 706 259
		Urology	0872 706 340 / 358

**ASL 2 • LANCIANO VASTO CHIETI**
**Ortona - Gaetano Bernabeo Hospital - Contrada Santa Liberata - Switchboard 085 9171**

Service - Operative Unit	Telephone	Service - Operative Unit	Telephone
Anaesthesia and Intensive Care	085 9172 267 / 368	Ophthalmology	085 9173 227 085 9172 264
Breast Surgery	085 9172 228	Orthopaedics and Traumatology	085 9172 234 / 298
Cardiology	085 9172 303	Otolaryngology	085 9172 345
Clinical Pathology (Medical Laboratory)	085 9172 211 / 218	Paediatrics	085 9172 299 / 322
First Aid	085 9172 238 / 317 085 9172 882	Pharmacy	085 9172 202 / 239 085 9172 243
Internal Medicine and Long-term Care	085 9172 272 / 287	PMA (Medically Assisted Reproduction)	085 9172 230 / 289 085 9172 401
Nephrology and Dialysis	085 9172 200 / 238	Radiology	085 9172 213 / 216
Oncologic Day Hospital	085 9173 230 / 303	Surgery	085 9172 226 / 241
Oncologic Gynaecology	085 9172 258 / 281		



**ASL 2 • LANCIANO VASTO CHIETI**
**Vasto - San Pio da Pietrelcina Hospital - Via San Camillo de Lellis - Switchboard 0873 3081**

Service - Operative Unit	Telephone	Service - Operative Unit	Telephone
Anaesthesia and Intensive Care	0873 308 453	Neurology	0873 308 323
Blood Transfusion Centre	0873 308 224	Obstetrics and Gynaecology	0873 308 260 / 262
Cardiology - U11c	0873 308 296	Oncologic Day Hospital	0873 308 533
Clinical Pathology (Medical Laboratory)	0873 308 206 / 402	Oncology	0873 308 562
First Aid	0873 308 285 / 435	Orthopaedics and Traumatology	0873 308 335
Gastroenterology	0873 308 281	Otolaryngology	0873 308 229 / 230
General Medicine	0873 308 342	Paediatrics and Hospital Nursery	0873 308 258
Geriatric Day Hospital	0873 308 511	Pharmacy	0873 308 338
Geriatrics	0873 308 571	Psychiatry	0873 308 422
Infectious Diseases	0873 308 238	Radiology	0873 308 308
Morbid Anatomy	0873 308 217	Surgery	0873 308 328
Nephrology and Dialysis	0873 308 221	Urology	0873 308 269 / 271

**ASL 3 • PESCARA**
**Penne - San Massimo Hospital - Via Battaglione Alpini, 1 - Switchboard 085 82761**

Service - Operative Unit	Doctors Telephone Number	Nurse Coordinator Telephone Number
Health Department	telephone 085 8276 242	fax 085 8276 392
118	085 8276 364	085 8276 264 (drivers)
Anatomy and Pathological Histology	085 8276 320	085 8276 321
Cardiology	Outpatients' Clinic Day Hospital	085 8276 215 085 8276 296
Diabetes (Service)	085 8276 345	085 8276 348
Digestive Endoscopy (Service)	085 8276 222	
Endocrinology - Outpatients' Clinic	085 8276 366	
First Aid	085 8276 282	085 8276 350
Geriatrics	085 8276 223	085 8276 223
Gym - Physiokinesis Therapy	085 8276 290	
Intensive Care and Anaesthesia	085 8276 401	085 8276 403
Medical Laboratory	085 8276 304	085 8276 263
Medicine	085 8276 226	085 8276 227
Nephrology and Dialysis	085 8276 241	085 8276 377
Obstetrics and Gynaecology	085 8276 258	085 8276 261
Oncology	085 8276 367	085 8276 367
Ophthalmology	085 8276 285	085 8276 286
Orthopaedics	085 8276 243	085 8276 266
Otolaryngology	085 8276 243	085 8276 311
Paediatrics	085 8276 232	085 8276 378
Radiology	085 8276 272	085 8276 272
Surgery - Breast Surgery (Uosp)	085 8276 243	085 8276 385
Urology	085 8276 234	085 8276 305

**ASL 3 • PESCARA**
**Pescara - Santo Spirito Hospital - Via Fonte Romana, 8 - Switchboard 085 4251**

Service - Operative Unit	Doctors Telephone Number	Nurse Coordinator Telephone Number
Health Department	telephone 085 4252 420	fax 085 4252 637
Pescara, Penne, Popoli Administrative Department	telephone 085 4252 634	
Nursing service of Pescara, Penne, Popoli	telephone 085 4252 255	
118	085 4253 152	085 4253 155
Allergology	085 4252 852	085 4252 601
Alzheimer's Disease Centre	085 4252 928	
Anatomy and Pathological Histology	085 4252 419	085 4252 686
Antiblastic Medicines Unit (UFA)	085 4252 354	085 4252 354
Audiology and Cochlear Implants (Regional Centre)	085 4252 470	085 4252 439
Autopsies - Post-mortem Diagnosis	085 4252 712	085 4252 712
Blood Transfusion Centre and Blood Laboratory	085 4252 687	085 4252 587
Bone Marrow Transplant Centre (see U11E)	085 4252 689	085 4252 958
Cardiology and U11c	085 4252 602	085 4252 586
Clinic Haematology	085 4252 810	085 4252 417
Clinical Neuro-Physiopathology (Service)	085 4252 884	085 4252 883
Consulting Room	085 4252 432	085 4252 464
Day Surgery	085 4252 691	085 4252 691
Dermatology (Service)	085 4252 456	085 4252 650
Diabetes	085 4252 696	085 4252 696
Dentistry	085 4252 746	085 4252 746
Endocrinology	085 4252 516	085 4252 516
First Aid	085 4252 764	085 4252 283
Gastroenterology and Digestive Endoscopy	085 4252 622	085 4252 623
Geriatrics	085 4252 728	085 4252 833
Gynaecology - Obstetrics - Delivery Room	085 4252 547	085 4252 580
Gynaecology - Obstetrics - Ivg - Pregnancy Interruption	085 4252 555	085 4252 549
Haematology Day Hospital	085 4252 467	085 4252 853
Health Physics	085 4252 848	085 4252 847
Hospital Nursery	085 4252 557	085 4252 312
Infantile Neuropsychiatry	085 4252 844	085 4252 843
Infectious and Tropical Diseases	085 4252 795	085 4252 436
Intensive Care and Anaesthesia	085 4252 475	085 4252 737
Internal Medicine Day Hospital	085 4252 407	085 4252 407
Internal Scan	085 4252 514	085 4252 597
Medical Genetics	085 4252 640	085 4252 642
Medical Laboratory and Microbiology	085 4252 510	085 4252 510
Medicine I Nord - Day Hospital	085 4252 692	085 4252 591
Medicine I Nord-Ovest - Hepatology - Pneumology	085 4252 692	085 4252 717
Medicine II Est	085 4252 543	085 4252 715
Metabolic Diseases Centre	085 4252 362	085 4252 715
Neonatology and Intensive Therapy	085 4252 705	085 4252 705



## Pescara - Santo Spirito Hospital - Via Fonte Romana, 8 - Switchboard 085 4251

Service - Operative Unit	Doctors Telephone Number	Nurse Coordinator Telephone Number
Nephrology	085 4252 509	085 4252 669
Neurosurgery	085 4252 438	085 4252 535
Nuclear Medicine	085 4252 793	085 4252 620
OBI	085 4252 345	085 4252 258
Oncologic Psychology	085 4252 860	
Oncology - Day Hospital	085 4252 500	085 4252 861
Ophthalmology	085 4252 527	085 4252 529
Ophthalmology - Outpatients' Clinic	085 4252 527	085 4252 679
Orthopaedics and Traumatology	085 4252 565	085 4252 582
Otolaryngology	085 4252 433	085 4252 682
Paediatric Gastroenterology	085 4252 914	085 4252 914
Paediatric Nephrology and Dialysis	085 4252 521	085 4252 521
Paediatric Respiratory Physiopathology	085 4252 663	085 4252 773
Paediatric Surgery	085 4252 589	085 4252 700
Paediatrics	085 4252 498	085 4252 494
Pain Therapy and Palliative Care	085 4252 463	085 4252 463
Plastic Surgery	085 4252 538	085 4252 616
Pneumology and Respiratory Physiopathology	085 4252 717	085 4252 307
Psychiatry - Day Hospital	085 4252 823	085 4252 823
Psychiatry - Diagnosis and Treatment	085 4252 430	085 4252 710
Radiology	085 4252 708	085 4252 503
Radiotherapy	085 4252 879	085 4252 878
Rheumatology	085 4252 448	085 4252 718
Stroke Unit	085 4252 278	085 4252 277
Surgery 1	085 4252 613	085 4252 612
Surgery 2	085 4252 871	085 4252 868
TAO Centre (Prevention and Care of Hemorrhagic and Thrombotic Syndromes)	085 4252 489	085 4252 971
Thoracic Surgery - Bronchoscopy	085 4252 912	085 4252 366
Urology	085 4252 485	085 4252 402
UTIE	085 4252 689	085 4252 958
Vascular Surgery	085 4252 452	085 4252 974

## Popoli - SS. Trinità Hospital - Via Saffi, 118 - Switchboard 085 98981

Health Department telephone 085 9898 211 fax 085 9898 238

Service - Operative Unit	Doctors Telephone Number	Nurse Coordinator Telephone Number
118	085 9898 313	085 9898 313
Blood Transfusion Centre and Haematology Outpatients' Clinic	085 9898 308	085 9898 414
Cardiology - Outpatients' Clinic	085 9898 256	085 9898 265
Diabetes	085 9898 350	
Digestive Endoscopy	085 9898 311	085 9898 413
First Aid	085 9898 222	085 9898 432
Gastroenterology	085 9898 413	085 9898 413
Haematology Day Hospital	085 9898 349	085 9898 349
Intensive Care	085 9898 275	085 9898 323
Medical Laboratory	085 9898 239	085 9898 218
Medicine	085 9898 350	085 9898 350
Medicine - Metabolic Diseases and Nutritional Rehabilitation	085 9898 434	085 9898 348
Medicine and Rehabilitation Physics	085 9898 441	085 9898 442
Menopause Centre	085 9898 231	085 9898 319
Morbid and Histological Anatomy	085 9898 343	085 9898 343
Nephrology and Dialysis	085 9898 214	085 9898 225
Neurology	085 9898 409	085 9898 320
Obstetrics and Gynaecology	085 9898 231	085 9898 319
Oncology - Day Hospital	085 9898 376	085 9898 287
Orthopaedics - Outpatients' Clinic	085 9898 267	085 9898 368
Paediatrics	085 9898 288	085 9898 288
Physiotherapy	085 9898 293	085 9898 288
Radiology	085 9898 353	085 9898 252
Surgery	085 9898 368	085 9898 271
TAO Centre	085 9898 422	085 9898 422

## Atri - San Liberatore Hospital - Via Finocchi - Telephone 085 8707 801

Service - Operative Unit	Telephone
Anaesthesia and Intensive Care	085 8707 225 / 276
Auxology and Developmental Age Nutrition Regional Centre	085 8707 360
Clinical Cardiology	085 8707 345 / 353 / 445
Cystic Fibrosis Regional Centre	085 8707 560
Diabetes	085 8707 422 / 477
Endocrine Diseases and Diabetes Service	085 8707 262 / 444
First Aid	085 8707 200 / 207 / 292
First Level Paediatrics and Neonatology	085 8707 316
Gynaecology	085 8707 237 / 456
Hospital Pharmacy	085 8707 228 / 369
Laparoscopic Surgery	085 8707 265 / 268
Medical Laboratory	085 8707 506 / 523
Medicine	085 8707 350 / 394
Mental Health Centre	085 8707 271 / 331
Morbid Anatomy	085 8707 310
Nephrology and Dialysis	085 8707 260 / 357
Ophthalmology Day Surgery	085 8707 269
Orthopaedics	085 8707 245 / 453
Radiology	085 8707 324 / 442 / 487
Surgery	085 8707 265 / 268
Urology Day Surgery	085 8707 257 / 259 / 556

## Giulianova - Maria SS. dello Splendore Hospital - Via Gramsci - Telephone 085 80201

Service - Operative Unit	Telephone
Anaesthesia and Intensive Care	085 8020 271 / 299
Cardiology and Uric	085 8020 348 / 488
Diabetes	085 8020 384 / 439
First Aid	085 8020 358
Geriatrics	085 8020 288 / 446
Hospital Pharmacy	085 8020 277
Medical Laboratory	085 8020 372 / 444
Medicine	085 8020 338 / 446
Mental Health Centre	085 8020 427
Metabolic Diseases, Hepatology and Pathophysiology of Nutrition	085 8020 399
Nephrology and Dialysis	085 8020 219 / 449
Nuclear Magnetic Resonance	085 8020 392
Oncology	085 8020 342 / 463
Orthopaedics	085 8020 235 / 258
Otolaryngology Day Surgery	085 8020 226
Psychiatric Service of Diagnosis and Treatment	085 8020 302 / 347
Radiology	085 8020 228 / 585
Surgery	085 8020 247 / 452

**Sant'Omero - Val Vibrata Hospital - Contrada alla Salara - Telephone 0861 8881**

Service - Operative Unit	Telephone
Anaesthesia - Intensive Care	0861 888 407 / 409
Diabetes	0861 888 348 / 398
First Aid	0861 888 333 / 334
First Level Paediatrics and Neonatology	0861 888 391 / 395
Geriatrics	0861 888 431
Hospital Pharmacy	0861 888 320 / 356
Medical Laboratory	0861 888 362 / 364 / 373
Medicine	0861 888 431 / 442
Obstetrics and Gynaecology	0861 888 380 / 381 / 497
Oncology	0861 888 413 / 414 / 416
Orthopaedics	0861 888 419 / 421 / 424
Proctologic Surgery	0861 888 401
Radiology	0861 888 342 / 343 / 346
Surgery	0861 888 401 / 403

**Teramo - Giuseppe Mazzini Hospital - Piazza Italia - Telephone 0861 4291**

Service - Operative Unit	Telephone
118 Service	0861 429 279
Airways Diseases	0861 429 466
Allergology and Immunology	0861 429 550 / 727 / 862
Anaesthesia and Intensive Care	0861 429 320
Anaesthesia and Postoperative T.I. Heart Surgery	0861 429 656 / 657
Bronchial Endoscopy and Endoscopic Airways Surgery	0861 429 482
Cardiology - Arrhythmology	0861 429 670
Cardiology - Division	0861 429 676
Cardiology - Hemodynamics	0861 429 643 / 645
Cardiology - Outpatients' Clinic	0861 429 341
Cardiology Unit	0861 429 665
Clinical Allergology and Laboratory Diagnostic	0861 429 697
Dentistry	0861 429 725 / 731
Dermatology	0861 429 734
Diabetes	0861 429 410
First Aid	0861 429 287 / 292

**Teramo - Giuseppe Mazzini Hospital - Piazza Italia - Telephone 0861 4291**

Service - Operative Unit	Telephone
First and Second Level Paediatrics and Neonatology	0861 429 382 / 383
Glaucoma Treatment Centre	0861 429 491 / 725 / 726
Haematology	0861 429 549
Heart Surgery	0861 429 686 / 687
Hospital Pharmacy	0861 429 717 / 718
Immunohaematological and Transfusion Service	0861 429 697 / 701
Infectious Diseases	0861 429 757 / 758
Interventional and Diagnostic Gastroenterology Service	0861 429 407
Interventional and Vascular Radiology	0861 429 929
Maxillofacial Surgery	0861 429 499
Medicine	0861 429 534 / 535 / 545 / 546
Morbid Anatomy	0861 429 411
Nephrology and Dialysis	0861 429 745 / 746
Neurology	0861 429 591 / 595
Neurosurgery	0861 429 606 / 610
Nuclear Medicine Service	0861 429 347 / 348
Obstetrics and Gynaecology	0861 429 363 / 371 / 372
Oncologic Surgery	0861 429 560
Oncology	0861 429 531 / 533 / 560 / 561
Ophthalmology	0861 429 725 / 726 / 491
Orthopaedics	0861 429 288 / 454 / 458
Otolaryngology	0861 429 499 / 738
Pain Therapy	0861 429 922
Physical Medicine and Rehabilitation Service	0861 429 257
Physical Medicine Service	0861 429 586
Psychiatric Service of Diagnosis and Treatment	0861 429 705 / 707 / 708
Radiology	0861 429 310 / 933 / 936
Radiotherapy	0861 429 635 / 636
Rheumatology	0861 429 534 / 535 / 545 / 546
Scan Service	0861 429 310 / 936
Senology	0861 429 570
Surgery	0861 429 433
Thoracic Surgery	0861 429 480 / 481
Urology	0861 429 506 / 509 / 510
Vascular Surgery	0861 429 444 / 445
Vitreo-retinal Surgery	0861 429 491 / 725 / 726

## Hospital Assistance

The hospital network of Abruzzo is composed by the hospitals of each regional ASL and by the private structures which

provide hospital services on an accreditation scheme and with supply contracts with each ASL.

## Hospitalization

Urgent hospitalizations are decided by the emergency medical service at the ER. Programmed hospitalizations can be proposed by the MMG/PLS or by a specialist belonging or not to the hospital staff. Day Hospital and Day Surgery are day-care hospitalizations for diagnostic, surgical, therapeutic and rehabilitative services.

At the moment of the admission you need the hospitalization request, the Health Card, an ID card, any clinical assessment or other health documentation and your toilette case. The person assisting the patient can eat at the hospital canteen, if there is one, asking the nurse coordinator of the department for authorization.

## Home Hospitalization

It is an alternative to the hospitalization and it is activated by hospital specialists in relation to defined intervention programmes for some particular pathologies.

You can be followed at home by doctors and hospital nursing staff, integrated by the district health staff.

## Discharge and request of case history

While in the hospital, you may request certification of the stay from the ward, including on-line certification for your employer. At the time of discharge, you will be given a letter that you should take to your personal physician, so that he or she can examine it, and that you should keep, in the event of future controls.

Once you have been discharged, you may request your clinical history from the office where the clinical charts are kept, taking with you an ID document or, if you are going for another individual who was hospitalised, a signed authorisation stating that you can represent them, plus a photocopy of an ID document of theirs.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Structure	Address	Telephone	Consulting hours
Avezzano		Via G. Di Vittorio	0863 499 387	12.30-13.30 <i>book by phone</i> 8.30-12.30 <i>go in person</i>
Castel di Sangro	Hospital	Via della Croce	0864 899 296	on Mondays, Tuesdays, Thursdays and Fridays 8.30-13.30 e 15.00-18.00
L'Aquila	Hospital	Via L. Natali - Località Coppito	0862 368 711	Mondays to Saturdays 11.00-13.00 on Tuesdays and Thursdays also 15.00-17.30
Sulmona	Hospital	Via G. Mazzini	0864 499 400	
Tagliacozzo	Hospital	Via Variante Tiburtina Valeria	0863 699 214	8.30-13.30

### ASL 2 • LANCIANO VASTO CHIETI

Base	Structure	Telephone	Consulting hours
Atessa	Hospital - Health Department	0872 864 220	Mondays to Fridays 8.00-14.00
Chieti	Hospital 7° floor Node E-F	0871 358 385 after 12.00	Mondays to Fridays 11.30-12.00 on Tuesdays and Thursdays also 15.00-17.00
Guardiagrele	Hospital - Cash office ground floor	0871 899 246	Mondays to Saturdays 11.30-12.30
Lanciano	Hospital - Health Department ground floor	0872 706 555	Mondays to Fridays 12.00-12.30
Ortona	Hospital 1° floor	085 917 2269	Mondays to Saturdays 8.30-12.30, on Thursdays also 15.30-17.30
Vasto	Hospital - Via Mameli, 2 (in front of the Hospital's entrance)	0873 308 373	Mondays to Saturdays 10.00-12.00

**ASL 3 • PESCARA**

Base	Structure	Telephone / Fax	Consulting hours
Città Sant'Angelo*	RSA	085 4253 321	
Penne	Hospital - Via Battaglione degli Alpini ground floor	085 8276 245 fax 085 8276 392	Mondays to Fridays 8.00-14.00
Pescara	Hospital - Via Fonte Romana, 8 ground floor	085 4252 431 fax 085 4252 310	Mondays to Saturdays 9.00-13.00
Popoli	Hospital - Via Enrico Berlinguer ground floor new building in front of the parking	085 9898 237	Mondays to Saturdays 11.00-13.00
Tocco da Casauria	RSA	085 9898 709	Mondays to Saturdays 8.30-12.30

\* The case histories can be requested and collected from the Hospital of Pescara

**ASL 4 • TERAMO**

Base	Structure	Address	Telephone / Fax	Consulting hours
Atri	Hospital	Via Finocchi	085 8707 305	Mondays to Saturdays 9.00-13.00 on Tuesdays and Thursdays also 15.00-18.00
Giulianova	Hospital	Via Gramsci	085 8020 256	Mondays to Saturdays 9.00-13.00 on Tuesdays and Thursdays also 15.00-18.00
Sant'Omero	Hospital	Contrada alla Salara	0861 888 511	Mondays to Saturdays 9.00-13.00 on Tuesdays and Thursdays also 15.00-18.00
Teramo	Hospital	Piazza Italia	0861 429 274 fax 0861 429 263	Mondays to Saturdays 9.00-13.00 on Tuesdays and Thursdays also 15.00-18.00

## Specialist visits and diagnostic exams

See *Reservations*.

## Prevention

### Prevention Department

Its mission is to guarantee the protection of the health of the community, pursuing objectives of promotion of the health, prevention of diseases and disabilities, improvement of the quality of life.

The Department is structured with the following Operative Units.

#### HEALTH OFFICE, EPIDEMIOLOGY AND PUBLIC HEALTH

Its task is to protect the health of the citizens and of the community in the different environments, fulfilling the following activities:

- issuing of authorizations for storage and use of toxic gases;
- issuing of authorizations for mortuary police activities;
- issuing of hygienic-sanitary approval on production, storage and trade of cosmetics, pesticides and health devices;
- issuing of approvals and hygienic-sanitary suitability certificates for the opening/following controls of the following activities: tourist accommodation struc-

tures, swimming pools and bathing facilities, public and private school structures, nurseries, baby parking, medical clinics, crafts, hairdressers/beauticians/solarium/tattoos/piercings etc.;

- issuing of hygienic-sanitary approvals on construction projects;
- mandatory and optional vaccinations;
- monitoring on health structures and medicines storage, health and social structures, places of public entertainment, Environmental Impact Assessment (VIA) – waste cycle and treatment plants management – air pollution and electromagnetic fields.

**ASL 1 • AVEZZANO SULMONA L'AQUILA**

Base	Address	Telephone	Consulting hours
Avezzano	Via Monte Velino, 18	0863 499 860	Mondays to Fridays 8.00-14.00 e 15.00-17.00 on Saturdays 9.00-12.30
Castel di Sangro	Via Porta Napoli, 50b	0864 899 269	Mondays to Saturdays 8.00-14.00
L'Aquila	Via Gaetano Bellisari Collemaggio	0862 368 831 fax 0862 405 330	Mondays to Fridays 8.00-14.00 on Tuesdays and Wednesdays also 15.00-17.00
Sulmona	Via Gorizia, 4	0864 499 622	Mondays to Saturdays 8.00-14.00

**ASL 2 • LANCIANO VASTO CHIETI**

Base	Structure	Address	Telephone	Fax
Chieti	ex Paediatric Hospital	Via Nicola Nicolini	0871 358 833	0871 357 483
Lanciano	Hospital	Via del Mare, 1	0872 706 443	0872 706 250
Ortona	Health District	Piazza San Francesco, 4	085 9173 226	
San Salvo		Via Pascoli, 9	0873 341 684	0873 341 366
Vasto		Via Marco Polo, 55a	0873 308 668	0873 363 631

**ASL 3 • PESCARA**

Base	Structure	Address	Telephone	Fax
Pescara		Old Hospital - Via Renato Paolini, 45	085 4253 950	085 4253 951
	Pneumotisiologia Territoriale	Old Hospital - Via Renato Paolini, 45	085 4254 511 / 512 085 4254 513 / 516	085 4254 515

**ASL 4 • TERAMO**

Base	Address	Telephone
Teramo	Contrada Casalena	0861 420 569 / 576 / 580 / 588

**FOOD AND NUTRITION HYGIENE SERVICE**

It deals with the prevention of the food connected health risks. The activity develops in two directions: guaranteeing the food safety through approvals, inspections and samplings on activities of preparation, production and distribution of food and beverages.

It also promotes a correct diet through nutrition education and nutritional surveillance. The Service also deals with the release of nutritionist training certificates (upon completion of the course), diets, mycological inspections, consultancy and edibility examinations, certifications for selling.

**ASL 1 • AVEZZANO SULMONA L'AQUILA**

Base	Address	Telephone
Avezzano	Via Monte Velino, 18	0863 499 855
Castel di Sangro	Via Porta Napoli, 50b	0864 899 269
L'Aquila	Via Gaetano Bellisari - Collemaggio	0862 368 980 / 874
Sulmona	Via Gorizia, 4	0864 499 606

**ASL 2 • LANCIANO VASTO CHIETI**

Base	Address	Telephone	Fax
Chieti	ex Paediatric Hospital - Via Nicola Nicolini	0871 358 819	0871 358 363
Lanciano	Viale Marconi, 8	0872 706 929	0872 706 929
Vasto	Via Marco Polo, 55a	0873 308 602	0873 363 631

**ASL 3 • PESCARA**

Base	Structure	Telephone	Fax
Pescara	ex Urology building - 1 <sup>st</sup> floor Old Hospital - Via Renato Paolini, 45	085 4253 966	085 4253 949
	Mycological Centre Old Hospital - Via Renato Paolini, 45	085 4253 944	085 4253 949

You can also address the Health Districts

**ASL 4 • TERAMO**

Base	Address	Telephone
Teramo	Contrada Casalena	0861 420 591 / 567 / 581 - 335 64 69 812

**VETERINARY SERVICE**

It controls the whole food of animal origin production chain in order to protect men and animals.

**Animal health – A Area**

The Service is in charge of the prophylaxis of the diseases that animals can transmit to humans and deals with:

- management of State prophylaxis in farms, management of livestock registries and release of the authorizations;
- management of hygienic-sanitary accounts and constant monitoring;

- stray prevention, canine registry, numerical control of pets and of urban, free and exotic animals;
- prevention and control of the diseases transmittable to humans (zoonosis) and epidemiological monitoring of the urban fauna;
- release of passports to take animals abroad;
- release of authorizations and preventive approvals, at the request of local authorities and private corporations, to open veterinary clinics, pet shops, pet grooming salons, animal shelters, and events with animals.

The Abruzzo Region has established, as part of the Veterinary Service of Hygiene and Nutritional Safety of the Department of Health and Welfare, a Stray Pet Window for all those who have pets (meaning any animal that is kept by man, or that is meant to be kept, for companionship or reasons of affection, and not for purposes of production or as an eventual source of food, including animals that perform activities of use to man, such as seeing-eye dogs or animals that take part in pet therapy, in rehabilitation activities or advertisements – as per art. 1, paragraph 2, of the Prime Minister's Decree of 28 February 2003). The species of animals identified as pets are: dogs, cats, ferrets, invertebrates (not including bees and shellfish), decorative tropical fish, amphibians and reptiles, birds (excluding the species covered by Directives 90/539/Eec and 92/65/Eec), rodents and domestic rabbits.

**Stray Pet Window**      telephone 085 4516 450      *open Mondays, Wednesdays and Fridays 8.00-14.00  
Tuesdays and Thursdays also 14.30-17.30*



**ASL 1 • AVEZZANO SULMONA L'AQUILA**

Base	Address	Telephone	Fax
Avezzano	Via Monte Velino, 18	0863 499 839 / 840	
Castel di Sangro	Corso Umberto I, 35	0864 899 602	
L'Aquila	Via Gaetano Bellisari - Collemaggio	0862 368 910 / 908	0862 368 905
Sulmona	Via N. Rainaldi	0864 356 7215	

**ASL 2 • LANCIANO VASTO CHIETI**

Base	Address	Telephone	Fax
Castelfrentano	Via Giacomo Matteotti, 7	0872 56210	0872 56361
Chieti	ex Paediatric Hospital - Via Nicola Nicolini, 11	0871 357 574	0871 357 459
Vasto	Via Marco Polo, 55a	0873 308 690	0873 308 627

**ASL 3 • PESCARA**

Base	Address	Office	Telephone	Fax
Penne	Contrada Carmine		085 8276 540	
Pescara	Via Renato Paolini, 45		085 4253 552	
Scafa	Via della Stazione	Direction	085 9898 856 085 9898 859	085 9898 850

**ASL 4 • TERAMO**

Base	Address	Telephone
Teramo	Contrada Casalena	0861 429 959

**Hygiene of food of animal origin –****B Area**

The Service controls the production, treatment, preservation, commercialization, transport, storage, distribution and administration of food of animal origin.

The controlled production chains are:

- poultry and rabbit meat, farmed and wild game;
- minced meat, meat preparation, meat products, products of animal origin;

- red meat (beef, horsemeat, pork, mutton, goat meat);
- aspics and technological additives of animal origin;
- milk and dairy products;
- fishery products and living clams;
- eggs and egg products, honey and hive products.

**ASL 1 • AVEZZANO SULMONA L'AQUILA**

Base	Address	Telephone
Avezzano	Via Monte Velino, 18	0863 499 838
Castel di Sangro	Corso Umberto I, 35	0864 899 618
L'Aquila	Via Gaetano Bellisari - Collemaggio	0862 368 908 / 910
Sulmona	Via Gorizia, 4	0864 499 627

**ASL 2 • LANCIANO VASTO CHIETI**

Base	Address	Telephone	Fax
Castelfrentano	Via Giacomo Matteotti, 7	0872 569 380 / 681	0872 56361
Chieti	ex Paediatric Hospital - Via Nicola Nicolini, 11	0871 358 865	0871 357 513
Ortona	Piazza San Francesco	085 9069 260	085 9173 280
Vasto	Via Marco Polo, 55a	0873 308 692 / 642	0873 308 627

**ASL 3 • PESCARA**

Base	Address	Office	Telephone	Fax
Penne	Contrada Carmine		085 8276 513	
Pescara	Via Renato Paolini, 45		085 4253 528	
Scafa	Via della Stazione	Direction	085 9898 856 085 4253 528	085 4253 545

**ASL 4 • TERAMO**

Base	Address	Telephone
Teramo	Contrada Casalena	0861 429 961 / 966

**Hygiene of farms and zootechnical productions****– C Area**

The Service controls and monitors: domestic animals farms, pets, animals for human consumption, wildlife parks, protected areas, natural reserves, pharmacosurveillance and pharmacovigilance, animal welfare, zootechnical hygiene, animal

feed, aquaculture, animal testing and animal biotechnologies, farm milk, animal reproduction, remains and scraps of animal origin, veterinary and para veterinary professions.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Address	Telephone
Avezzano	Via Monte Velino, 18	0863 499 841
Castel di Sangro	Corso Umberto I, 35	0864 899 609
L'Aquila	Via Gaetano Bellisari - Collemaggio	0862 368 909 / 953
Sulmona	Via Gorizia, 4	0864 31030 - 0864 499 619

### ASL 2 • LANCIANO VASTO CHIETI

Base	Structure	Address	Telephone	Fax
Castelfrentano		Via Giacomo Matteotti, 7	0872 569 681	0872 569 671
Castiglione Messer Marino	Health District	Via Alcide De Gasperi, 1	0873 978 440	0873 978 235
Chieti	ex Paediatric Hospital*	Via Nicola Nicolini, 11	0871 357 512 - 0871 358 821	0871 357 513
Guardiagrele	Hospital	Via Marruccina	0871 899 390	0871 899 314
Vasto		Via Marco Polo, 55a	0873 308 642 / 691	0873 308 627

\* Consulting hours: Mondays to Fridays 8.30-11.00

### ASL 3 • PESCARA

Base	Address	Telephone
Penne	Contrada Carmine	085 8576 508 - 085 8573 549
Pescara	Via Renato Paolini, 47	085 4253 554 / 549
Scafa	Via della Stazione	085 9898 852

### ASL 4 • TERAMO

Base	Address	Telephone
Teramo	Contrada Casalena	0861 429 951

#### PREVENTION AND SAFETY OF WORK ENVIRONMENTS SERVICE (SPSAL)

The Service deals with the prevention of accidents at work and occupational diseases and with the improvement of working conditions in public and private jobs. Its activities are:

- analysis of documents evaluating the companies' risks;
- inspections and sanctions;
- authorization for removal and disposal of asbestos containing materials;
- accident enquiries and occupational diseases;
- information and assistance to companies and workers;

- approvals of new productions facilities, modifications, renovations, enlargements;
- issuing of certificates of fitness for work for apprentices;
- issuing of trainee record books for steam generators operators;
- fitness for work assessment when required by Law;
- periodic and preventive verification of the establishments;
- Accidents register authentication;
- monitoring and control on safety and ergonomic and hygienic characteristics of work environments, machineries, establishments, workstations.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Address	Telephone
Avezzano	Via Monte Velino, 18	0863 499 814 / 825
Castel di Sangro	Via Porta Napoli, 50b	0864 899 627
L'Aquila	Via Gaetano Bellisari - Collemaggio	0862 368 974 / 973 / 977
Sulmona	Via Gorizia, 4	0864 499 610 / 611

### ASL 2 • LANCIANO VASTO CHIETI

Base	Address	Telephone	Fax
Chieti	ex Paediatric Hospital - Via Nicola Nicolini	0871 358 865	0871 358 845
Lanciano	Hospital - Via del Mare, 1	0872 706 570	0872 706 571
San Salvo	Via Pascoli, 9	0873 341 684	0873 341 366

### ASL 3 • PESCARA

Base	Address	Telephone
Pescara	Via Renato Paolini, 45	085 4253 405 / 406 / 407

### ASL 4 • TERAMO

Base	Address	Telephone
Teramo	Contrada Casalena	0861 420 542 / 3 / 5

#### SEXUALLY TRANSMITTED DISEASES (MST)

MSTs are infections you can contract through unprotected sex. Some MSTs can be transmitted to foetuses or newborns during pregnancy or through breast-feeding. Many MSTs can have serious consequences, such as infertility or tumours. If correctly treated and taken in time, MSTs are in most cases curable. To diagnose the presence of an infection you can go to your MMG/PLS, to a family planning clinic, to a specialist (gynaecologist, andrologist, dermatologist, infectious diseases specialist) **even if you are a minor without parental consent** (see *Other rights of adolescents, Family Planning Clinics, Hospitals*).

#### AIDS - HIV TEST

Aids means acquired immunodeficiency syndrome, the people affected by this disease have a very weakened immune system because of the HIV virus. The HIV virus does not manifest specifically, in order to find it you have to undergo the HIV test in order to search for anti-HIV antibodies.

The test consists in the collection of a blood sample.

The infected person is defined as HIV-positive. The virus can be transmitted:

- through infected blood;
- through unprotected sex with HIV infected people;
- from HIV infected mother to child during pregnancy, delivery, or breast-feeding.

It's important to know that from the moment the virus enters the body (contagion) until the appearance of anti-HIV antibodies there is a so-called *window period*. If the test is taken during this period you will get a negative result, therefore it is important to repeat the test after six months.

It is possible to take the test for free, through direct access and without a medical prescription, in the following structures, **even anonymously and even if you are a minor without parental consent** (see *Other rights of adolescents*).

You can find additional information on the dedicated site [www.failtestanchetu.it](http://www.failtestanchetu.it), which includes a risk calculator that you can use to self-assess the extent of any risk you run of infection from HIV. Using the same site, you can make an appointment for the test directly, under your own name or a pseudonym, selecting the centre where you wish to take it, even if it is located in a town or city other than your own.

Those who undergo the HIV test free of charge are also analysed for the viruses of hepatitis B, hepatitis C and syphilis.

#### ASL 1 • AVEZZANO SULMONA L'AQUILA

*In Family Planning Clinics and Operative Units of Infectious Diseases of the Hospitals*

Base	Service	Structure	Address	Telephone
Avezzano	Infectious Diseases Department	Hospital DH - 1 <sup>st</sup> floor	Via G. di Vittorio	0863 499 298
L'Aquila	Infectious Diseases Department	Hospital Outpatients' Clinic/DH - L 4	Via Vetoio	0862 368 274

#### ASL 2 • LANCIANO VASTO CHIETI

Base	Service	Structure	Address	Telephone
Chieti	Infectious Diseases Clinic	Hospital DH 5 <sup>th</sup> floor - body L	Via dei Vestini, 1	0871 358 683
Vasto	Infectious Diseases Department	Hospital 3 <sup>rd</sup> pavilion 2 <sup>nd</sup> floor	Via San Camillo De Lellis, 1	0873 308 238

#### ASL 3 • PESCARA

*At Family Planning Clinics (see Family Planning Clinics on page 51)*

Base	Service	Structure	Address	Telephone
Pescara	Medical Laboratory	Hospital	Via Fonte Romana, 8	085 4252 510
	Uo Infectious and Tropical Diseases	Hospital	Via Fonte Romana, 8	392 9174 699

#### ASL 4 • TERAMO

Base	Service	Structure	Address	Telephone
Teramo	Infectious Diseases Department	Hospital	Piazza Italia	0861 429 757 / 758
	Blood Transfusion Centre	Hospital	Piazza Italia	0861 429 697 / 700

#### ONCOLOGIC SCREENINGS

Oncologic screenings are health programmes which permit the early detection of tumours, offering higher possibilities of early care. They consist in a simple test or specific exam, which are taken for free. The available screenings are the following:

- **breast**, offered to women aged between 50 and 69 years, every two years;

- **cervix**, performed by means of Pap tests given every three years to all women between the ages of 25 and 29 and HPV tests at five-year intervals for women between the ages of 30 and 64;
- **colon**, offered to men and women between the ages of 50 and 69, through the performance of an examination every two years to detect blood hidden in the faeces.

#### ASL 1 • AVEZZANO SULMONA L'AQUILA

Oncological screening	0862 368 702
Mammographic screening	San Salvatore Hospital - L'Aquila
Cervix screening	Via Capo Croce, 1 - L'Aquila
Colon screening	San Salvatore Hospital - L'Aquila

#### ASL 2 • LANCIANO VASTO CHIETI

Mammographic screening	800 727 057	
Cervix screening	800 893 436	<i>active Mondays to Fridays 11.30-13.30 on Tuesdays and Thursdays also 15.30-17.00</i>
Colon screening	0871 358 430	<i>10.00-13.00</i>
<i>Go to website</i>	<a href="http://www.asl2abruzzo.it">www.asl2abruzzo.it</a> – Screening section	

#### ASL 3 • PESCARA

<i>For information</i>	<i>telephone 085 4253 939</i>	<i>Mondays to Fridays 8.30-13.30 on Tuesdays and Thursdays also 15.00-17.00</i>
<i><a href="mailto:screeningoncologici@ausl.pe.it">screeningoncologici@ausl.pe.it</a></i>		

#### ASL 4 • TERAMO

Oncological screening	800 210 002	<i>active Mondays to Saturdays 9.00-17.00</i>
Mammographic screening	<a href="mailto:screening.mammella@aslteramo.it">screening.mammella@aslteramo.it</a>	
Cervix screening	<a href="mailto:screening.uterio@aslteramo.it">screening.uterio@aslteramo.it</a>	
Colon screening	<a href="mailto:screening.colon@aslteramo.it">screening.colon@aslteramo.it</a>	

## SPORTS MEDICINE

It directly makes all the clinical and instrumental exams provided by law inherent to the assessment of fitness to practice competitive sports, as well as all the additional ex-

ams provided by the protocols of national sports Federations, making use of the territorial specialist or hospital structures.

Also holds courses on the educational role of sports.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Structure	Address	Telephone	Consulting hours
Avezzano	Health District	Via Monte Velino, 18	0863 499 813	on Thursdays 11.00-14.00 on Fridays 8.00-11.00
	Hospital	Via G. Di Vittorio	0863 499 307	on Mondays and Fridays 8.00-14.00 on Thursdays 14.00-17.00
Castel di Sangro	Hospital Cardiology Department	Via della Croce	0864 8991	on Tuesdays and Thursdays 15.00-18.00
Celano	Health District	Via della Sanità	0863 711 173	on Thursdays 15.00-18.00 on Fridays 11.00-14.00
L'Aquila	Health District	Via Gaetano Bellisari Collemaggio	0862 368 929	on Tuesdays 9.00-11.00 Wednesdays and Fridays 16.30-18.00
Pescina	Hospital	Via Serafino Rinaldi	0863 8991	on Tuesdays 15.00-18.00 on Saturdays 8.00-13.00
Sulmona	ex Comboniani building	Via Gorizia, 4	0864 499 621	on Mondays, Tuesdays on Wednesdays and Thursdays 8.30-12.30
Tagliacozzo	Health District	Via Variante	0863 6991	on Wednesdays 8.00-14.00

### ASL 2 • LANCIANO VASTO CHIETI

Base	Structure	Address	Telephone	Fax
Castelfrentano	Consulting Room	Via Matteotti, 7	0872 569 671	0872 56361
Chieti	ex SS. Annunziata Hospital	Via Tiro a Segno	0871 358 545 / 547 / 600	0871 357 439
San Salvo	Health District	Via Alcide De Gasperi, 1	0873 343 633	0873 343 633

### ASL 3 • PESCARA

Base	Structure	Address	Telephone
Città Sant'Angelo	Health District	Largo Baiocchi, 2	085 4253 323
Penne	Health District	Contrada Carmine, 107	085 8276 233
Pescara	Old Hospital	Via Renato Paolini, 47	085 4253 941 / 961 / 962
Scafa	Health District	Via de Contre	085 9898 826
Tocco da Casauria	Health District	Via XX Settembre, 144	085 9898 736

### ASL 4 • TERAMO

Base	Structure	Address	Telephone
Atri	Health District	Via Finocchi	085 870 7476
Nereto	Health District	Via Marco Iachini, 33	0861 888 230
Roseto degli Abruzzi	Sports Medicine Centre	Via Adriatica, 23	085 802 0855
Teramo	Outpatients' Clinic	Contrada Casalena	0861 420 565

## SAFE TRAVELLING

If you have to travel to endemic areas you can be exposed to infection risks. You can significantly reduce those risks inquiring about protection measures at the Office of Public Health.

On international prophylaxis you can ask the following offices in charge.

You can also visit the site of the Ministry of Health at the following link: [www.salute.gov.it/portale/temi/p2\\_6.jsp?id=655&area=Maltie%20infettive&menu=viaggiatori](http://www.salute.gov.it/portale/temi/p2_6.jsp?id=655&area=Maltie%20infettive&menu=viaggiatori).

### ASL 1 • AVEZZANO SULMONA L'AQUILA

#### Department of Prevention

Base	Address	Telephone	Fax
Avezzano	Via Monte Velino, 18	0863 499 860	
Castel di Sangro	Via Porta Napoli, 50b	0864 899 269	
L'Aquila	Via Gaetano Bellisari - Collemaggio	0862 368 831	0862 405 330
Sulmona	Via Gorizia, 4	0864 499 622	

### ASL 2 • LANCIANO VASTO CHIETI

Base	Structure	Address	Telephone	Consulting hours
Atessa	Health District	Piazza Garibaldi	0872 864 295	on Mondays, Tuesdays Wednesdays and Fridays 9.00-12.00
Casoli	Health District	Via del Campo Sportivo	0872 989 252	on Wednesday, Thursdays, and Fridays 9.00-12.00
Castiglione Messer Marino	Health District	Via Alcide De Gasperi, 1	0873 975 055	on Tuesdays and Fridays 10.00-12.00
Chieti	ex Hospital	Via Valignani	0871 358 395 0871 358 431/391	Mondays to Fridays 8.30-12.30
Francavilla al Mare		Via Pola, 15b	085 4911 437	on Tuesdays and Thursdays 8.30-13.00
Guardiagrele	ex DSB	Via Anello, 15	0871.899308	on Mondays, Tuesdays and Thursdays 8.30-10.30
Lanciano	Health District	Via Don Minzoni	0872.706966	Mondays to Fridays 9.00-12.00
Orsogna*	Health District	Via G. Magno	0871 867 063	on Mondays 9.30-11.30
Ortona	Health District	Piazza San Francesco, 4	085 9173 226	Mondays to Saturdays 8.30-12.30
San Giovanni Teatino	Health District	Via Cavour, 4/2	085 4461 324 085 4463 505	on Mondays and Thursdays 9.00-11.45
San Salvo	Health District	Via Alcide De Gasperi	0873 5449 215	on Mondays, Tuesdays Thursdays, Fridays and Saturdays 9.00-12.00
Tollo*	Health District	Via Principessa di Piemonte	0871 969 099	on Fridays 8.30-11.30
Vasto	Health District	Via Michetti, 86	0873 908 740	Mondays to Fridays 9.00-12.00

\* Facilities soon scheduled to close

**ASL 3 • PESCARA****Health Care Abroad**

Base	Structure	Address	Telephone	Fax
Pescara	Hospital - Health Office, Epidemiology and Public Health	Via Renato Paolini, 45	085 4253 982	085 4253 951

You can also address the Health Districts

**ASL 4 • TERAMO**

Base	Service	Address	Telephone	Fax
Teramo	Travel Medicine - SISP	Contrada Casalena	0861 420 569	0861 420 586

**VACCINATIONS**

In Italy there are obligatory vaccinations and recommended vaccinations. The latter are based on age, on the presence of certain pathologies, on the types of activities engaged in or on the need to travel to countries at risk.

In the case of the adult population, some vaccinations are obligatory for certain categories of individuals and workers:

- the vaccination against tetanus is obligatory not only for athletes affiliated with the CONI, the Italian National Olympic Committee, but also for farmworkers, tool and dye operators, ecological operators, road workers, miners, operators of earthmovers etc. (Law no. 292 of 5 March 1963);
- vaccinations against meningitis, typhus, diphtheria-tetanus, measles-mumps-rubella are obligatory for all military recruits at the time of enrolment (Decree of 19 February 1997 of the Ministry of Defence);
- the vaccination against tuberculosis is obligatory only for healthcare personnel, medical students, nurses in training or

anyone who, for any reason, and even after testing negative for tuberculosis, operates in a medical environment at high risk for exposure to bacterial strains resistant to multiple pharmaceuticals, or that operates in high-risk environments and cannot undergo preventive therapy due to harmful clinical side-effects to the use of specific pharmaceuticals.

In the case of adults, there are also recommended vaccinations for certain professional categories or categories of individuals likely to face serious complications in the event of infection.

- Vaccination against viral hepatitis B is recommended, and provided free of charge, to healthcare operators and personnel involved in treatment in hospitals and private clinics, as well as to individuals who live together with chronic bearers of the hepatitis B virus, with law-enforcement personnel, with individuals who receive multiple transfusions or haemodialysis and with all the other categories indicated in the Ministerial Decree of 4 October 1991.

- The vaccination against the flu is recommended for all individuals beyond the age of 65, as well as for those who suffer from chronic and debilitating illnesses affecting the cardiovascular system, the lungs, kidneys etc., and for adults employed in activities of public service.
- The vaccination against pneumococcus infections is recommended for individuals beyond the age of 65, as well as for those who suffer from chronic and debilitating illnesses affecting the cardiovascular system, the lungs or kidneys, or spleen deficiency as a functional condition or the result of surgery.

- The vaccination against typhus, as well as those against viral hepatitis A or B, polio, tetanus, meningitis and rabies, plus the vaccination against yellow fever, can be advisable for travellers going abroad to zones that are endemic or otherwise considered to be at risk, following attentive evaluation of the type of trip and the destination involved.
- The vaccination against yellow fever is recommended for trips to certain parts of the world where it is endemic, and it is obligatory to obtain entry to certain countries. You will find the obligatory and recommended vaccinations for new-borns in the section *Children/Adolescents*.

**ASL 1 • AVEZZANO SULMONA L'AQUILA**

Base	Address	Telephone	Fax
Avezzano	Via Monte Velino, 18	0863 499 860	
Castel di Sangro	Via Porta Napoli, 50b	0864 899 269	
L'Aquila	Via Gaetano Bellisari - Collemaggio	0862 368 831 / 834	0862 405 330
Sulmona	Via Gorizia, 4	0864 499 622	

**ASL 2 • LANCIANO VASTO CHIETI**

Base	Address	Telephone
Atessa	Via Ianico	0872 864 295
Casoli	Via Aventino	0872 989 252
Castiglione Messer Marino	Via Alcide De Gasperi, 1	0873 978 440
Chieti	Via Valignani	0871 358 395 / 391
Francavilla al Mare	Via Pola, 15b	085 4911 437
Gissi	Via Italia	0873 947 414
Guardiagrele	Hospital - Via Anello	0871 899 308 / 311
Lanciano	Via Don Minzoni	0872 706 966
Miglianico	Via Costa della Forma, 22	0871 958 040
Orsogna	Via G. Magno	0871 867 063
Ortona	Piazza San Francesco, 4	085 917 3226
San Giovanni Teatino	Via Cavour, 4	085 4461 324 - 085 4463 505
San Salvo	Via Alcide De Gasperi	0873 5449 213 / 215
Vasto	Via Michetti, 86	0873 308 732
Villa Santa Maria	Via Roma, 32	0872 944 308



**ASL 3 • PESCARA**

Base	Structure	Address	Telephone
Cepagatti	District supplies department	Via Unesco, 2	085 974 535
Città Sant'Angelo	District supplies department	Largo Baiocchi, 2	085 4253 306
Loreto Aprutino	District supplies department	Via Chiarelli, 2	085 8276 702
Montesilvano	District Area	Corso Umberto, 447	085 4253 956
Penne	District supplies department	Contrada Carmine, 107	085 8276 521
Pescara	Vaccinations Office	Via Renato Paolini, 47	085 4253 959
Pianella	District supplies department	Via Santa Lucia, 60	085 971 376
Popoli	District supplies department	Via Aldo Moro, 10	085 9898 404
San Valentino in Abruzzo Citeriore	District supplies department	Via Paolo Borsellino	085 9898 915
Scafa	District supplies department	Via della Stazione, 61	085 9898 803
Spoltore	District supplies department	Via Renato Paolini, 47	085 4253 955
Torre de' Passeri	District supplies department	Via Garibaldi, 24	085 8885 318

**ASL 4 • TERAMO**

Base	Structure	Address	Telephone
Teramo	Vaccinations Office	Contrada Casalena	0861 420 569

You can also address the Health Districts (see on page 41)

## Mental health

### Department of Mental Health (Dsm)

The Department of Mental Health is an ASL operational structure for health services aimed at the prevention, diagnosis, care and rehabilitation in the psychiatric field, and in the organization of interventions about the protection of the citizens' mental health.

Mental Health Services include all the territorial, hospital and residential services dedicated to prevention, care and rehabilitation of psychological distress and mental disorders.

Within them operate psychiatrists, psychologists, social workers, nurses, educators. The Department includes:

- Mental Health Centres;
- Day Centres/Residential structures;
- Psychiatric Service of Diagnosis and Treatment;
- Day Hospital;
- Protected communities;
- Group homes;
- Geriatric Psychiatry;
- Infantile Neuropsychiatry;
- Psychiatric home care.

If you want to start a care pathway you have to ask your ASL Mental Health Centre, at the request of your MMG/PLS or by personal choice, going in person (without a medical prescription) or telephoning.

The Mental Health Centre offers:

- reception;
- psychiatric examinations;
- psychological interviews;
- development of treatment programs;
- drug therapies and psychotherapies;
- home visits, even in state of emergency;
- socializing activities.

For psychiatric emergencies you have to call 118, which will contact the Department.

#### MENTAL HEALTH CENTRE (CSM)

This centre, the initial point of contact for citizens with psychological problems, coordinates all activities of prevention, treatment and rehabilitation within a given territory. It is staffed by a multi-professional team that includes at least one psychiatrist, one psychologist, a social worker and a nurse; when necessary, it provides care in the home or in other residential venues. The centre is either contacted directly by the patient or it acts in response to a request from the general practitioner or psychiatrist.

#### DAY CENTRE (CD)

A semi-residential structure that has a therapeutic-rehabilitative function. It is staffed by a team of its own and equipped with adequately outfitted facilities. It carries out focussed projects of rehabilitation and therapy, with the goal of allowing patients to acquire, maintain and/or reinforce skills in interpersonal relations and caring for themselves, so that they can go on living in their normal environment (family, group, apartment etc.). Admission is granted in response to requests from the Department of Mental Health and the CM.

#### RESIDENTIAL STRUCTURES (SR)

These facilities take in patients with serious conditions requiring complex rehabilitation

treatment plans, as well as patients with sub-acute and chronic clinical pathologies. The projects are customised, and have the objective of achieving the highest level of patient autonomy. Admission is granted in response to requests from the DSM or CSM.

#### PSYCHIATRIC SERVICE OF DIAGNOSIS AND TREATMENT (SPDC)

This hospital service provides both voluntary and obligatory treatments for hospitalised patients, operating as an integral part of the DSM. The SPDC treats and cares for individuals with critically serious psychic disturbances. Admission is obtained following requests from the patients themselves, general practitioner, the on-call emergency medical service, psychiatrists or emergency rooms.

#### INFANTILE NEUROPSYCHIATRY SERVICE (NPI)

This service engages in the diagnosis, treatment and rehabilitation of minors from 0 to 18 years old with disturbances involving learning, language, intellect, neuro-motor skills and emotional-relational capacity in infancy and adolescence, as well as behaviour, autism and disturbances of growth and development in general. Admission is obtained by making direct contact with the structure or following a request from a paediatrician.

#### PSYCHO-GERIATRIC CLINICS/ALZHEIMER EVALUATION UNITS (UVA)

This is a service for patients with cognitive problems, and especially those affected by Alzheimer's dementia and related syndromes. The activities carried out include: geriatric examinations, diagnosis of illnesses and stages of conditions, evaluation of multiple conditions, psychiatric evaluation, establishment of pharmacological treatment, analysis of social needs and requirements for self-sufficiency.

## PSYCHIATRIC HOME CARE

This assistance is meant for users who reside in their own homes, either alone or with their families, and it specifically entails psycho-social rehabilitation, monitoring of psychic health, measures of

hygienic-medical prevention and care for patients who have difficulty taking care of themselves, managing their own vital space or organising their day-to-day lives.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Structure	Address	Telephone	Fax
Avezzano	Mental Health Centre	Via E. Di Gianfilippo ex Via Salto, 42	0863 499 647	
	Infantile Neuropsychiatry	Via Don Minzoni	0863 499 025	
Castel di Sangro	Mental Health Centre	Via Porta Napoli, 46	0864 899 270	
	Infantile Neuropsychiatry	Via Gorizia, 3	0864 499 626 / 637	
L'Aquila		Via Capo Croce, 1	0862 368 810	0862 368 814
Sulmona	Mental Health Centre	Viale Mazzini, 34	0864 31097	0864 52677

### ASL 2 • LANCIANO VASTO CHIETI

Base	Structure	Address	Telephone	Fax
Chieti	Day Centre	Viale Amendola, 47	0871 358 913	0871 358 913
	Mental Health Centre	Viale Amendola, 47	0871 358 908 / 923	
Lanciano	Day Centre	Via Milano, 54	0872 706 637	
	Mental Health Centre	Via del Mare (Hospital)	0872 706 416	
Ortona	Day Centre	Piazza San Francesco, 4	085 9173 234	
	Mental Health Centre	Piazza San Francesco, 4,	085 9173 240	
Vasto	Day Centre	Corso Plebiscito, 49	0873 308 398	
	Mental Health Centre	Via San Camillo De Lellis	0873 308 407	

### ASL 3 • PESCARA

Base	Structure	Address	Telephone	Fax
Pescara Nord*	Mental Health Centre - Health District	Via Nazionale Adriatica Nord, 140	085 4253 446	
Pescara Sud	Mental Health Centre	Via Largo Lama, 68	085 4253 582	085 4253 580
Penne	Foster's Home	Contrada Carmine, 107	085 8276 554	
	Day Centre	Contrada Carmine, 107	085 8276 554	
	Mental Health Centre	Contrada Carmine, 107	085 8276 381	
Tocco da Casauria	Mental Health Centre	Via XX Settembre, 144	085 9898 721	085 9898 710

\* The services can also be scheduled through the Cup

### ASL 4 • TERAMO

Base	Structure	Address	Telephone	Fax
Atri	Psychogeriatric Outpatients' Clinic - Hospital	Via Finocchi	085 8707 271	085 8707 454
	Mental Health Centre - Hospital	Via Finocchi	085 8707 271	085 8707 454
	Day Centre	Ricciconti building Via Risorgimento	085 8780 052	
Bellante	Residence Community (for men)	Contrada Molino San Nicola, 28	0861 610 068	
Bisenti	Therapeutic Community Villa Turchi	Contrada Villa Turchi	0861 995 260	
Castellalto	Residence Community (for women and men)	Via T. Tasso, 39 - Castelnuovo Vomano	0861 570 413	
Giulianova	Psychogeriatric Outpatients' Clinic - Hospital	Via Gramsci	085 8020 347	085 8020 471
	Mental Health Centre - Hospital	Via Gramsci	085 8020 347	085 8020 471
	Day Centre - Hospital	Via Gramsci	085 8020 810	
	Psychiatric Service of Diagnosis and Treatment - Hospital	Via Gramsci	085 8020 347	085 8020 471
	Mental Health Centre	V. A. Murri snc	0861 888 214	0861 888 212
Sant'Egidio alla Vibrata	Day Centre	V. A. Murri snc	0861 888 229	0861 888 229
	Psychogeriatric Outpatients' Clinic - Hospital	Contrada alla Salara		
Teramo	Psychogeriatric Outpatients' Clinic - Hospital	Piazza Italia	0861 429 707	0861 429 709
	Psychogeriatric Outpatients' Clinic	Contrada Casalena	0861 420 518	0861 420 515
	Mental Health Centre	Contrada Casalena	0861 420 503	0861 420 515
	Day Centre	Via Nicola Palma, 24	0861 243 846	
	Residence Community (for women)	Via Paolucci	346 047 7291	
	Residence Community (for women)	Via Papa Giovanni XXIII, 71 Colleatterrato Basso	0861 210 948	
	Residence Community (for men)	Via Papa Giovanni XXIII, 73 Colleatterrato Basso	0861 587 304	
	Residence Community (for men)	Vico del Nardo	0861 243 829	
	Therapeutic Community Fonte della Noce	Via Fonte della Noce	0861 240 193	
	Department of Mental Health	Via Nicola Palma, 24	0861 243 846 / 847	
Infantile Neuropsychiatry Service	Contrada Casalena	0861 420 518	0861 420 515	
Psychiatric Service of Diagnosis and Treatment - Hospital	Piazza Italia	0861 429 707	0861 429 709	

At the Mental Health Centres, you can also request psychiatric home care

## Alzheimer Evaluation Centres/Units

This service is for people with suspected cognitive impairment and to the families of people affected by cognitive impairment.

### ASL 2 • LANCIANO VASTO CHIETI

Base	Service	Structure	Telephone
Chieti	Geriatric Clinic	Hospital	0871 358 514
	Neurological Clinic	Hospital	0871 358 525
Lanciano	Uo Neurology	Hospital	0872 706 385
Ortona		Mental Health Centre - Piazza San Francesco	085 9173 240
Vasto	Uo Neurology	Hospital	0873 308 313

### ASL 3 • PESCARA

Base	Structure	Address	Telephone
Città Sant'Angelo	Alzheimer's Disease Centre	Largo Baiocchi, 1	085 4253 318
Pescara	Alzheimer's Disease Centre - Old Hospital (ex Paediatrics)	Via Renato Paolini, 47	085 4252 928
San Valentino in Abruzzo Citeriore		Via Giovanni Falcone, 125	085 9898 916

### ASL 4 • TERAMO

Base	Structure	Address	Telephone
Atri	Hospital	Via Finocchi	085 8707 231 / 331
Giulianova	Hospital	Via Gramsci	085 8020 302
Sant'Omero	Hospital	Contrada alla Salara	0861 888 284
Teramo	Hospital	Piazza Italia	0861 429 704 /708

## Pathological addictions

The Services for Pathological Addictions (SER.D) can be found at all the ASLs. The SER.D address problems tied to the use of substances (both legal and illegal) that lead to addiction, as well as problems relating to pathological addiction to gambling. A pathological addiction exists when a person cannot do without a substance without

suffering negative consequences, which is why it proves impossible to stop using such substances, despite the physical and psychological damage, as well as the legal and family problems, that can result. Pathological addiction can also arise from certain forms of behaviour that become the central focus of the individual's life, repeating them-

selves in abnormal fashion, and without the individual being able to stop them from recurring: gambling, compulsive shopping, use of videogames, cell phones or the internet. The SER.D offer therapy and assistance for all these situations, in the form of pharmacological treatments supplemented with psychotherapy, psycho-social treatment and/or rehabilitation, as well as the possibility of stays at residential structures (thera-

peutic communities) and semi-residential facilities (day centres). The SER.D also provide assistance for the prevention of the infectious diseases tied to the use of drugs. Admission is free of charge and obtained directly, without the need for a request from the general practitioner. The initial contact can be made by telephone. Anonymity and the confidentiality of personal information are always guaranteed.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Address	Telephone	Fax
Avezzano	Via Volturmo, 2a	0863 499 868 / 861 / 862 / 863 / 864 / 865 / 870	0863 499 868
L'Aquila	Via G. Bellisari - Collemaggio	0862 368 873	0862 368 944
Sulmona	Via N. Rainaldi, 2	0864 35671 - 0864 3567 200 / 207 / 203	

### ASL 2 • LANCIANO VASTO CHIETI

Base	Address	Telephone	Fax
Chieti	Via Discesa delle Carceri	0871 358 866	0871 358 843
Lanciano	Via del Mare	0872 706 216	0871 706 218
Vasto	Corso Mazzini	0873 308 307	0873 367 268

### ASL 3 • PESCARA

Base	Service / Structure	Address	Telephone	Fax
Pescara	Centre for Tobacco Control	Via Renato Paolini, 45	085 4253 534	085 4253 484
	Pathological Gambling	Via Monte Faito	085 4253 490	085 4253 491
	Ser.D.	Via Monte Faito	085 4253 488	085 4253 491
	Alcoholology Service	Via Renato Paolini, 45 serviziodialcologia@gmail.com	085 4253 495	085 4253 484
Tocco da Casauria	Health District	Via XX Settembre, 140	085 9898 740 / 742	085 9898 741

### ASL 4 • TERAMO

Base	Address	Telephone
Giulianova	Via Filippo Turati, 134	085 8020 830
Nereto	Via Marco Iachini, 33	0861 888 291
Teramo	Contrada Casalena	0861 420 505

## Donations and transplants

Donating organs, tissue or cells is an extremely generous gesture, an admirable decision that can be made either during life or after death.

### Donations from cadavers

When all of a patient's cerebral activity ceases (brain death), even though everything possible has been done in the intensive-care unit to save that person's life, the circulation of the blood and respiration can be maintained artificially, so as to preserve the person's organs in a vital state for a limited period of time.

In such cases, the physician of the intensive-care unit that issues the clinical diagnosis of brain death contacts the medical administration of the hospital to organise a commission (a specialist in forensic medicine, a specialist in intensive care and a neurophysiopathologist). The three specialists carry out the clinical and instrumental examinations required under the law, for a period of at least 6 hours, in order to confirm the simultaneous absence of:

- spontaneous respiration;
- electrical activity in the brain;
- reflexes that originate directly from the brain;

From the moment of the declaration of death, in cases of potential donation, the physicians determine whether the deceased had the declaration on his or her person or had registered the intention to donate in the computerised archives; family members are questioned by the physicians as to the intentions expressed by the deceased, and they

are the ones who decide whether or not to oppose the removal of the organs.

Three different scenarios can then occur:

1. the citizen, while still living, expressed a **positive intention** to donate: the organs and tissues are removed;
2. the citizen, while still living, expressed a **negative intention** with regard to donation: the organs and tissues cannot be removed;
3. the citizen **did not express any intention**: the organs and tissues may be removed, as long as the family members do not object.

In the case of minors, the decision is always made by the parents.

When there is a positive intention to donate, as expressed by the deceased when still living or stated by family members, then all the procedures that can rapidly lead to identification of suitable recipients, as well as swift performance of the transplants, are initiated.

**Organs** can be removed for transplant (heart, liver, lungs, kidneys, pancreas, intestine), as can **tissues** (corneas, bone segments or muscle-skeletal segments, cardiovascular tissue, cutaneous tissue). A single donor, therefore, can help more than one patient. Tissue may be donated even by individuals who died of cardiac arrest, and corneas may be taken from the deceased at home, if preferred.

### EXPRESSION OF WISHES WITH REGARD TO THE DONATION OF ORGANS AND TISSUE

It is possible, indeed it would be better, to reach a decision when living on the question of whether to donate organs and tissue following one's death, so as to make a fully aware decision and keep family members from being burdened, in such a tragic moment, with a very difficult, challenging decision in psychological terms. There are five ways to express an intention to donate organs and tissue. They are all fully valid and shall be respected in equal measure:

- filling out a donor card provided by the Ministry of Health and to be kept with one's personal documents; the card can be downloaded from the site: [www.crtabruzzo molise.it](http://www.crtabruzzo molise.it);
- registering your intention at your ASL;
- registering the intent at the offices of records of the municipalities playing an active role in the project, at the time of the issue/renewal of the individual's municipal ID card;
- drawing up a simple written declaration to be kept with the individual's identifying documents;
- registering with an association active in the sector (such as AIDO) and carrying their card on one's person.

Once an individual's intention is registered at the ASL, the offices of

records or the AIDO, the information is entered in the national computerised archives. The declaration of intent may be modified at any point in time.

### THE POSITIONS OF RELIGIONS ON THE QUESTION OF DONATION

None of the major religions voice outright opposition to the donation of organs. Indeed, in most cases, they support and encourage donation, both for its inherently ethic worth and because transplants promote life.

### ANONYMITY OF DONATION

Donating is anonymous and free of charge. The family members of the donor are not able to know the identity of the recipient, whom is chosen from a waiting list of patients, based on considerations of urgency, as well as clinical and immunological compatibility. The same holds for the recipients.

### AGE LIMITS

There are no age limits: the liver, for example, can be taken even from donors of more than 80 years of age.

**DICHIARAZIONE DI VOLONTA' SULLA DONAZIONE DI ORGANI E TESSUTI**

IO SOTTOSCRITTO/A \_\_\_\_\_

NATO/A IL \_\_\_\_\_ A \_\_\_\_\_

CODICE FISCALE \_\_\_\_\_

DOCUMENTO \_\_\_\_\_ N. \_\_\_\_\_

**DICHIARO DI VOLER DONARE I MIEI ORGANI E TESSUTI DOPO LA MORTE A SCOPO DI TRAPIANTO**

SI  NO

Firma \_\_\_\_\_ Firma \_\_\_\_\_

DATA \_\_\_\_\_

## Donations while still living

The donation of organs and tissue while still living represents a valid additional opportunity, and not a mutually exclusive alternative, to donation after death. In fact, in the case of the donation of blood-generating stem cells, it constitutes the sole option.

The donation of organs (kidneys and parts of the liver, lungs, pancreas and intestine) is governed by specific measures and addressed by numerous guidelines and ethical tenets. The procedures determining feasibility are very rigid, contemplating a series of tests, both clinical and motivational. The donor undergoes clinical analyses to exclude the presence of specific factors of risk having to do with prior pathologies, as well as immunological tests to determine the level of donor-recipient compatibility.

## Transplants in Abruzzo

In Abruzzo, there is a kidney transplant centre in the city of L'Aquila (**San Salvatore Hospital - Organ Transplant Centre**) and a heart transplant centre in Chieti (**Santa Annunziata Hospital - Cardiac Surgery Operating Unit**); liver transplants are carried out under an operating agreement with the A. Gemelli Polyclinic of Rome.

### KIDNEYS

A candidate for a kidney transplant is a patient suffering from chronic renal insufficiency and requiring dialysis; when a living donor related by blood or a family member is available, then the transplant may be performed even before the dialysis begins (a pre-emptive transplant). To put a patient's name on the waiting list

Steps are also taken to establish the motives for the donation, the awareness of potential risk factors, the existence of ties of affection with the recipient and whether or not consent has been given in a truly informed and unforced manner.

For these very reasons, such activities are limited, in the majority of cases, to the family sphere of the patient who has need of the transplant, though, for obvious motives, this is not always possible.

Tissue (skin, amniotic membrane, blood tissue) and blood-generating stem cells (from the bone marrow, the blood and placenta blood), on the other hand, can be donated by whoever is willing to make this gesture of goodwill and altruism benefitting those in need.

for a kidney transplant, the dialysis centre contacts the CRT, or Regional Transplant Centre, in L'Aquila to make an appointment for placement on the list. On the scheduled day, an HLA typing is performed at the Regional Centre of Immunohaematology and Tissue Typing, along with a medical examination at the CRT for registration and a surgical examination at the Transplant Centre, to determine suitability. Patients undergoing dialysis may place their names on two waiting lists: one for their home region and one for another region of their choice.

When a donor body becomes available, the CRT coordinates all the operations to assess the suitability of the donor and, based on the blood group, the age and the HLA type, assigns the kidneys to the two most

### Algorithm of assigning kidneys

ABO compatibility
Donor/recipient age ratio (+15 years)
HLA compatibility
Seniority dialysis Value of PRA

compatible patients entered on the list. Additional points in the ranking are given for the length of time spent in dialysis and the value of the anti-HLA antibodies. The criteria are stated in the Services Charter of the CRT.

### HEART

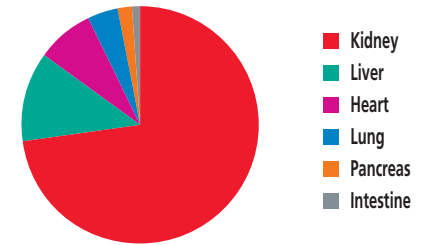
The cardiology structures of the Region in which the patient is being treated direct him or her, when a transplant is called for, to the centre in Chieti or to another transplant centre in Italy, eventually based on the patient's preference. When an organ becomes available, it shall be assigned to the patients on the waiting list on the basis of criteria that have been clearly stated and endorsed.

### LIVER

As in the case of the heart, the structures of hepatology, infectious diseases, internal medicine etc. that are caring for the patient when a transplant becomes appropriate, and assuming that the patient intends to carry out the transplant at the Gemelli Polyclinic in Rome, direct the patient to the CRT, or Regional Transplant Centre, in L'Aquila for the appointment for placement on the waiting list. On the scheduled day, an HLA typing is performed at the Regional Centre of Immunohaematology and Tissue Typing, along with a medical examination at the CRT for registration. The physicians of the CRT shall contact the Gemelli Polyclinic to evaluate the case, and the patient shall be given an appointment for the surgical examination at the

### Waiting lists

Patients = 8.758



Data SIT 31 December 2014

Transplant Centre of the Gemelli Polyclinic. When a donor liver becomes available from the hospitals of the region, it shall be assigned to the patients on the waiting list, based on criteria that are clearly stated and endorsed.

### WAITING LISTS

There are more than 8,000 patients in Italy who need transplants, due to the large gap between the number of available recipients and the quantity of available organs. The primary obstacle to transplants is the opposition of family members to the removal of organs from the dead relative, almost always due to the fact that they are unaware of the intentions of the deceased. In our region, opposition is voiced regarding roughly 40% of potential donors, while the national average is approximately 30%. Transplant costs are covered in full by the National Healthcare Service. Thanks to the transplant, the patient is able to return to a normal, active life.

Following the operation, patients who undergo transplants are once again able to work, travel and play sports. Individuals in their fertile years can have children and young transplanted women can carry a pregnancy to term.



## Donation of tissue and cells

### CORNEAS

Any deceased subject between the ages of 4 and 80, and who did not suffer from pathologies that counsel against donation, can be a donor of corneas and/or ocular tissue, assuming that, while living, they expressed their consent to donation, or their families are not opposed. The corneas taken are sent to an eye bank that, following a complex evaluation, certifies that the level of quality is sufficient for transplant. The **Eye Bank of the Abruzzo Region** is located in L'Aquila (telephone 0862 368282) and receives corneas donated in all the hospitals of the Abruzzo and Molise regions. Cornea transplants are performed at the ophthalmology operating units of the Abruzzo Region on patients with disturbances serious enough that their quality of life improves following the transplant. Given that the cornea is the transparent tissue that makes up the front portion of the eye, when it is seriously damaged, due to illness or accident, it transmits light poorly, the images form in a very approximate manner, and the individual's sight is compromised. In such cases, the only solution is to replace the cornea by transplanting donated tissue. There is a waiting list for this type of transplant as well.

### MUSCLE-SKELETAL TISSUE

Such tissue can also be donated by a living donor, including any patient that receives an artificial hip implant. The tissue is handled at a muscle skeletal tissue bank and certified as suitable for use in replacing bone substance lost during the insertion of prostheses, vertebral surgery etc. When there is the intention to make a donation, the consenting subject that has signed the pertinent form, after receiving adequate

information, fills out a questionnaire on his or her anamnesis, involving a series of queries on the patient's past health and certain living habits, in order to safeguard the wellbeing of the receiving patient, in addition to which the donor agrees to undergo laboratory tests to guarantee that he or she is not subject to any viral illnesses that can be transmitted through bone grafts. At the time of the operation, the bone segment, instead of simply being disposed of, shall be adequately packaged, labelled, frozen and shipped to the tissue bank for processing.

### TRANSPLANT OF STEM CELLS

In Abruzzo, the **Unit of Intensive Therapy for Haematopoietic Transplants** (Bone Marrow Transplant Centre, telephone 085 4252944) operates as part of the Department of Haematology of the Civic Hospital of Pescara. All the different types of transplants involving blood-generating stem cells taken from the bone marrow, from peripheral blood and from the umbilical cord are carried out utilising family donors, whether related by blood or not, with either full or partial (haploidentical) compatibility. The recipient patients, quite often very small children, suffer from serious haematopoietic conditions for which there is no alternative treatment. Many hopes for survival, therefore, are tied to the existence of a large number of people willing to be donors of bone marrow, a gesture that entails only a minimum of personal sacrifice. The problem is that, while an individual related by blood to the patient (such as a brother) can usually be the donor, not all patients can find a family-member donor, and a donor has to be sought from among volunteers willing to have their HLA type placed in the Italian IBMDR database (the Italian Bone Marrow Donors Registry) and the world BMDW (Bone Marrow Donors World Wide). Anyone who wishes to

declare their willingness to become a donor can contact the transfusion centre of the nearest hospital, which shall indicate all the procedures to be followed. A blood sample must be taken from the donor for the HLA typing, which shall be entered in the regional register of donors. In Abruzzo, the register is kept in L'Aquila, at the **Regional Centre for Immunohaematology and Tissue Typing** (telephone 0862 368236). When compatibility with a patient is established, the donor is called and additional analyses, once again involving blood samples, are carried out to better determine compatibility, after which the procedure is initiated to confirm suitability. Once it has been completed, and assuming the donor conforms his or her willingness to donate, the stem cells are removed through aspiration from the iliac crest or by taking peripheral blood following therapy to mobilise the stem cells. It should be emphasised that, in most instances, the donor selected is the only one in the world compatible with that patient.

### DONATION OF UMBILICAL CORD BLOOD

Abruzzo has a Regional Network of Centres

for the Collection of Umbilical Cord Blood operated at the regional "Birth Points", in accordance with the stipulated prerequisites of quality and security. All necessary information can be obtained from the transfusion centre of the donor's local hospital, where an interview shall be held in order to obtain the donor's informed consent. Umbilical cord blood collected at the time of birth shall be set to the **Umbilical Cord Blood Bank of the Abruzzo Region** (telephone 085 4252374), which is part of the Department of Transfusion Medicine of the Pescara Hospital, operated in close collaboration with the Regional Centre for Tissue Typing in L'Aquila. The tissue bank assess the suitability of the umbilical-cord blood collected, preserves it and distributes the units of umbilical-cord blood for transplants when compatibility with a recipient is determined.

#### For information

Regional Transplant Centre  
Abruzzo Region - Molise Region  
telephone 0862 368683 fax 0862 368318  
CRT@asl1abruzzo.it  
[www.crtabruzzomolise.it](http://www.crtabruzzomolise.it)

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Service	Structure	Telephone / Fax
L'Aquila	Centre for Immunohaematology and Tissue Typing	San Salvatore Hospital	0862 368 236
	Regional Transplant Centre	San Salvatore Hospital	0862 368 683 fax 0862 368 318
	Local Coordination for Transplant	San Salvatore Hospital	0862 368 689
	Kidney transplant	San Salvatore Hospital Uoc Organ Transplants	0862 368 254 / 255 0862 368 256
	Ocular tissue transplant	San Salvatore Hospital Uo Ophthalmologic Clinic Uo Eye Bank- Corneal surgery	0862 368 732 0862 368 555 / 556 0862 368 282
Avezzano	Local Coordination for Transplant	SS. Filippo e Nicola Hospital	0863 499 481
	Ocular tissue transplant	SS. Filippo e Nicola Hospital Uo Ophthalmology	0863 499 242
Sulmona	Local Coordination for Transplant	SS. Annunziata Hospital	0864 499 212
	Ocular tissue transplant	SS. Annunziata Hospital Uo Ophthalmology	0864 499 388

**ASL 2 • LANCIANO VASTO CHIETI**

Base	Service	Structure	Telephone
Chieti	Local Coordination for Transplant	SS. Annunziata Hospital	0871 358 320
	Heart transplant	SS. Annunziata Hospital	0871 358 666
	Ocular tissue transplant	SS. Annunziata Hospital Uo Ophthalmologic Clinic	0871 357 219 / 262
Lanciano	Local Coordination for Transplant	Renzetti Hospital	0872 706 427
	Ocular tissue transplant	Renzetti Hospital Uo Ophthalmology	0872 706345
Vasto	Local Coordination for Transplant	Civil Hospital	0873 308 450 / 580

**ASL 3 • PESCARA**

Base	Service	Structure	Telephone / Fax
Pescara	Local Coordination for Transplant	Civil Hospital	085 4252 732 / 520 085 4252 581
	Hematopoietic stem cells transplant	Civil Hospital - Unit of Intensive Haematological Therapy	085 4252 944
	Ocular tissue transplant	Civil Hospital Uo Ophthalmology	085 4252 527 / 529

**ASL 4 • TERAMO**

Base	Service	Structure	Telephone
Teramo	Local Coordination for Transplant	Mazzini Hospital	0861 429 320 / 317
	Ocular tissue transplant	Mazzini Hospital Uo Ophthalmology	0861 42 491 / 484 0861 42 725
	Atri	Local Coordination for Transplant	San Liberatore Hospital
Giulianova	Local Coordination for Transplant	Maria SS. dello Splendore Hospital	085 8020 273

**BLOOD DONATION**

Blood can be donated, as long as the donor falls between the ages of 18 and 65, is in good physical condition and weighs at least 50 kilograms, at the nearest transfusion centre. The act shows a heightened sensitivity and sense of responsibility towards both others and oneself, seeing that donating blood can truly save a life, or even more than one. If no one were to do it, then many people suffering

from leukaemia would be unable to survive, and the same holds true for people in serious condition following accidents. Donated blood can also be needed by patients undergoing surgery (including transplants), as well during any operation in which the anaesthesiologists or surgeons may deem it necessary to give the patient transfusions of concentrated red blood cells or plasma or even platelets.

**ASL 1 • AVEZZANO SULMONA L'AQUILA**

Base	Service	Structure	Address	Telephone
Avezzano	Transfusion Unit	Hospital	Località Tre Conche	0863 499 420
Castel di Sangro	Transfusion Centre	Hospital	Via Sangrina	0862 368 402
L'Aquila	Transfusion Centre	Croce Rossa office	Viale della Croce Rossa 14	0862 250 50
	Transfusion Unit	Hospital	Piazzale Paride Stefanini Località Coppito	0862 368 402
Sulmona	Transfusion Unit	Hospital	Viale Mazzini, 100	0864 499 431

**ASL 2 • LANCIANO VASTO CHIETI**

Base	Service	Structure	Address	Telephone
Atessa	Transfusion Centre	Hospital	Via Antonio Gramsci	0872 864 310
Casoli	Transfusion Centre	Hospital	Via Aventino	0872 989 222
Castiglione Messer Marino	Transfusion Centre	Health District	Via Alcide De Gasperi	0873 978 238 / 235
Chieti	Transfusion Unit	Hospital	Via dei Vestini	0871 357 592
Guardiagrele	Transfusion Centre	Hospital	Via Aniello, 15	0871 899 237
Lanciano	Transfusion Unit	Hospital	Via per Fossacesia, 1	0872 706 273
Ortona	Transfusion Centre	Hospital	Contrada Santa Liberata	085 917 2260
Vasto	Transfusion Unit	Hospital	Via San Camillo De Lellis, 1	0873 308 415

**ASL 3 • PESCARA**

Base	Service	Structure	Address	Telephone
Penne	Transfusion Unit	Hospital	Via Battaglione Alpini, 1	085 8276 293
Pescara	Transfusion Centre	Avis Pescara office	Corso V. Emanuele II, 10	085 4221 129
	Transfusion Unit	Hospital	Via Fonte Romana, 8	085 4252 497 / 515
Popoli	Transfusion Unit	Hospital	Via Berlinguer	085 9898 243 / 414

**ASL 4 • TERAMO**

Base	Service	Structure	Address	Telephone
Atri	Transfusion Unit	Hospital	Viale Risorgimento	085 8707 302 / 320
Giulianova	Transfusion Unit	Hospital	Via Gramsci	085 8020 374
Sant'Omero	Transfusion Centre	Hospital	Contrada alla Salara	0861 888 337
Teramo	Transfusion Unit	Hospital	Piazza Italia Frazione Villa Mosca	0861 429 697



## FOR WOMEN

### Adoption and foster care

Contact your municipality of residence to receive all the information needed to start the procedures.

### Anorexia, bulimia, obesity

If you are suffering from these types of disorders, you can receive care from structures specialised in such pathologies and offering treatment that includes:

- a medical examination with a nutritional assessment;
- an evaluation of eating habits and the overall attitude towards food;

- a psychological and psychodiagnostic evaluation;
- a psychiatric examination;
- nutritional rehabilitation;
- nutritional counselling;
- individual and family psychotherapy;
- psycho-educational encounters, on both the individual and group levels.

#### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Service	Structure	Telephone
Avezzano	Auxology and Obesity of Developmental Age (0/18 years) Centre	Hospital - Paediatrics	Outpatients' Clinic 0863 499 720
L'Aquila	Psychiatric Clinic- DH (only obesity and bulimia)	Hospital - building L4 Entrance C	Secretariat 0862 368 252 Outpatients' Clinic 0862 368 645 Hospitalization 0862 368 502

#### ASL 2 • LANCIANO VASTO CHIETI

Base	Service	Structure	Telephone
Chieti	Obesity Centre	Hospital - Medical Clinic	Outpatients' Clinic 0871 358 976 Department 0871 358 056
	Auxology and Pediatric Endocrinology Service	Hospital - Paediatrics	Outpatients' Clinic 0871 358 827 Department 0871 358 021

#### ASL 3 • PESCARA

Base	Service	Structure	Telephone
Popoli	Metabolic Diseases and Nutritional Rehabilitation Service	Hospital - Internal Medicine	Outpatients' Clinic 085 989 8350 Department 085 989 8348

#### ASL 4 • TERAMO

Base	Service	Structure	Telephone
Atri	Auxology and Developmental Age Nutrition Centre	Hospital	085 8707 360
Giulianova	Pathophysiology of Nutrition Centre	Hospital - Via Gramsci Outpatients' Clinic - Via Ospizio Marino	085 8020 399 / 482 085 8020 845 / 848

### Contraception

In order to get all the information and obtain the right assistance you can ask your ASL's family planning clinic, your MMG/PLS or a private or public accredited structure gynaecologist by reservation and with an appointment request letter. Emergency contraception (meaning the *day-after pill and the 5<sup>th</sup> day-after pill*)

should **never** be considered anything but an occasional method of contraception. **It is not - and should not be used as - an habitual approach to contraception.**

In case of need you can freely go to your family planning clinic (without appointment request letter and for free), to the Continuity of care (emergency medical service), to your MMG/PLS, **even if you are a minor without parental consent.**

## Pregnancy and childbirth preparation

Before starting a pregnancy you can go to a family planning clinic or to the specialist outpatients' clinics in your ASL for:

- information on pregnancy (how to be taken in, available services, maternity leaves, etc.);
- medical visits for a general health check before conception and for sterility and infertility problems;
- indications on clinical assessments for hereditary diseases;
- information on sexually transmitted diseases, on problems connected to drug addiction and on possible physiological paths.

**During pregnancy** you can go to a family planning clinic or to the specialist outpatients' clinics in your ASL for:

- visits and exams to assess your health conditions and to prevent genetic diseases (amniocentesis, scans);
- indications on correct lifestyles (nutrition, abstinence from smoking, etc.);
- childbirth classes;
- mandatory certifications;
- contacts with the hospital departments in which you will deliver.

Most of the exams recommended during pregnancy are prescription charges free, according to Ministerial Decree of 10.09.1998 (see *Exemptions*).

### Childbirth preparation

You can attend childbirth classes in hospital at the departments of Obstetrics and Gynaecology, in Family Planning Clinics and Health Districts.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Service	Structure	Address	Telephone
Avezzano	Uo Obstetrics and Gynaecology	Hospital	Via G. Di Vittorio	0863 499 202
L'Aquila	Uo Obstetrics and Gynaecology	Hospital	Via L. Natali - Località Coppito	0862 368 665
Sulmona	Uo Obstetrics and Gynaecology	Hospital	Viale G. Mazzini	0864 499 263

You can ask Family Planning Clinics for information

### ASL 2 • LANCIANO VASTO CHIETI

Base	Structure	Address	Telephone
Atessa	Family Planning Clinic - Hospital	Via Gramsci	0872 864 309 / 205
Casoli	Family Planning Clinic	Via del Campo Sportivo	0872 989 256
Chieti	Family Planning Clinic	Via Nicola Nicolini, 1	0871 358 213 / 860 0871 358 844 / 509
	Uo Obstetrics and Gynaecology - Hospital	Via dei Vestini	0871 358 236 0871 357 337
Chieti Scalo	Family Planning Clinic	Piazzale Marconi	0871 565 102 / 108
Gissi	Family Planning Clinic - PTA	Via Italia	0873 947 321 / 311
Lama dei Peligni	Family Planning Clinic	Via Calata Frentana, 1	0872 91397
Lanciano	Family Planning Clinic	Via Don Minzoni, 28	0872 721 305
Ortona	Family Planning Clinic	Piazza San Francesco	085 9173 220 / 221
San Salvo	Family Planning Clinic	Via Pascoli	0873 343 262
Vasto	Family Planning Clinic	Via Michetti, 86	0873 308 730

### ASL 3 • PESCARA

#### Family Planning Clinics

[consultori@ausl.pe.it](mailto:consultori@ausl.pe.it)

Base	Address	Telephone	E-mail
Catignano	Town Hall	085 841 615	
Città Sant'Angelo	Largo Baiocchi	085 4253 305 / 322	<a href="mailto:consultorio.csa@ausl.pe.it">consultorio.csa@ausl.pe.it</a>
Montesilvano	Corso Umberto, 447	085 4253 351 / 352 / 365 / 364	<a href="mailto:consultorio.montesilvano@ausl.pe.it">consultorio.montesilvano@ausl.pe.it</a>
Penne	Contrada Carmine, 107	085 8276 523 / 4 / 5	<a href="mailto:consultorio.penne@ausl.pe.it">consultorio.penne@ausl.pe.it</a>
Pescara	Via Milli, 2	085 4254 980	<a href="mailto:consultorio.viamilli@ausl.pe.it">consultorio.viamilli@ausl.pe.it</a>
Pescara Nord	Via Nazionale Adriatica Nord, 140	085 4253 470 / 1 / 2	<a href="mailto:consultorio.penornd@ausl.pe.it">consultorio.penornd@ausl.pe.it</a>
Pescara Sud	Via Pesaro, 50	085 4253 975 / 903	<a href="mailto:consultorio.pescarasud@ausl.pe.it">consultorio.pescarasud@ausl.pe.it</a>
Pianella	Via Santa Lucia	085 971 376	
Popoli	Via Aldo Moro, snc	085 9898 392 / 394 / 406	<a href="mailto:consultorio.popoli@ausl.pe.it">consultorio.popoli@ausl.pe.it</a>
Scafa	Viale della Stazione	085 9898 817	<a href="mailto:consultorio.scafa@ausl.pe.it">consultorio.scafa@ausl.pe.it</a>
Spoltore	Via del Convento	085 4253 611	<a href="mailto:consultorio.spoltore@ausl.pe.it">consultorio.spoltore@ausl.pe.it</a>

### ASL 4 • TERAMO

Base	Service	Structure	Address	Telephone
Atri	Gynaecology	Hospital	Via Finocchi	085 870 7237
Sant'Omero	Obstetrics and Gynaecology	Hospital	Contrada alla Salara	0861 888 381
Teramo	Obstetrics and Gynaecology	Hospital	Piazza Italia	0861 429 363 / 371 / 372

## Urinary incontinence

To diagnose and treat urinary incontinence you can go to the hospital departments of Urology and Obstetrics/Gynaecology (see *Hospitals*).

## Infertility and assisted reproduction

To diagnose and treat infertility you can go to the hospital departments of Obstetrics/Gynaecology and to Assisted Reproduction Centres. See also *Hospitals*.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Service	Structure	Address	Telephone
Avezzano	Uo Obstetrics and Gynaecology	Hospital	Via G. Di Vittorio	0863 499 202
L'Aquila	Centro Fivet	Hospital	Via L. Natali - Località Coppito	0862 311 181 - 0862 368 264

### ASL 2 • LANCIANO VASTO CHIETI

Base	Structure	Address	Telephone
Ortona	Medically Assisted Procreation Centre - Hospital	Contrada Santa Liberata	085 9172 289
Vasto	Perinatal Medicine Centre Uo Obstetrics and Gynaecology - Hospital	Via San Camillo de Lellis	0873 308 568

### ASL 3 • PESCARA

Base	Service	Structure	Address	Telephone
Pescara	Infertility Clinic Uo Obstetrics and Gynaecology	Hospital	Via Fonte Romana, 8	085 4252 427

### ASL 4 • TERAMO

Base	Service	Structure	Address	Telephone
Teramo	Uo Obstetrics and Gynaecology	Hospital	Piazza Italia	0861 429 363 / 371 / 372

## Voluntary Termination of Pregnancy (Ivc)

It is possible to interrupt your pregnancy according to the current regulations in the hospital departments of Obstetrics/Gynaecology. For further information you can ask your MMG/PLS or a family planning clinic, **even if you are a minor without parental consent** (see *Other rights of adolescents*).

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Service	Structure	Address	Telephone
Avezzano	Uo Obstetrics and Gynaecology	Hospital	Via G. Di Vittorio	0863 499 202
L'Aquila	Uo Obstetrics and Gynaecology	Hospital	Via L. Natali - Località Coppito	0862 368 665
Sulmona	Uo Obstetrics and Gynaecology	Hospital	Viale G. Mazzini	0864 499 263

### ASL 2 • LANCIANO VASTO CHIETI

Base	Structure	Address	Telephone	
Lanciano	Uo Obstetrics and Gynaecology	Hospital	Via del Mare	0872 706 313
Vasto	Uo Obstetrics and Gynaecology	Hospital	Via San Camillo de Lellis	0873 308 260

### ASL 3 • PESCARA

Base	Service	Structure	Address	Telephone
Pescara	Uo Obstetrics and Gynaecology	Hospital	Via Fonte Romana, 8	085 4252 555 / 476

### ASL 4 • TERAMO

Base	Service	Structure	Address	Telephone
Atri	Gynaecology	Hospital	Via Finocchi	085 870 7237
Sant'Omero	Obstetrics and Gynaecology	Hospital	Contrada alla Salara	0861 888 381
Teramo	Obstetrics and Gynaecology	Hospital	Piazza Italia	0861 429 363 / 371 / 372

You can ask every Family Planning Clinic in your Asl for information

## Menopause Centres

You can access the Centres contacting them directly or making a reservation at the CUP with an appointment request letter for a gynaecologic visit. The activities of the Centre include: anamnestic interview, venipuncture

for laboratory examination, smear test, supra-pubic and transvaginal pelvic ultrasound, gynaecologic visit, bone density scan (MOC). During the visit the specialist will decide if you have to undergo further controls.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

You can address every Family Planning Clinic and every Operative Unit of Obstetrics and Gynaecology of the Hospitals in order to plan the path to follow

### ASL 2 • LANCIANO VASTO CHIETI

Base	Service	Structure	Telephone
Chieti		Hospital - Outpatients' Clinic - 6 <sup>th</sup> floor room 630	0871 358 278
Lanciano	Uo Obstetrics and Gynaecology	Hospital	0872 706 254
Vasto	Uo Obstetrics and Gynaecology	Hospital	0873 308 325

### ASL 3 • PESCARA

Base	Service	Structure	Address	Telephone
Penne	Menopause Centre	Hospital	Via Battaglione Alpini, 1	085 8276 224
Pescara	Menopause Centre Uo Obstetrics and Gynaecology	Hospital	Via Renato Paolini, 45	085 4252 425 / 528
Popoli	Menopause Centre	Hospital	Via Enrico Berlinguer	085 9898 318 / 319

### ASL 4 • TERAMO

Base	Structure	Address	Telephone
Atri	Hospital	Via Finocchi	085 870 7457
Teramo	Hospital	Piazza Italia	0861 429 372

## Female cancers

Diagnosis and treatment of cervical and breast cancer can be made in every hospital, and there are also specific pathways (see also *Screening*).

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Service	Structure	Address	Telephone
Avezzano	Uo Obstetrics and Gynaecology	Hospital	Via G. Di Vittorio	0863 499 202
L'Aquila	Uo Obstetrics and Gynaecology	Hospital	Via L. Natali - Località Coppito	0862 368 779 / 665
Sulmona	Uo Obstetrics and Gynaecology	Hospital	Viale G. Mazzini	0864 499 263

You can also ask Family Planning Clinics

### ASL 2 • LANCIANO VASTO CHIETI

**Breast cancer integrated pathway** Case Manager 366 62 06 289

### ASL 3 • PESCARA

At Family Planning Clinics (see Family Planning Clinics)

### ASL 4 • TERAMO

Base	Service	Address / E-mail	Telephone
Teramo	Senology Path Senology Centre	Hospital - Piazza Italia percorsosenologico@asiteramo.it	0861 429 570 0861 429 231



## Gender violence

If you are a victim of sexual violence or any other kind of violence you can go to hospitals' ER and to Family Planning Clinics where you will receive an appropriate assistance and you will find technical-professional-relational answer on a health psycho-social level not only in the emergency phase, but also in the following period.

National toll-free numbers (free of charge):

- **Antiviolence** telephone 1522  
[www.antiviolenzadonna.it](http://www.antiviolenzadonna.it);
- **Antitrafficking** telephone 800 290 290;
- **Antidiscrimination**  
telephone 800 901 010;
- **Genital mutilations**  
telephone 800 300 558;
- **Childcare emergency**  
telephone 114;
- **Telefono azzurro** (helpline) 196 96.  
(See also *Abuse and maltreatment*).

## Mobbing counter

*Mobbing* is a term used to indicate a situation of psychological pressure/terrorism in the workplace.

It results from continuous oppression and harassment exerted by the employer, by a superior, or by colleagues of the same level or subordinates, towards a certain

worker with the purpose of isolating, marginalizing and finally lead him/her to resignation or at least to give up his/her position.

Every worker can access the services offered by this counter.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Structure	Address	Telephone
L'Aquila	Hospital	Via L. Natali - Località Coppito	0862 368 667 0862 433 403

### ASL 3 • PESCARA

Base	Service	Structure	Address	Telephone / Fax
Pescara	Mobbing Counter	Old Hospital	Via Renato Paolini, 47	085 4253 990

### ASL 4 • TERAMO

Base	Service	Address	Telephone
Teramo	CUG - Warranty Committee	Circonvallazione Ragusa, 1	0861 420 319



## FOR CHILDREN AND ADOLESCENTS

### How to register a newborn

According to the Italian Law you must register the birth of babies in order to give them identity and status.

You can register a baby at the register office within three days directly in the structure where the birth took place, or within ten days at the registry office of the Municipality where the birth took place or in the Municipality of residence of the parents.

To register your baby you need a **valid ID card** and the **certificate issued by the obstetrician or the doctor** who assisted the delivery. This document is indispensable whether the birth took place in a health facility or at home.

### How to choose a paediatrician (PLs)

To choose a paediatrician for your child you have to go to the Choice and Revocation Office in your Health District with your Family Status Certificate, or a self-certification, in which are already registered the newborn and his/her tax code (you can ask for it at the nearest Agenzia delle Entrate (tax office) and you will be also given the European Health Card, which will be mailed at your address of residence).

You will have to choose the paediatrician from the list of those operating in your Health District. You can revoke your choice any time from 0 to 14 years and select another paediatrician.

For kids aged between 6 and 14 years parents can choose to register them with the MMG or the PLs.

## How and when to vaccinate a child

Some vaccinations are obligatory, while others are recommended, depending on the age of the child and the presence of certain pathologies, or in the case of international travel to countries at risk.

The following **vaccinations are obligatory** for all new-borns:

- against diphtheria;
- against tetanus;
- against polio;
- against viral hepatitis B.

The **recommended vaccinations** for new-borns are:

- against measles;

- against mumps;
- against rubella;
- against invasive forms of Hib (Haemophilus Influenzae b);
- against pneumococcal infections;
- against infections from meningococcal C.

For little girls in their 12<sup>th</sup> year of age, vaccination against infection from certain strains of HPV (human papillomavirus) is recommended.

For more detailed information, contact your paediatrician or the public hygiene service where you must go to have the vaccinations performed.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Address	Telephone	Fax
Avezzano	Via Monte Velino, 18	0863 499 860	
Castel di Sangro	Via Porta Napoli, 50b	0864 899 269	
L'Aquila	Via Gaetano Bellisari - Collemaggio	0862 368 831 / 834	0862 368 831
Sulmona	Via Gorizia, 4	0864 499 622	

### ASL 2 • LANCIANO VASTO CHIETI

Base	Structure	Address	Telephone	Consulting hours
Atessa	Health District	Piazza Garibaldi	0872 864 295	on Mondays, Tuesdays Wednesdays and Fridays 9.00-12.00
Casoli	Health District	Via del Campo Sportivo	0872 989 252	on Wednesdays, Thursdays and Fridays 9.00-12.00
Castiglione Messer Marino	Health District	Via Alcide De Gasperi, 1	0873 975 055	on Tuesdays and Fridays 10.00-12.00
Chieti	ex Hospital	Via Valignani	0871 358 395 0871 358 431/391	Mondays to Fridays 8.30-12.30
Francavilla al Mare		Via Pola, 15b	085 4911 437	on Tuesdays and Thursdays 8.30-13.00
Guardiagrele	ex DSB	Via Anello, 15	0871.899308	on Mondays, Tuesdays and Thursdays 8.30-10.30
Lanciano	Health District	Via Don Minzoni	0872.706966	Mondays to Fridays 9.00-12.00
Orsogna*	Health District	Via G. Magno	0871 867 063	on Mondays 9.30-11.30
Ortona	Health District	Piazza San Francesco, 4	085 9173 226	Mondays to Saturdays 8.30-12.30
San Giovanni Teatino	Health District	Via Cavour, 4/2	085 4461 324 085 4463 505	on Mondays and Thursdays 9.00-11.45
San Salvo	Health District	Via Alcide De Gasperi	0873 5449 215	on Mondays, Tuesdays, Thursdays, Fridays and Saturdays 9.00-12.00
Tollo*	Health District	Via Principessa di Piemonte	0871 969 099	on Fridays 8.30-11.30
Vasto	Health District	Via Michetti, 86	0873 908 740	Mondays to Fridays 9.00-12.00

\* Facilities soon scheduled to close

### ASL 3 • PESCARA

Base	Service	Structure	Address	Telephone
Pescara	Vaccinations Office	Hospital	Via Renato Paolini, 45	085 4253 959

There are vaccination structures in Health Districts

### ASL 4 • TERAMO

Base	Service	Structure	Address	Telephone
Teramo	Epidemiology and Public Health	Vaccinations Centre	Contrada Casalena	0861 420 569

## Paediatric neuropsychiatry and developmental psychology

In every ASL you can make use of the services offered by this specialist branch which performs activities of prevention, diagnosis, care and rehabilitation for neurologic, psychiatric and psychological/relational disorders in children and adolescents aged between 0 and 18 years.

The professional competences of child psychiatrists, psychologists, speech therapists and physiotherapists are put at the service of these activities, in collaboration with PLS/MMG.

The intervention sectors are:

- **Neurology**, psychomotor retardations and adjustment disorders of the first year of life, epilepsies, cerebral palsies, muscular dystrophies, dystonia, cephalalgias, neurometabolic diseases, genetic syndromes, etc.;
- **Neuropsychology**, mental retardation, specific learning disorders (dyslexia, dysorthography, dyscalculia) language disorders (dysphasia, stutter, language delays, etc.);

- **Psychiatry and clinical psychology**, children and adolescents behavioural disorders, hyperactivity, attention problems, autism, psychosis, depression, anorexia, bulimia and other eating disorders, obsessive-compulsive disorders, sleep disorders, anxiety disorders, phobia, psychosomatic illnesses, relational disorders, personality disorders, enuresis, encopresis, maltreatment and violence on minors and their consequences;
- **Rehabilitation**, rehabilitation projects in movement, psychomotor, cognitive, neuropsychological and psychiatric disorders.

The service guarantees: outpatient performances, visits, individual and group medical interviews, assessments, individual and group activities of social support, consultancies and assessments at the request of court or other authorities, consultancies in schools (according to Law 104/92), home visits, visits to educational and rehabilitative structures.

To make a reservation call the numbers reported on the following pages.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Service	Structure	Address	Telephone
Avezzano		ex Polio Centre	Via Don Minzoni	0863 499 025 / 048
L'Aquila	Mother and Child Department	Hospital	Via L. Natali - Località Coppito	0862 368 510
Sulmona		ex Comboniani building	Via Gorizia, 4	0864 499 626

### ASL 2 • LANCIANO VASTO CHIETI

Base	Structure	Address	Telephone
Chieti	Health District	Via Tiro a Segno	0871 358 972
Chieti Scalo	District supplies department	Via De Litio, 24	848 000 952
FrancaVilla al Mare	Health District	Contrada Alento	085 9174 227
Ortona	Health District	Piazza San Francesco	085 9173 309 / 235

### ASL 3 • PESCARA

Base	Service	Structure	Address	Telephone
Pescara	Infantile Neuropsychiatry	Old Hospital	Via Renato Paolini, 45	085 4252 842 / 843

### ASL 4 • TERAMO

Base	Service	Address	Telephone
Teramo	Infantile Neuropsychiatry	Contrada Casalena	0861 420 518

For eating disorders in infancy and in childhood, see *Anorexia, Bulimia, Obesity* on page 102.

## Abuse and maltreatment

At the child psychiatry service and at Family Planning Clinics you can receive institutional interventions against abuse and maltreatment of minors. They will perform a diagnostic evaluation, a therapeutic project and the foster care of the minor victim of abuse or maltreatment and his/her family.

National help numbers (free of charge):

- **Telefono azzurro** (helpline) 196 96 [www.azzurro.it](http://www.azzurro.it);
- **Health emergency** telephone 114;
- **Missing children** telephone 116 000;
- **Child pornography** telephone 196 196 [www.hot114.it](http://www.hot114.it).

## Family mediation

The child psychiatry service offers help to parents in high conflict separations. At the family planning clinic you will have for free at your disposal a family mediator. The service aims to help separating cou-

ples in reaching agreements having as their main goal a concrete emotional protection of the minor. You can refer to the following contacts for further information.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Structure	Address	Telephone
Avezzano	ex Polio Centre	Via Don Minzoni	0863 499 025

## ASL 2 • LANCIANO VASTO CHIETI

You can refer to social workers in every Family Planning Clinic

## ASL 3 • PESCARA

In Family Planning Clinics (see offices)

## ASL 4 • TERAMO

In Family Planning Clinics (see offices)

## School in hospital

In the paediatric departments there is the school in hospital service, involving teachers from kindergartens and primary school. The activity aims to make the hos-

pitalization less traumatic for the little patients, guaranteeing their right to study, in order to contrast the school dropout deriving from the illness.

## Other rights of adolescents

The health acts listed below can be requested **without parental or tutors' consent**. The doctor will have to carry them out:

- diagnostic (also laboratory) assessments and cares in case of **symptoms of sexually transmitted diseases** (Law 837/56 art. 4 and art. 9 and 14 of the Implementation regulation DPR 2056/62);
- medical services and distribution in health structures and Family Planning Clinics of necessary means to responsible parenthood/**contraception** (Law 194/78 art. 2) and of **gynaecological visits**;
- acts for **interruption of pregnancy** (Law 194/78 art. 12);

- diagnostic, therapeutic and rehabilitation assessments due to **drug use** (DPR 309/90 art. 120);
- health treatments in case of suspected **physical violence** or **sexual abuses**.

For every information also inherent other kind of problems you can always freely go to Family Planning Clinics and URP (see *Family Planning Clinic* and *URP*).

For further information consult the DGR 230/2009 *Approvazione linee di indirizzo per la gestione del consenso informato* (Approval of directives to the management of informed consent), BURA no. 34 of 15/07/2009.



## FOR THE ELDERLY

### Rehabilitation path

Rehabilitation health activities aim at the functional recovery of modifiable handicaps and disabilities, of various nature and severity, addressed to patients of every age who need appropriate and effective rehabilitation interventions. These activities guarantee hospitalization, outpatient and home functions.

The ASL can also make use of accredited private structures through the regional health system.

The rehabilitation activities require taking in charge of the patient through the predisposition of an individual rehabilitation project with interdisciplinary and interprofessional modalities.

### Integrated Home Care (ADI)

See to pages 47 and 48.

## Planned Home Care (ADP)

This kind of assistance guarantees a regular lift (weekly, fortnightly or monthly) to the MMG/PLS consulting rooms to people unable to move.

Non-ambulatory patients unable to reach the consulting room or people with serious difficulties in moving about (heart or respiratory failure, etc.) can ask for this service at the MMG/PLS and/or their Health District.

## Nursing homes (Residenze Sanitarie Assistenziali - Rsa)

RSAs are outpatient territorial structures for non self sufficient patients older than 65 years, affected by chronic or post-acute disabling diseases susceptible of treatment.

The RSA guarantees: basic health care, re-

habilitation treatments, assistance in activities of daily living. The access to the RSA happens through the Geriatric Assessment Unit (UVG), requested by your MMG or, if the patient is hospitalized, by a member of the department.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

#### RSA (Residenze Sanitarie Assistenziali) - Accredited/Provisionally Accredited Private Nursing Homes

Base	Structure	Address / E-mail	Telephone / Fax
Avezzano	Don Orione	Via Corradini, 31 orioneav.amm@tiscali.it	0863 415 348 fax 0863 33175
Canistro	Ini	Via del Cotardo, 1 accettazione.canistro@gruppoi.it	0863 97460 fax 0863 977 478
Castel di Sangro	Pax Cristi	Via Sangro, 45 paxcristi@libero.it	0864 845 224 fax 0864 845 224
Celano	Opera Santa Maria della Pace	Via Collutri, 1 clinicacelano@alice.it	0863 790 051 fax 0863 790 760
Fontecchio	Opera Santa Maria della Pace	Contrada delle Grazie, 1 rsa.fontecchio@libero.it	0862 85 119 / 139 / 398
Montereale	RSA Public structure	SS Picente, 16	0862 90401 fax 0862 40211
Scoppito	Villa Dorotea	Località Macere direzionesanitaria@villadorotea.it	0862 71441 fax 0862 7144 272
Trasacco	Nova Salus	Via Roma, 75	0863 93131
Villalago	San Domenico	Via della Difesa, 1 sandomenicorsa@sangrogestionispa.it	0864 740 611 fax 0864 740 679

### ASL 2 • LANCIANO VASTO CHIETI

#### RSA (Residenze Sanitarie Assistenziali) - Accredited/Provisionally Accredited Private Nursing Homes

Base	Structure	Address	Telephone
Casalbordino	Domus Pacis	Via Rossini, 6	0873 907 366
Celenza sul Trigno	Samidad Il Chiostro	Piazza Cavour, 8	0873 958 709
San Giovanni Teatino	Villa San Giovanni	Via Monte Bordone, 2	085 4469 045
San Salvo	Edos Gestioni San Vitale	Contrada Stazione, 111	0873 514 418
Santa Maria Imbaro	Edos Santa Rita	Via Gesi, 35	0872 578 412

### ASL 3 • PESCARA

#### RSA (Residenze Sanitarie Assistenziali) - Accredited/Provisionally Accredited Private Nursing Homes

Base	Structure	Address	Telephone	Fax
Città Sant'Angelo	Villa Serena Public structure Psycho-geriatric Rsa "Azzurra" of Villa Serena	Largo Baiocchi Viale Petruzzi, 42	085 4253 319 085 9590 459	085 4253 300
Montesilvano	Santa Maria Ausiliatrice	Via Marinelli, 104	085 75093	
Spoltore	Medaglia d'Oro De Cesaris	Strada Bucciarelli, 13	085 413 353	
Tocco da Casauria	RSA Public structure	Via XX Settembre	085 880 287	

### ASL 4 • TERAMO

#### RSA (Residenze Sanitarie Assistenziali) - Accredited/Provisionally Accredited Private Nursing Homes

Base	Structure	Address	Telephone
Giulianova	Quadrifoglio s.c. onlus ex Residence Cristal Cris '89	Via Bompadre, 36	085 8003 882 085 8025 147
Teramo	RSA Public structure	Contrada Casalena	0861 420 595 / 599



## Assisted Residences (RA)

The RAs are structures of residential hospitality designed to receive self-sufficient elderly people no longer capable of living autonomously at home.

The service is addressed to elderly people older than 65 years.

Ask your doctor in order to activate it.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

#### RA - Private Provisionally Accredited Assisted Residences

Base	Structure	Administration	Address	Telephone / Fax
L'Aquila	Senior Services Centre	Municipality of L'Aquila	Via Capo Croce, 1	0862 401 760 fax 0862 401 760

### ASL 2 • LANCIANO VASTO CHIETI

#### RA - Private Provisionally Accredited Assisted Residences

Base	Structure	Address	Telephone
Bucchianico	Istituto Figlie di San Camillo	Via Piana, 17	0871 381 127 0871 382 293
Castelfrentano	Coop. Soc. Fraternitas	Via Paludi, 4	0872 56805
Chieti	Istituti Riuniti San Giovanni Battista	Piazza Garibaldi, 2	0871 345 252
Crecchio	Soc. Lido srl Casa Albergo Il Castello	Via Piano Parcino, 20	0871 942 015
Guardiagrele	Soc. Coop. Simeoni Sen. E. Borrelli	Via Colle Granaro	0871 801 074
Lanciano	Casa Religiosa Antoniano	Viale Sant'Antonio, 4	0872 715 389
	Istituto Sacri Cuori Maria Assunta	Via Santo Spirito, 13	0872 40214
Orsogna	Soc. Coop. Simeoni La Casa del Sole	Via Torre Pellegrina, 14	0871 86525
Ortona	Soc. Lido Srl T. Berardi	Via della Libertà, 248	085 9069 213
San Vito Chietino	Istituto Sacri Cuori "C. Ciampoli"	Viale C. Colombo, 34	0872 61084

### ASL 3 • PESCARA

#### RA - Private Provisionally Accredited Assisted Residences

Base	Structure	Address	Telephone
Popoli	Residenza Il Giardino	Via C. D'Ascanio, 10	085 98400

### ASL 4 • TERAMO

#### RA - Private Provisionally Accredited Assisted Residences

Base	Structure	Address	Telephone
Civitella del Tronto	Opera Pia Filippo Alessandrini Nursing Home and Rsa	Via Ferdinando II di Borbone	0861 91358
Giulianova	Quadrifoglio s.c. onlus ex Residence Cristal Cris '89	Via Bompadre, 36	085 8003 882 085 8025 147
Teramo	Ipab Nursing Home G. De Benedictis	Viale Crispi, 245	0861 4281
	Is.en.co. Srl City Residence	Via Vincenzo Irelli, 16/18	0861 252 398 0861 254 461

## Centres for Alzheimer's and Parkinson's patients

These centres make assessment visits for the Alzheimer's disease and for movement disorders, and the following monitoring visits at the Neurology and Neuropsychopathology. Only for the first visit you have to make a reservation at the CUP with an appointment request letter.

**For the detection of the Alzheimer's disease** they make a clinical evaluation of the cognitive functions, through administration of psycho-

metric tests; an evaluation of tomography and RMN (Nuclear Magnetic Resonance) and an evaluation of the blood chemistry parameters for the differential diagnosis between primary and secondary dementia.

**For the detection of the Parkinson's disease** they make a clinical evaluation of the disease, an evaluation of the RMN, a genetic screening through the collection of a blood sample.

### ASL 2 • LANCIANO VASTO CHIETI

Base	Service	Structure	Address	Telephone
Chieti	Geriatric Clinic	Hospital		0871 358 514
Lanciano	Cognitive Disorders and Dementia Centre	Health District	Via Don Minzoni, 1	0872 706 928 / 510
	Uo Neurology Alzheimer's Disease Evaluation Unit	Hospital		0872 706 385
Ortona	Psychogeriatric Outpatients' Clinic	Mental Health Centre	Piazza San Francesco	085 9173 240
Vasto	Uo Psychiatry	Hospital		0873 308 407

### ASL 3 • PESCARA

Base	Service	Structure	Address	Telephone
Pescara	Alzheimer's Disease Centre	Old Hospital (ex Paediatrics)	Via Renato Paolini, 47	085 4252 928
	Uo Clinical Neuropsychopathology	Old Hospital	Via Renato Paolini, 45	085 4252 883 / 884

### ASL 4 • TERAMO

Base	Service	Structure	Address	Telephone
Atri	Alzheimer's Disease Centre	Hospital	Via Finocchi	085 8707 231 / 331
Giulianova	Alzheimer's Disease Centre	Hospital	Via Gramsci	085 802 0302
Sant'Omero	Alzheimer's Disease Centre	Hospital	Contrada alla Salara	0861 888 284
Teramo	Neurology	Hospital	Piazza Italia	0861 429 594 / 595 / 723
	Psychiatry - Alzheimer's Disease Centre	Hospital	Piazza Italia	0861 429 705 / 707 / 708



## Osteoporosis

You can undergo ultrasound densitometry – morphometric visit – Bone Density

Scan (MOC) in the designated hospital departments.  
You can book at the CUP.

### ASL 2 • LANCIANO VASTO CHIETI

Base	Service	Structure	Telephone
Chieti	Endocrinology Outpatients' Clinic	Hospital - 5° floor	0871 358 587
Lanciano	Uo Nuclear Medicine	Hospital	0872 706 226

### ASL 3 • PESCARA

At the Radiology Departments of Hospitals and Health Districts

### ASL 4 • TERAMO

Base	Service	Structure	Address	Telephone
Teramo	Regional Osteoporosis Centre	Hospital	Piazza Italia	0861 429 547 / 453

## Pain and palliative care

The structure for **pain therapy** is active in hospitals, meets the different needs of the treatment of severe and chronic pain for hospitalized and home assisted patients. It performs the following activities: outpatient

activity, Day Hospital/Day Surgery Activity, chronic benign pain treatment (acute and chronic low back pain, trigeminal neuralgia, cephalalgia, etc.), integrated home activity. You can contact the following numbers.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Service	Structure	Address	Telephone / Fax
Avezzano	Operative District	Hospital	Via G. Di Vittorio	0863 499 346
L'Aquila	Uo Anesthesiology	Hospital	Via L. Natali - Località Coppito	0862 368 785
	Pain Therapy and Care	Hospice Casa Margherita	Via Capo Croce,1	0862 4096 201 / 214
Sulmona	Operative District	Hospital	Viale Mazzini, 100	0864 499 271

### ASL 2 • LANCIANO VASTO CHIETI

Base	Service	Structure	Telephone
Chieti	Uo Anaesthesia and Intensive Care	Hospital	0871 358 404
	Uo Pain and Palliative Care	Hospital	0871 358 478
Lanciano	Uo Anaesthesia and Intensive Care	Hospital	0872 706 545 / 339
Vasto	Uo Anaesthesia and Intensive Care	Hospital	0873 308 458

### ASL 3 • PESCARA

Base	Service	Structure	Address	Telephone
Pescara	Pain Therapy and Palliative Care	Old Hospital	Via Renato Paolini, 45	085 4252 463

### ASL 4 • TERAMO

Base	Service	Structure	Address	Telephone
Atri	Pain Therapy Outpatients' Clinic	Hospital	Via Finocchi	085 8707 225 / 226
Giulianova	Pain Therapy Outpatients' Clinic	Hospital	Via Gramsci	085 8020 273
Sant'Omero	Pain Therapy Outpatients' Clinic	Hospital	Contrada alla Salara	0861 888 426
Teramo	Pain Therapy Outpatients' Clinic	Hospital	Piazza Italia	0861 429 922
	Pain Therapy Coordination	Health District	Circonvallazione Ragusa, 1	0861 420 344 / 388

The aim of **palliative cares** is to cure, reducing as much as possible the disabling symptoms which can characterize the terminal phase of the diseases.

According to the needs of the patient, palliative cares can be administrated **at home, at the outpatients' clinics, at the hospital, at the hospice.**

The regional structures are the following.

### ASL 2 • LANCIANO VASTO CHIETI

Base	Service	Structure	Address	Telephone
Chieti	Uo Pain and Palliative Care	Hospital		0871 358 478
Lanciano	Uo Palliative Care Hospice - NAD	Hospice Alba Chiara	Via Belvedere, 65	0872 715 827
Torrevicchia Teatina		Hospice Torrevicchia Teatina	Via Castelferrato	0871 357 019 fax 0871 357 010

**ASL 3 • PESCARA**

Base	Service	Structure	Address	Telephone
Pescara	Pain Therapy and Palliative Care	Old Hospital	Via Renato Paolini, 45	085 4252 463

**ASL 4 • TERAMO**

Base	Service	Structure	Address	Telephone
Atri	ADi Service	Health District	Via Finocchi	085 870 7436
Montorio	ADi Service	Health District	Contrada Plane	0861 429 912
Nereto	ADi Service	Health District	Via Lenin, 18	0861 888 233
Roseto	ADi Service	Health District	Via Adriatica, 42	085 802 0870
Teramo	ADi Service	Health District	Circonvallazione Ragusa, 1	0861 420 388

The ADi has the right to avail of the collaboration of the specialist on duty at the Analgesic Therapy Department and/or of specific professional figures

## Prostate diseases

You can ask the departments of Urology of the hospitals for diagnosis and treatment of these pathologies.

**ASL 2 • LANCIANO VASTO CHIETI**

*Integrated pathway for prostate cancer*    *Case Manager*    **366 62 06 289**



# FOR FOREIGN RESIDENTS AND ITALIANS ABROAD

## Italians abroad

If you travel for tourism, work or study to a state of the European Union, or to Iceland, Liechtenstein, Norway or Switzerland (states that belong to the EEA, or European Economic Area), remember to bring your TEAM – European Health Insurance Card – with you. This is the back portion of your national healthcare card (the one issued by the Revenues Agency to everyone registered with the National Healthcare System). When you present your TEAM to a doctor or hospital (public or subsidised) in states of the EU or the EFTA, you are entitled to receive the medical services you require, and not only emergency care, under the same conditions as the citizens of the country you are visiting.

As a rule, the services are provided free of charge, apart from the payment of any deductible fees or other minimum expense contributions. But it should be remembered that

healthcare systems in Europe vary from one country to another. Services that are supplied free of charge in Italy may not be in another European State. Or in certain countries (such as France) there may be a system of indirect assistance, under which the service must be paid for, but then you can request reimbursement from your ASL upon returning to Italy. Minimum deductible payments, on the other hand, are never reimbursed, no matter what country they were paid in. It should also be kept in mind that exemptions from minimum deductible payments provided in Italy for certain chronic illnesses may not be valid in other States of the UE or the EFTA.

What is more, although individuals with chronic conditions are entitled, when they present their TEAM cards, to “continuity of care”, meaning whatever treatment is necessary, based on their health, the Ministry

of Health still recommends that patients undergoing dialysis or chemotherapy, for example, make contact in advance with the foreign structure from which they shall request the service.

If, on the other hand, you travel to a country outside the European Union, and there are no bilateral agreements in force with that country regarding healthcare, then you may benefit from indirect assistance (meaning that you pay the expense and then present a request for reimbursement to the Italian diplomatic mission abroad within three months of the date of the last expense for each medical event), but **only if you are travelling for reasons of study or work.**

In such cases, the beneficiaries of the assistance must request from the ASL with which they are registered, doing so prior to their departure, the certification referred to under art. 15 of Presidential Decree no. 618 of 31 July '80, having first presented the following documentation:

- **for workers:** a note of transfer abroad, plus documentation demonstrating that they are still covered by the Italian pension and welfare system;

## Travel abroad for highly specialized treatment

Medical care abroad, when authorised in advance, is permitted only on an exceptional basis and exclusively for highly specialised treatment that cannot be obtained in our country in timely fashion or in a manner adequate to the nature of the specific clinical case. To obtain authorisation, the interested party, or someone acting on their behalf, must present to the patient's local healthcare unit:

- the request;
- the proposal of a specialist, complete with adequate corroboration of the fact that it

- **for students:** documentation demonstrating that they have been granted a scholarship or that they are registered with a foreign university or foundation;

- the individual's national healthcare card. Remember that failure to notify the ASL with which you are registered voids your right to be reimbursed for medical expenses sustained abroad. Individuals who return to Italy on a sporadic basis are entitled to the services provided to all citizens, assuming they present documentation of their work activities abroad. In cases where the return to Italy is so brief that there is no time to be registered anew on the list of family doctors, the patient is entitled to treatment by a general practitioner or paediatrician under the system of occasional controls or the services of physicians on-call, with the expense to be paid by the patient, who may then request reimbursement. When the individual returns from abroad for good, he or she must register once again with the local ASL and select a family doctor. The new registration may be made on the lists of the same family doctor with whom the individual was registered prior to the suspension of participation in the system.

is impossible to obtain the services in Italy in timely fashion or in a form adequate to the specific clinical case. The specialist's proposal must also indicate the foreign structure selected for the service. It should be noted that **valid proposals may be presented by either public or private specialists;**

- any other documentation required under regional rules or measures.

The local healthcare unit, acting in accordance with the procedures established by the regional government, sends the request and the doc-

umentation to the **CRR**, or **Regional Reference Centre**, with jurisdiction over the local territory. The Reference Centre determines whether the prerequisites have been met (it is impossible to receive the necessary treatment in Italy in timely fashion or in a form adequate to the characteristics of the specific clinical case) and the foreign structure is appropriate. It then notifies the local healthcare unit of its opinion, together with the reasons for the same. The local healthcare unit, having received the opinion of the

## Foreigners in Italy

### CITIZENS OF THE EUROPEAN UNION

Citizens covered by the assistance of a state of the European Union or the European Economic Area (Iceland, Liechtenstein, Norway and Switzerland) may benefit from healthcare assistance in Italy if they:

- they have a TEAM, or European Health Insurance Card;
- they have certification of their right to receive assistance.

Either the TEAM or certification of the right to receive assistance allow them to benefit from care under the same conditions contemplated for the patients of the Italian National Healthcare Service, meaning directly (the patient does not have to pay the expense in advance, or the deductible cost). EU Directive no. 24, approved by the European Parliament and Council on 9 March 2011 and regarding the "application of the rights of patients to cross-border medical care", also stipulates that those covered by the healthcare systems of countries of European Union can benefit from care in Italy under the same conditions provided for by their healthcare systems, but in indirect form (patients initially pay the cost of the healthcare service provided, as authorised

Centre, decides whether or not to issue the authorisation, **notifying the interested party** and the Centre of its decision.

**Attention: maintenance treatment and monitoring**, even if it has to do with a prior authorisation, must still be authorised in advance, based on the opinion of the Regional Reference Centre, to which, each time the need arises, a new request for authorisation must be presented, in accordance with the same procedure indicated above.

in the eligible cases, and later request reimbursement from their national systems, which provide reimbursement based on their own fees, even if these are lower than the Country in which the care was received.

### NON-EU CITIZENS

Foreign citizens present in Italy on a regular basis may utilise the structures of the SSN, or national healthcare service, under procedures that differ, depending on the motives for their presence.

Foreign citizens present on a temporary basis, for a period of no more than 90 days (as in the case of tourists), may benefit from emergency and elective healthcare service when they pay the related regional fees. Registration with the SSN is not called for, except in the case of students and au pair help.

Foreign citizens with proper residence permits may register with the SSN at the local healthcare unit of the Municipality where they are registered as residents or, if they have yet to establish official residence, at the effective domicile indicated on their residence permit. Registration with the SSN allows foreign citizens to select a family physician found on the ASL registers, resulting in the awarding of 4

credits valid under the agreement of integration. Healthcare assistance is extended to family members officially residing in Italy. Depending on the circumstances, registration may be obligatory or voluntary.

• **OBLIGATORY**

Non-EU foreign citizens are entitled to obligatory registration with the National Healthcare Service when they:

- are official residents of Italy and are currently engaged in salaried or freelance employment or entered on the lists of the unemployed awaiting placement;
- when they are official residents or have requested renewal of their residence permits for: salaried or freelance employment; family motives; political asylum; humanitarian asylum; requests for asylum; while awaiting adoption or the awarding of custody; to obtain citizenship;
- until such time as the initial issuing of a residence permit for salaried employment or family motives.

To benefit from the services provided by the SSN, foreign citizens must be registered with the system, and the Healthcare Card is the document that demonstrates registration. It is an individual document that provides access to care. Foreign citizens register with the SSN at the office for selecting and changing family doctors of the ASL in which they reside or where the habitual domicile indicated on their residence permit is located.

• **VOLUNTARY**

Foreigners who officially reside in Italy for more than three months, and who are not entitled to obligatory registration, are required to insure themselves against the risk of illness, injury or maternity by taking out a private insurance policy or through voluntary registration with the SSN. Those entitled to register with the SSN on a voluntary basis are:

- students and au pair workers, even for periods of less than three months;
- holders of elective residence permits who do not perform any working activity, as well as religious personnel, diplomatic and consular personnel and all other categories identified as not being included among those entitled to obligatory registration.

Foreign citizens who hold residence permits for medical treatment or tourism cannot be registered voluntarily with the SSN.

Parents older than sixty-five who have been reunited in Italy with a child since 5 November 2008 can no longer be registered with the SSN on an obligatory basis, even if they hold a residence permit for family motives.

In fact, Legislative Decree 160/2008 states that parents of more than sixty-five years of age must possess a healthcare policy of their own that is valid in Italy or they must register with the SSN on a voluntary basis, paying the cost contribution called for under the ministerial decree currently being drawn up.

As things currently stand, therefore, medical coverage can be obtained only with an individual healthcare policy valid throughout Italian territory. Voluntary registration with the SSN requires payment of an annual, lump-sum expense contribution that cannot be divided into instalments. In order to register, the contribution must be paid into a current account of the regional administration. The foreign citizen can request the account from the ASL where he or she intends to register. Voluntary registration entitles the foreign citizen to all the services provided by the SSN within Italian territory, on an equal footing with Italian citizens. An interactive guide on the internet site of the Ministry of Health can be used by all the individuals covered by the system, as well as by all healthcare operators, to obtain information on whether patients are entitled to medical

care during a trip or a period of residence in any country of the world. The guide specifically explains how to obtain care, whom to

contact and how to request reimbursements. The link is: [www.salute.gov.it/portale/temi/p2\\_4.jsp?area=Assistenza%20sanitaria](http://www.salute.gov.it/portale/temi/p2_4.jsp?area=Assistenza%20sanitaria).

**ASL 1 • AVEZZANO SULMONA L'AQUILA**

Base	Structure	Address	Telephone
Avezzano	Health District	Via Monte Velino, 18	0863 499 805
L'Aquila	Health District	Via Gaetano Bellisari - Collemaggio	0862 368 822

**ASL 2 • LANCIANO VASTO CHIETI**

Base	Structure	Address	Telephone	Fax
Chieti	Health District	Via Tiro a Segno	0871 358 717	0871 358 679
Lanciano	Health District	Via Don Minzoni	0872 706 952 / 955	0872 706 951
Ortona	Health District	Piazza San Francesco	085 917 3261	085 917 3251
Vasto	Health District	Via Michetti, 86	0873 308 741	0873 308 784
Villa Santa Maria	Health District	Via Roma, 32	0872 944 959	0872 940 975

**ASL 3 • PESCARA**

Base	Service	Structure	Address	Telephone
Pescara	Non EU Outpatients' Clinic	Health District	Via Pesaro, 50 branch	085 4253 960
	Health Assistance	Hospital	Via Renato Paolini, 45	085 4254 007
	Abroad	Hospital	Via Fonte Romana, 8	085 4252 983 085 4254 048

**ASL 4 • TERAMO**

Base	Service	Structure	Address	Telephone
Teramo	Foreign Office	Health District	Circonvallazione Ragusa, 1	0861 420 288

## Cultural mediator

It is a professional figure which aims to ease the integration of foreign citizens in the social context of the new country. The cultural media-

tor has a deep knowledge of both cultures and mediates between the needs of immigrants and the solutions given by the public services.

**ASL 3 • PESCARA**

Base	Service	Structure/Indirizzo	Telephone
Pescara	Community Medicine	Old Hospital	085 4253 960 / 962
	Non EU Outpatients' Clinic	Via Renato Paolini, 47	

**ASL 4 • TERAMO**

Base	Service	Structure
Teramo	Linguistic and cultural mediation on call	All Asl offices





## FOR BUSINESSES

Health duties of factory farms, commercial enterprises, building firms, opinion issuing and health certificates

See *Prevention*.

# OUR COMMITMENT TO QUALITY

## Our pact with the citizens

The Regional Health Service is constantly aimed at the users' satisfaction; in order to achieve this goal there is a path shared with all the regional ASLs to create a quality Health System.

To guarantee the participation of the citizens to the regional health system have been activated with DGR no. 274/2011 the following organisms:

- **Mixed Advisory Committees**, corporate bodies aimed at encouraging the citizens' participation in the decision making process for the aspects related to the

improvement of the quality of services;

- **Mixed Conciliatory Commissions**, second level protection bodies, competent for the examination of observations, oppositions, denunciations and complaints against acts and behaviours which limit or prevent the usability of health services;
- the **Regulation of Public Protection**, which regulates the modality of presentation, acceptance and definition of the reports of acts or behaviours that according to the users have hindered or limited the usability of health services.



## Verification of quality of services

We put particular effort not only in defining the users' expectations and in their perception of the service offered, but also in promoting and verifying research programs for the improvement of quality, considering the resources, the technological devices and the existing structures. The active services to improve the quality are the following:

- the **Institutional Accreditation Path of public and private structures**, a procedure through which the Region confers eligibility to deliver health services on behalf and charged to the SSN, after having verified the presence of all the requirements provided by the current regulations;
- the **Collection and analysis of reports**, which task is to note down satisfaction and/or

discontent towards the services offered by the ASL, through the analysis of the data coming from the surveys and registrations of the reports of the citizens in every regional ASL;

- the **Survey of perceived quality**, through questionnaires given to the users and the consequent improvement actions;
- **Civic Audit and Citizens Empowerment**, with the aim of guaranteeing the promotion and the protection of rights and the citizens' participation;
- **Formation**, as an essential instrument in the management of human resources, in order to manage the changes and guarantee a high quality service, based on the staff's competence and knowledge.

## Clinical risk and risk management

With DGR no. 988/2010 has been created a Regional Observatory for the Management of Clinical Risk – safety of care – good welfare practices, designed for the implementation of useful lines of research for the development of a management of clinical risk regional system. It aims to improve the safety of patients and health workers,

through the constant improvement of quality, communication/information effectiveness, formation effectiveness, efficacy of monitoring and detection of errors (looking for their root cause) and preventive measures.

An Operational Unit is active in every ASL for the management of clinical risk and risk management.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Address	Telephone
Avezzano	Via XX Settembre, 21	0863 499 516
L'Aquila	Via Gaetano Bellisari - Collemaggio	0862 368 923

### ASL 2 • LANCIANO VASTO CHIETI

Base	Service	Structure	Address	Telephone
Chieti	Quality, Accreditation and Clinical Risk Unit	General Direction (SEBI building)	Via dei Vestini	0871 357 748

### ASL 3 • PESCARA

Base	Service	Structure	Address	Telephone
Pescara	Risk Management Office	Old Hospital	Via Renato Paolini, 47	085 4253 025

### ASL 4 • TERAMO

Base	Service	Address	Telephone
Teramo	Risk Management Unit	Via Cesare Battisti	0861 429 940 / 986

## New technologies

The ASL actions are aimed at the improvement of the technology and functionality of services, following the continuous evolution

of researches and innovations in the medical-scientific sector.

## Quality standards of outpatient and hospitalization services

The quality factors of healthcare services are tied to levels of timeliness, accessibility, transparency and effectiveness. Timeliness regards:

- the **waiting time** before a doctor's examination or an instrumental analysis is performed, calculated from the time the appointment is made for the service and based on the extent to which the maximum waiting time established by the Region under Regional Decree no. 575/2011, as well as under subsequent Decree no. 60/2015 of the Healthcare Commissioner, is met, as illustrated further on by the table for the 43 services for which appointments can be made, in accordance with their priority ratings, which are indicated by the physician, who checks one of the four "priority categories" in the upper-right portion of the prescription form: **U** (Urgent),

**B** (Rapid), **D** (Deferred) and **P** (Planned), depending on the clinical importance and the diagnostic research that the physician indicates on the prescription. You shall be entitled to receive the service requested within the time periods stipulated under the priority categories, starting 24 hours after the date on which the appointment is made, and as soon as the ASL has confirmed that the service in question is appropriate. The waiting time is calculated from the moment in which you go to the window of the CUP, or single booking centre, to obtain the service, and not from the date on which the prescription is filled out. Should you fail to show up for the appointment, without having cancelled it in advance, then you shall be required to pay the cost contribution for the fee, as per art. 3, paragraph 15, of Legislative Decree 124/1998;



Service	Maximum waiting times	Typology
Diagnostic tests	72 hours	(U) Urgent
	10 days	(B) Short
	60 days	(D) Deferrable/ex Programmed
	80 days	(P) Programmed
Specialist visits	72 hours	(U) Urgent
	10 days	(B) Short
	30 days	(D) Deferrable/ex Programmed
	80 days	(P) Programmed

#### Services

Specialised examinations	Cardiological examination	Other specialised examinations	Audiometric examination
	Dermatological examination		Colonoscopy
	Ear, nose and throat examination		Dynamic electrocardiogram (Holter)
	Endocrinological examination		Electrocardiogram
	Gastroenterological examination		Electrocardiogram stress test
	Gynaecological examination		Electromyography
	Neurological examination		Flexible sigmoid endoscopy
	Oncological examination		Ocular fundus examination
	Ophthalmological examination		Oesophagogastroduodenoscopy
	Orthopaedic examination		Spirometry
	Physiatric examination		
	Pulmonary examination		
	Urological examination		
	Vascular surgery examination		
Instrumental services	Mammography		
	Colour Doppler echocardiography		
	Colour Doppler ultrasound of the supra-aortic trunks		
	Colour Doppler ultrasound of the peripheral vessels		
	Abdominal ultrasound		
	Ultrasound of the head and neck		
	Breast ultrasound		
	Obstetrical-gynaecological ultrasound		
	MRI of the brain and the encephalic trunk		
	MRI of the spinal column		
	MRI of the skeletal muscles		
	MRI of the pelvis, prostate and bladder		
	Whole abdomen Ct scan, with or without contrast		
	Lower abdomen Ct scan, with or without contrast		
	Upper abdomen Ct scan, with or without contrast		
	Ct scan of pelvis, with or without contrast		
	Ct scan of head, with or without contrast		
	Ct scan of the spine and the vertebral canal		
	Ct scan of the thorax, with or without contrast		

- in **programmed times for the reservations of hospitalizations** according to priority classes:
  - hospitalization within 30 days for clinical cases which could potentially rapidly worsen, to the point of becoming emergencies or severely prejudice the outcome;
  - hospitalization within 60 days for clinical cases which present intense pain or severe dysfunctions or severe disability, but that do not tend to rapidly worsen, to the point of becoming emergencies, nor can severely prejudice the outcome because of the waiting time;

- hospitalization within 180 days for clinical cases which present minimal pain, dysfunction or disability, do not tend to rapidly worsen and nor can severely prejudice the outcome because of the waiting time;
- hospitalization without a defined maximum waiting time for clinical cases which do not present any pain, dysfunction or disability. These cases have nevertheless to be hospitalized within 12 months.

The aspects of accessibility, transparency and effectiveness are shown in the global activity listed below.

Area	Indicator	Standard	Quality requirements
Information	Preventive information	100% of calls	Presence of URP points
Reception	Level of satisfaction	Survey of the customer satisfaction	Courtesy/accuracy
Clinical risk management	Adoption of general guidelines	Survey and processing 100% of the reports	Risk analysis through evaluation of litigations
Hotel comfort	Cleanliness	At least once a day	Toilet privacy
	Choice of menu	100% choice of menu	Provision of dishes
Privacy and consent	Request of informed consent at the time of hospitalization	100% of cases	Application of the legislation on the protection of data
Humanization	Reception protocol from the health operators	Survey of the customer satisfaction	Doctor's willingness to talk with patients and familiars
Structure	Removal of architectural barriers and indication of paths	100% of cases	Internal and externa appropriate signposting of paths to ease the access
Protection and attention	Regional procedure for the management of complains	100% of cases	Respect of the deadlines set by the regional regulation



# YOUR RIGHTS AND DUTIES

## Information

The citizens have the right to receive information of access and participation to the activities, the services and the opportunities offered by every ASL. They also have the right to access the records and documents of the Administration, according to the current regulations (Law 241/90 and s.m.i.) and to principles of subsidiarity, transparency and effectiveness. The corporate communication offices deal with every activity

inherent communication. The Press Offices deal with the information activities and with the relationship with the media. The Companies guarantee to the citizen the right to examine or have a copy of administrative acts, requesting them to the General Affairs offices of every ASL or through consultation of the mandatory register online. The addresses of the General Affairs offices are the following.

### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Address	Telephone
Avezzano	Via XX Settembre	0863 499 527
L'Aquila	Via Saragat - Località Campo di Pile	0862 368 997

### ASL 2 • LANCIANO VASTO CHIETI

Base	Address	Telephone
Chieti	Via Martiri Lancianesi, 17/19	0871 358 701
Lanciano	Via Silvio Spaventa, 37	0872 706 798
Vasto	Via Marco Polo, 55a	0873 308 648

### ASL 3 • PESCARA

Base	Service	Address	Telephone
Pescara	General Affairs Office	Via Renato Paolini, 67	085 4253 011

### ASL 4 • TERAMO

Base	Service	Address	Telephone
Teramo	Istitutional Communication Office	Circonvallazione Ragusa, 1	0861 420 319 / 311
	General Affairs Office		0861 420 210 / 211

## Public Relations Office

This office performs functions of reception, counselling and protection of the citizens' rights. You can contact it in order to know the services and their access modalities, to be oriented and helped in the paths, to make complaints, reports or suggestions about the usability of the health services. The URP supports initiatives to improve the

system through surveys of perceived quality and the satisfaction of the user towards the services offered. It also collaborates with other institutions, with the Mixed Advisory Committees and the Conciliatory Commissions. The URPs are located in the Health Districts/NOD and in Hospitals.

**ASL 1 • AVEZZANO SULMONA L'AQUILA**

Base	Structure	Address	Telephone
Avezzano	Hospital	Via G. Di Vittorio	0863 499 943
L'Aquila	Hospital	Via L. Natali - Località Coppito	0862 368 685
Sulmona	Hospital	Viale G. Mazzini	0864 499 455

**ASL 2 • LANCIANO VASTO CHIETI**

**Toll-free number 800 171 718**

Base	Structure	Address	Telephone
Chieti	Hospital	Via dei Vestini - Main entrance 7 <sup>th</sup> floor	0871 358 539 / 945
Lanciano	Hospital	Via per Fossacesia, 1 - Main entrance ground floor	0872 706 590
Ortona	Hospital	Contrada Santa Liberata - Entrance ground floor	085 9172 292
Vasto	Hospital	Via San Camillo de Lellis - Cup building ground floor	0873 308 321

**ASL 3 • PESCARA**

Base	Structure	Address	Telephone / Fax	E-mail
Pescara	URP - ASL office	Via Renato Paolini, 47	085 4253 201 / 202 085 4253 203 / 204 / 205 fax 085 4253 200	info.urp@ausl.pe.it

**ASL 4 • TERAMO**

Base	Address	Telephone
Teramo	Circonvallazione Ragusa, 1	0861 420 311 / 316 / 319 / 350 / 401

## Complaints, reports, praises and suggestions

The management of the complaints is guaranteed to the users according to the Regulation of Public Protection and DGR 274/2011 (see also URP). With praises we mean acknowledgements or appreciations, as ex-

pressions of satisfaction of the user towards the subject delivering a service, but also proposals and suggestions which can give us useful indications in order to offer a better service, closer to the needs of the user.

## Regulation of public protection

### PART I – SUBMISSION OF COMPLAINTS

#### Art. 1 – Holders of the right to protection

- The users, relatives or similar, the Voluntary Organisms and the Organisms for the protection of the citizens' rights accredited at the Regione Abruzzo and/or afferent to the ASLs can submit observations, objections and complaints, which detect situations of inefficiency and acts or behaviours which deny or limit the accessibility of health care benefits, complying with the current legislation on privacy, from the ASLs, from professionals affiliated with the ASLs or from accredited private structures connected with the ASL.
- In case the report is not presented by the interested person, the Public Relations Office (URP) can contextually acquire formal delegation of the interested person to the use of personal data.

#### Art. 2 – Modality

The users and other individuals listed in art. 1 exercise their right through:

- written communication delivered by hand, transmitted by post, fax or email (according to the Ministerial Directives 27.11.2003 and 18.12.2003) to the Company or directly to the URP, subscribed by the user;
- direct or telephone interview with the URP operators. In case the reports, expressed respecting the procedure or by email, contain significant elements of investigation and require an accurate verification of the facts, the URP operator can ask the citizen-user who submitted the report to subscribe and formalize it.

The submission of reports does not prevent nor block the citizen from taking jurisdictional and para-jurisdictional actions.

The URP can use anonymous complaints within its institutional task, in order to make adjustments and improvements.

#### Art. 3 – Times of submission

The reports have to be submitted, in the modalities listed above, within 30 days from the moment the user becomes aware of the act or behaviour detrimental to his/her rights.

The Company can evaluate also the reports submitted after 30 days but only if the facts are provable.

### PART II – EXAMINATION PROCEDURE OF COMPLAINTS

#### Art. 4 – Preliminary Activities

The Public Relations Office receives the complaints and:

- communicates the beginning of the procedure within 10 days from the receipt of the complaint, according to the provisions of art. 7 of L.241/90;
- provides solutions to the users in case of complaints of predictable, univocal and precise definition; the URP consults in any case the offices, the UU.OO. or concerned Structures;
- arranges preliminary investigation, acquiring any relevant information; the individuals involved in the situation have to enable the URP to give at least an interlocutory reply to the person concerned, within 30 days from the receipt of the complaint. In any case the definitive answer has to be given to the user within 60 days.
- in cases of detection of facts which could originate criminal liabilities or responsibilities for issues related to clinical risk, gives notice of the fact and handles a copy of the related documentation to the U.O. Legal Affairs and/or U.O. Management of the Clinical Risk;
- transmits the practices of competence to the Conciliatory Commissions.

#### Art. 5 – Preliminary investigation

The Public Relations Office for the completion of the preliminary investigation:

- acquires all the necessary elements to the formation of judgement, including consultancy and provision of copies, without limits of confidentiality, of all the acts and documents related to the object of intervention;
- requires opinions from technicians to the experts of the Company;
- enters offices or departments in case assessments are necessary;
- for reports of evident complexity, not subject to an immediate definition, the URP sends the relative documentation, together with any other useful information, to the person in charge of the concerned U.O. and copy to the Director of the Department and/or the Director responsible of the Structure, in order that it provides to do the internal investigation, asking for accounts or opinions to the employees aware of the facts, and acquiring any element necessary to the definition of the report;
- the investigation within the jurisdiction of the person in charge of the concerned U.O., complete of an explanatory report and of the indication of the measures and times necessary for the elimination of the disservice, has to be transmitted to the URP within 15 days from the receipt of the request of activation of the preliminary investigation;

- f) the employees of the Company are required to provide the necessary collaboration to the URP for the fulfilments required, according to the provisions of these Regulations; the failure to attempt these requests is a violation of the official duties and, therefore, this lack of collaboration will be reported to the company organisms for the related decisions;
- g) once verified the competence, it transmits to the Legal Office of the AsL, that is to the other organisms, all the practices not competent to the URP, as for example claims for damages and claims management.

#### Art. 6 – Answer to the user

- a) The URP gives the user a written, at least interlocutory answer, as established by art. 4 paragraph a);
- b) it disposes a written answer to be transmitted to the citizen-user within 30 days from the receipt of the report, addressed to the concerned individual or to his/her delegates. The answer has to contain the possibility of appealing, within 30 days from the receipt, for a re-examination by the Conciliatory Commission which will be activated through the URP itself;
- c) the term of paragraph b) can be suspended only once for the following reasons:
- need of further assessments and close examination of the case;
  - motivated delays in the answers from individuals belonging or not to the Company but involved in the preliminary investigation.
- In this case the URP provides to inform the person directly involved motivating the delay. The definitive answer has to be transmitted to the citizen-user no later than 60 days after the dispatch of the interlocutory answer (Art. 2 Law 241/90 and s.m.i. with Law 69/2009 – terms not superior to 90 days within which the proceedings have to be concluded);
- in case the URP is not able to give any answer has to refer the matter, with an adequate reason, to the Conciliatory Commission, together with the reports for which the terms of response have passed.

#### PART III – CONCILIATORY COMMISSION AND REGIONAL CIVIC DEFENDER

##### Art. 7 – Conciliatory Commission (DPCM 19.5.1995) – Condition for activation

The Conciliatory Commission has the task of:

- re-examining the cases object of petition or report in case the user, singularly or through voluntary associations or associations of protection of citizens, declares

himself/herself not satisfied with the definition of the report and has formally communicated his/her motivated dissatisfaction to the CMC within 15 days from the communication of the answer following the procedure of first instance;

- examining the cases for which no answer was provided within the terms established in art. 6.

The Commission is composed of:

- the President, in the figure of the Regional Civic Defender;
- a representative of the Region;
- a representative of the voluntary associations;
- a representative of the involved Health Company.

##### Art. 8 – Regional Civic Defender

The user, once fulfilled the protection procedures provided by these Regulations, can still access the standards of protection provided in implementation of the Law 142 8.6.1990, institutive of the Regional Civic Defender, in order to re-examine the report.

#### PART IV – OTHER FULFILMENTS

##### Art. 9 – Accounts

The URP annually draws up a gathering of statistical data on its activity and an account on the problems found, to be transmitted to the Company Direction.

##### Art. 10 – Protection in the accredited private structures

The right to protection and the procedures for its completion are extended to the users of Health Structures and Accredited Social-Health Structures.

The ASIs, establishing contractual relationships with the accredited or temporarily accredited structures, will make sure that they guarantee the users the protection forms provided by these Regulations and that they will commit themselves to remove the inefficiencies reported.

##### Art. 11 – Services Conference

The Services Conference, chaired by the Directors General of the ASIs, is called once a year with the purpose of informing on the general trend of the Company's activities and particularly it will refer to the verification of the actuality of the general information and to the monitoring of the fulfilment of the commitments made and of the standards indicated in the Services Chart.

##### Art. 12 – Postponement

For what is not provided in these Regulations please refer to the regulations in force.

## Consent and use of personal data

The consent to health services starts with the establishment of the doctor-patient relationship, through which the health worker gives the patient the information necessary to the acquisition of a complete knowledge of his/her health conditions, of the diagnostic and therapeutic procedures and of their possible alternatives and of the predictable outcomes of every choice, in order to be able to choose the most suitable option.

The ASL guarantees the privacy of the users, according to the contents of D.Lgs. 196/2003, through the adoption of internal regulations of privacy, of the institution of the privacy company representative and the system administrator.

The reference offices are listed in the tables below.

#### ASL 1 • AVEZZANO SULMONA L'AQUILA

Base	Address	Telephone
L'Aquila	Via Saragat - Località Campo di Pile	0862 368 997

#### ASL 2 • LANCIANO VASTO CHIETI

Base	Structure	Address	Telephone
Chieti	General and Legal Affairs Operative Unit	Via Martiri Lancianesi, 17/19	0871 358 701

#### ASL 3 • PESCARA

At the Urps – Public Relations Office

#### ASL 4 • TERAMO

Base	Structure	Address	Telephone
Teramo	Conciliation and Privacy Office	Circonvallazione Ragusa, 1	0861 420 210

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<b>ADI</b>	Integrated Home Care	<b>RA</b>	Assisted Residences
<b>ADP</b>	Planned Home Care	<b>RMN</b>	Nuclear Magnetic Resonance
<b>AIDS</b>	Acquired Immunodeficiency Syndrome	<b>RSA</b>	Nursing homes (Residenze Sanitarie Assistenziali)
<b>ASL</b>	Local Regional Health Units	<b>SEE</b>	European Economic Area
<b>ASR</b>	The Regional Health Agency	<b>SER.D</b>	Service for Pathological Addictions
<b>CA</b>	Continuity of Care/ Emergency Medical Service	<b>SIAN</b>	Food Hygiene and Nutrition Service
<b>CIM</b>	Mental Health Centre	<b>SIESP</b>	Hygiene, Epidemiology and Public Health Service
<b>CNS</b>	National Services Card	<b>SPDC</b>	Psychiatric Service of Diagnosis and Treatment
<b>CRR</b>	Regional Reference Centre	<b>SPSAL</b>	Prevention and Safety of Work Environments Service
<b>CSM</b>	Mental Health Centre	<b>SR</b>	Residential Structures
<b>CT</b>	Computed Tomography	<b>SSN</b>	National Health Service
<b>CUP</b>	Single Booking Centre	<b>STP</b>	Temporarily Present Foreigner/ Code
<b>D.Lgs.</b>	Legislative Decree	<b>TAO</b>	Anticoagulant Therapy
<b>DGR</b>	Regional Council Resolution	<b>TEAM</b>	European Card
<b>DM</b>	Ministerial Decree	<b>TU</b>	Consolidation Act
<b>Ds</b>	Health District	<b>UCCP</b>	Complex Unit of Primary Care
<b>DSM</b>	Department of Mental Health	<b>UE</b>	European Union
<b>HIV</b>	Human Immunodeficiency Virus	<b>Uo</b>	Operative Unit
<b>Ivg</b>	Voluntary Termination of Pregnancy	<b>Uoc</b>	Complex Operative Unit
<b>LR</b>	Regional Law	<b>Uos</b>	Simple Operative Unit
<b>MMG</b>	General Practitioner	<b>UOSD</b>	Simple Departmental Operative Unit
<b>Moc</b>	Bone Density Scan	<b>URP</b>	Public Relation Office
<b>MST</b>	Sexually Transmitted Diseases	<b>UTAP</b>	Territorial Unit of Primary Care
<b>NOD</b>	District Operational Unit	<b>UVA</b>	Alzheimer Evaluation Unit
<b>NPI</b>	Infantile Neuropsychiatry	<b>UVG</b>	Geriatric Assessment Unit
<b>Obi</b>	Brief Intensive Observation	<b>UVM</b>	Multidimensional Assessment Unit
<b>PLS</b>	Paediatrician		
<b>PO</b>	Hospital		
<b>PSA</b>	Prostate Specific Antigen		
<b>PTA</b>	Territorial Assistance Hospital		
<b>PTH</b>	Hospital Therapeutic Handbook		
<b>PUA</b>	Unified Access Point		

## The Local Health Units of the Abruzzo Region





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